

Through the Eyes of Kwan Yin

The journey of the soul starts with a question

Channeled by Marjorie Musacchio
Transcribed, compiled and edited by Craig Robert Howell


Sun Sprite
publishing

Through The Eyes of Kwan Yin
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Transcribed and edited by Craig
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Dedicated to Theodore and Virginia Virgil

In thanks for your kind work and devotion
in delivering the teachings of the Ascended Masters

Thanks to the Ascended Masters who are always here for us, caring for our well-being. Blessings to all souls who have contributed to this work. Blessings to all who yearn to know the truth, for the truth will set you free. A special thanks from Craig to Rosemary Traub for opening the door to a new life.

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INTRODUCTION

When I began to transcribe and organize the Kwan Yin sessions in 2000, I was posting them on an online writing resource as a weekly column called, *Conversations with Kwan Yin*. At one point it occurred to me that all this fantastic information could be transformed into a book. To me, this was a new and exciting idea. Then I found out that Kwan Yin had told a skeptical Marjorie that she would be writing a book two years previous to this. Marjorie had said nothing of this, thinking she could not do it, and so dismissed the idea...until I showed up. Spirit works in mysterious ways to accomplish what it needs to do.

By doing this book, I am attempting to not only answer my own questions, but to also provide useful information that everyone will be able to use to expand consciousness. I hope that this is interesting and entertaining, while giving insights into the workings of the universe, of God and some of the mysteries of our world according to Kwan Yin. This second edition contains channeled information from 2000 to 2005, so there will occasionally be brackets with dates to orient the reader to the time that any particular information was given.

I would like to think that I am being honest and objective in the presentation of this information, but in the field of metaphysics it is almost impossible to verify anything except through the feeling in one's own heart. After all the evidence is in, one has to make up one's own mind about what is the truth. Sometimes it feels like a lonely road, until we find that people everywhere are also seeking the truth quietly in their own way. We just don't realize this until we get close enough to them and they confide in us, as this is not something that one shouts from the rooftops. It is an individual's sacred path, and it is mainly a private one.

At some point in our lives, there comes a time when we question life on earth. Usually this comes through debilitating illness, the death of a close friend or family member, divorce, or even just boredom. We start to question the true nature of our world. When that time came for me, I was bound to a wheelchair, paralyzed from the waist down with cancer, with no hope of recovery from the western medical doctors. In trying to find my healing, I searched many sources, both for physical remedies and for spiritual help. Ultimately I found the teachings of the Ascended Masters. Through many naturopathic healers, channels, reading the Ascended Master material, and through much silent reflection and prayer, I recovered. It was a slow miracle

but, nevertheless, a real one. That was in 1990. This began my more focused attempt at being on the path of enlightenment.

In attempting to find out the truth as to why we are here, I have read many books, talked to many people, done a lot of research and suffered through many difficult learning experiences. One of the ways I choose to gather information about the spiritual side of life is to go straight to the source; to find a gifted psychic channeler to connect me with the spirit world. When I moved to Rhode Island, I continued searching for the clearest and most authentic. I'm sure there are many good ones out there that I have not been introduced to, but one of the "best of the best" that I have found is Marjorie Musacchio.

When I first met Marjorie, she was doing readings at a local metaphysical bookstore in Rhode Island. I was recovering from that near-fatal cancer while residing nearby and I often spent time there reading books and talking with the readers. I decided to have a reading done by Marjorie, and it was very accurate. I was very impressed. We had one of those moments where she said something so personal and so deep, you just know it is truth, even though we had never met before. I also had a strong feeling that I wanted to keep in touch with her. Years later, we got together for this project and now continue to keep the teachings of Kwan Yin through Marjorie freely available to all at our website.

When Marjorie is in trance, channeling Kwan Yin, her personality is slightly altered. Kwan Yin through Marjorie is animated and quietly calming, occasionally emphasizing a word or phrase in a raised tone, all the while injecting humor to lighten the exchange. She speaks in a slight Far East accent with some of her words in broken English. Thus, the reader may notice that some sentences seem to be missing a word here and there. It is not an editorial mistake. I have periodically included added information or extra words in brackets for clarification when needed.

Kwan Yin uses the term "little ones" a lot in relation to all the beings on earth. I feel that this is not meant as a slight, but is rather an affectionate term, as a mother toward her children. It also has to do with the idea that, although in the eyes of Spirit we are great souls, here on earth we are rather confined by the limitations of our bodies, emotions, minds and especially our egos. We are learning and growing just like our own little ones, our children.

The reader will also find that she uses the word "God" a lot, as well as "Spirit," "All That Is," "The Universe" and "The Creator." Rest assured that these terms are interchangeable in Kwan Yin's and the Masters' eyes. It is meant to describe the essence of our origin and the totality of our universe, the Mother-Father principle of all creation, the One.

Kwan Yin wants me to relate to readers that this work is not just from Kwan Yin, but through her from all the Ascended Masters in the Great White Brotherhood (white, as in the color of purity, and as in the vibration of the many as One). This is a group project focused through her energy to all of us.

She also wishes to say that this book is not meant so much as an instruction book, but as a means of presenting higher concepts and ideas in a way in which we can begin to grasp them and find a new way of being in this world.

Marjorie has had a difficult path in life and has risen above the many challenges. She is human. She makes mistakes, like anyone. But when she is in trance, she puts any personal issues aside and gives herself over to Spirit in order to help others to help themselves. That is what she wants more than anything – to help. Like Kwan Yin, she hears the cries of the people. She lives her life in constant cooperation and recognition of the spiritual side of life. In essence, you would be hard-pressed to find a more truthful, loving and honest person devoted to the healing of humanity.

I have known Marjorie now for a long time. I would like to count her as one my closest friends. She has counseled me through many tense and difficult situations, and I am grateful. I have learned so much from Kwan Yin, and with this work I am very happy to be able to share this with all who seek it.

In the end, I believe we are all here to awaken to our spiritual discernment and live in love, acceptance, forgiveness and compassion, thereby transmuting not only our personal karma, but planetary karma as well. We are all here together. We are One Spirit that is healing, little by little, as we hear the cries of the people, responding to our brothers and sisters through our hearts with the great compassion of Kwan Yin. The only separation between us is in our own minds and hearts. I believe this and I try to live it every day to the best of my ability.

I pray that this book helps in some way to reveal this mystery called life, to shift some perceptions of ourselves and our world and to help us to see humanity as a whole. Here is the hope that we are giving assistance to those who desperately seek enlightenment by providing some of the wisdom of the Masters. Here is the hope that through those teachings we all may grow in the strength of The Christ, becoming a light and an energy which radiates the wholeness of God.

Blessings,
Craig Robert Howell

MARJORIE'S STORY

In her own words

Because life has been a journey, it's hard to know where to begin. I have always been interested in healing and the causes of disease and disillusionment in this world of ours, but I have never found any satisfying answers from traditional medicine, psychiatry, or from any traditional religion that made sense to me.

When my young stepsister was dying of cancer, she took my hand and placed it on a large lump on her collarbone and said, "Do you remember when mom used to beat me here?" I did remember. The chills ran down my spine. That was the very beginning of my query into the disease process in a different way.

When my mother also died of a very small cancer, I watched that unfold. No matter what new technique was used by the medical community she would temporarily get better and then go down hill, over and over again. I wondered what that was about. I had a feeling that there was something more to be known about why this was happening to her.

One day my friend from college phoned to tell me that after two years of treating a deadly and rare brain tumor in her daughter, all of Boston's finest physicians had given up. I really felt connected to what was happening because her daughter was the same age as my son. I had just completed a Master's program in Holistic Health and I was wanting to help her daughter through natural healing, so I suggested we follow up on any possible alternative treatments.

Then my friend called to say that she had been to a support group and had heard about a gentleman who was a psychic that had been working with people who had cancer with great success. She asked me what I thought about that, and I told her that if it were my child I would try anything that held promise. We made an appointment for a healing, and off we went on a very snowy January morning.

As we drove up the winding snow-covered dirt road in New Hampshire that led to the Sanctuary, we wondered if we were sane. When we arrived, a nice looking gentleman in a suit coat greeted us and took my friend and her daughter in right away. I waited in a beautiful glassed-in area overlooking a valley with a clear view of the snow coming down on the New Hampshire mountains. In an hour they came out, both looking tired, but smiling.

As we were leaving, the "healing man" smiled and said to me, "You remind me of someone who feels very small, who has a big elephant on a

rope, but is fearful that it won't do what you tell it to." I had no idea what he was talking about. That was the first time I met Theodore Virgil.

After six months of visits and telephone calls, my friend's daughter had no more traces of the deadly brain tumor that threatened her life. I knew without a doubt that Theodore knew things that I wanted to know.

Once a week for six years I traveled three hours each way to spend time with him. Mainly our time together took the form of my being "read" for. These readings consisted of time with Theodore and his wife, Virginia (who is also a gifted channel), when they would convey psychic information to me about past lives I have lived, and the unconscious programs in my psyche that governed my thoughts and habits.

At the same time, I was studying Polarity and other forms of bodywork. My interest in healing was still growing. I witnessed many healings during those years. Some were permanent; others were not. I learned that changing belief systems and the habits that stem from them is often very difficult.

In 1990 I went to be with Theodore and his wife for a little catch-up session. Little did I know that my life was about to really change. When Theodore would channel, he would appear to be staring off into the distance. His left hand would come up, fingers slightly bent, with his palm facing the ceiling and he would say, "I have... (whomever was coming through) here." That meant that he had made contact with an Ascended Master or another High Being. He was an incredible healer and channel. This particular session was intense. As I stood up to leave, my back went out. I couldn't get in my car to drive home, so they invited me to stay, and I became a recuperating guest for a week.

During that one week (which seemed like a year) I learned a lot about myself and the workings of the mind/body connection. I found that any thought that I had about guilt or money worries, both conscious and unconscious, caused a spasm in my lower back that would just about bring me to my knees.

As the week progressed, I found myself on a more familiar basis with Theodore and now called him Ted. He would call me to the kitchen table – our make-shift work space – and help me to catch the negative thoughts as they manifested, thereby saving me a lot of pain and agony. Little by little I learned and my back got better. I had a new understanding for the words "know the truth, and the truth will set you free."

On the morning that I was planning to return home, Theodore called me to the kitchen table and told me to sit down. His tone was firm. He told me that during his morning meditation, Spirit had told him that it was now time for me to tell Ted some things. I sat there like a dummy and had no response. What was he talking about? Then he told me that Spirit said that I could also channel the Ascended Masters and that I could now be of help to him. (Theodore had suffered a serious stroke recently, which left him unable to walk or swallow. Still he worked with the Masters, continuing to help

people.) He got impatient, tapping his index finger on the table as only he could do. I started to cry. I felt confused and told him that I didn't know how to do a channeling. Theodore looked me right in the eye and said, "Who am I to believe, you or *them*?" I started to cry again. I cried for a good, long time.

When I lifted my head, words started to tumble out of my mouth. After a minute I could see Ted looking at me with an amazed and very curious gaze. Then he said, "To whom am I talking?" and the voice – my voice – said, "I am John." "Which John?" he asked. I answered, "The Divine." I began speaking words I can't remember and Ted asked a lot of questions. That was in June of 1990.

There was no one more amazed than I to find that I could channel. To feel the quiet vibration of an Ascended Master around my body was at once both comforting and otherworldly. In the beginning I channeled for Ted. The energy is high at the Vale's End, the sanctuary that Ted and Gini founded, so it was easier to be in the flow of transmitting.

I realized that it was my decision to "tune in" and to surrender my own thought for a while. It is a decision much like turning on a TV and deciding what channel to listen to. I was adamant about not "leaving my body," so the compromise is that I close my eyes and move my rational mind to the back of my head, allowing the information to come down and convert to words. I do see some pictures, but only if a past life is going to be explained.

I continued to visit Vale's End, as those were difficult times for me. My mother and my stepsister had passed. My father had succumbed to a massive stroke when he heard that my stepsister was not expected to live. I was going through my second divorce and had four of my six children living with me. The information through Ted, especially from Archangel Michael, guided me through a lot of the toughest times. All of the children were so different and going through their own struggles. I wanted answers so that I could be more of a loving, helpful mother for them.

Because of the increased demands at home, I traveled to New Hampshire frequently. I took a job at a small metaphysical bookstore in Providence, Rhode Island, where I met my now long-time friend, Craig. This is where I had my next life-changing experience.

One evening a woman named Shelley called me at my home and left a message on my answering machine. It said, "Hello, I met you today and I was just now meditating, and an entity wants to speak to you. Please call me..." Well, I did not call her back. I was not interested in speaking to an "entity." The next day, when I arrived home from work, there was another message on my machine: "Hello, I was meditating and the same entity wants to talk with you in forty-eight hours." This was strange and scary to me. I wrapped both myself and the house in light and called on Archangel Michael for protection, as I had no idea what I was getting myself into. Then I called her back. She said she would be over in an hour.

When she arrived, I remember thinking that she seemed a very unlikely looking person to be speaking with entities. I invited her to the living room, where she very carefully took a seat in a large recliner. I sat facing her. She started to explain that she had never had an experience like this before and that it made her very uncomfortable, but that she had agreed with the entity to bring it through so we could speak.

We agreed to ask for protection by only the highest source and she closed her eyes. As soon as her eyes were closed, she began to cry and move around in the chair as though she was in great discomfort. Now I had only seen Ted channel, and his style of delivery was very straight forward, not nearly as animated as Shelley, so this was very different to me.

She was talking to herself, as if calming herself down. While waiting for the message, she was saying things like, “Now don’t worry, this one will not laugh at you. It’s okay, go ahead...” I watched with deep interest. I had never seen so much going on at once while waiting for a message. As her eyes filled with tears, her glasses must have become bothersome, because she removed them and laid them on the arm of the chair. As I looked at her I thought, *oh, her eyes are really big and beautiful*. But her eyes were still closed. Then as I watched, they changed into almond shaped, oriental eyes. She really had my attention now.

Soon, her mouth took on a little bowed-up smile, and my new acquaintance began to speak in a very clear way. She said, “Hello, my name is Kwan Yin. We come to speak with you.” She continued, saying she was very grateful that the channel was willing to be of service and that the Ascended Masters always need people to work with them. She then said, “We can tell you are not believing what we are saying, so please listen closely. The woman who is channeling has a problem with her neck. She has had it for a long time. It is past life connected. When she is done channeling, please ask her to get on your bodywork table, and we will tell you what to do to correct it.” She finished up by telling me she wanted to talk to me again after the correction had been made.

My new friend and I were exhausted by now, but were committed to following through with the directions. She laid down on the bodywork table, we both took a deep breath and closed our eyes. Immediately I could see blue stars in a design or pattern. Somehow I knew that this was a map of her etheric field and that if I just traced this map about twelve inches off her body, I would be doing what I was supposed to be doing. This went on for about twenty minutes until the pattern disappeared in my inner vision. I asked her how she felt. She said she felt fine. She got up off the table and the problem no longer bothered her. Holy mackerel!

We both sat down and continued. The channeling went very smoothly this time. Kwan Yin told me that if I were willing, we would be working together. That was it. That was my first meeting with Kwan Yin, or “Kwan,” as I fondly call her.

It was about a year later when a client of mine was so interested to hear what Kwan Yin might tell her, that I said I would try to channel. She had some intense questions that only a Master could answer. It was slow going at first. I had really been shy and scared to talk about my connection with the Masters. After a few sessions, my delivery flowed better and an accent began to emerge.

The more I allowed the flow, the more rapidly the information would pour out, so I began recording the sessions. I found that I could use the recorder to ask questions for myself and listen back to the answers, as I do not remember the words that I speak. Kwan Yin imparts to us that the information is intended to address seven levels of consciousness, and that the most benefit is received when the recordings are listened to at least seven times.

At one point I was recording for myself, and Kwan told me that I could write a book. My response was, *oh no, I don't know how to write a book.* Well, I'm finding out that when Spirit has a plan, someone will carry it out. Then my dear friend Craig, awesome channel of Ascended Master Saint Germain's will on earth, called to work on some question and answer sessions for a column he was working on. After a while, he said that he thought there was enough material of interest to put together for a book. He asked me what I thought, and I said, "Wow. Go for it." Craig has been on his computer ever since. He is definitely a little one who listens, learns and serves. I want to thank him so much for bringing this work to completion and for his unceasing support.

This past year has been a very trying time, yet in the releasing of the many patterns that have been with me, I am finding the strength to move on. Even as we complete this manuscript, I am still working to remove any doubt within myself, to have faith in the Ascended Masters, and above all, to have faith in God. I hope that this book encourages others to seek their own truths, allowing faith to guide them through any difficulties that life has to offer.

Namasté

Marjorie Musacchio

KWAN YIN

An introduction to the goddess

Known as The Goddess of Mercy, Gentle Protectress, Bodhisattva of Compassion, even the savior of seamen and fishermen, she holds many titles. The spelling of her name varies, but it is not so much the arrangement of letters as it is the effect that her spoken name produces on those with a Buddhist background, similar to a reaction in the West when one is speaking of the Virgin Mary. In both cases, it invokes the feeling of compassion and unconditional love. Indeed, her force is compared to Mother Mary in the West, Green Tara in the Tibetan culture, the Virgin of Guadeloupe in Mexico, and many other ancient goddesses, the matriarchy of old. You might call her the Buddhist Madonna.

I asked Kwan Yin about her name and she said: “Kwan Yin is, ‘hears the cries of the people,’ The Goddess of Mercy and Compassion.” In all instances this seems like an accepted interpretation. Although there are variations, the feeling is the same. She responds to the heartfelt needs and anguish of the people of earth regardless of background or belief.

By her own words, she is not a singular soul, but more like an Oversoul, a complex energy presence under the archetype of the Divine Feminine. Thus when I ask her about her incarnations as “Kwan Yin,” this involves many persons that have embodied and reflected this energy in their lives on earth, as far as I can understand.

The term goddess always summons up images of myth, and although some may see her as a mythical goddess, many on this planet worship her as a living presence. From my teachings, gods and goddesses, angels, Ascended Masters and Bodhisattvas are real, and are also individual parts of the whole of All That Is, which permeates everyone and everything. The names are just ways in which humanity can bring an understanding of great energies into everyday language, but the feeling is more important.

Being one of the “mother” goddesses, she is especially connected to those in need of any kind of help, be they sick, lost, frightened or simply in unfortunate circumstances. She is a great protector and benefactor of the weak, the ill and especially the children and the babies.

Many erect alters to Kwan Yin, the “bestower of children” as the one who hears the prayers of anyone wanting to increase their fertility and conceive a child. There is a connection with the care of souls, both during birth and after death. Taoists invoke her presence to free newly departed

souls from the judgment of the underworld. She guards the souls of the newborn and guides them to their new parents.

Her range of influence is vast, from China to Korea and Japan, all the way down into Malaysia. She has superceded her Buddhist traditions and jumped into the realm of a more universally venerated goddess, now known to those of many different faiths and sects. Her image can be found on most any alter of worship in temples, homes, schools, shops, restaurants, out of the way grottos and even on the dashboards of taxis.

Entwined in the faith of Buddhism, her first real appearance in literature seems to be around 400 AD. By that time, Buddhism had been around for nearly a thousand years, spreading from its birthplace in India into China and subsequently to Korea, Japan and Tibet. Devotees of Avalokitesvara, or Avalokita, Bodhisattva of Compassion of Indian Buddhism, brought the concept of Avalokita to China.

Avalokita is depicted with many arms, hands and heads, sometimes with an eye in each palm representing the ever watchful omnipresent mother, ready to immediately reach out in any direction to alleviate suffering. In Buddhist mythology, it states that Avalokita was born from Amitabha Buddha's right eye, after which he proclaimed, "Aum Mani Padme Hum" – the jewel in the lotus – a sentiment of her preciousness to him. Some believe she is actually an incarnation of Amitabha Buddha.

In China, Avalokita became Guanshiyin, or Kuan Shi Yin, and was adopted as a god in male form. Gradually the male god was changed by some to resemble a female, lending a rather androgynous element to her. By 1200 AD she was definitely a female portrayed in flowing robes with the shortened name of Kuan Yin (although we use the form *Kwan Yin* in this work.)

It is said in ancient writings that Kwan Yin was Miao Shan (whose name means "wonderfully kind one"), a Chinese princess who lived about 700 BC. Kwan Yin, through Marjorie, confirms that this person was indeed the last very strong embodiment of the Kwan Yin energy, but she is not the only one. This legendary Buddhist saint is said to have spent nine years living on an island off the coast of China, healing, meditating and saving sailors from shipwreck. This island became a place of worship and pilgrimage for many, especially in one of the caves there, which was transformed into a shrine dedicated to Kwan Yin.

She is known as a Bodhisattva, literally a "being of bodhi, or enlightenment." Bodhi is the spiritual energy that produces an urge for enlightenment, emanating Wisdom and Compassion. The Buddhas are the primary stream from this energy, the secondary stream from the Buddhas being the Bodhisattva. A Bodhisattva is any soul which has attained enlightenment and has freed itself from the karmic cycle of rebirth, but which has forgone the bliss of Nirvana, the merging with the Creator, in order to help all the rest attain their enlightenment. This is their vow. It is said that as

she was about to enter heaven, she paused at the threshold as the cries of the world reached her ears and returned to help them. She is also called an Ascended Master, which essentially means that one has learned all their lessons, transmuted their karma and is not compelled to experience being reborn into a physical body if they do not desire it.

In depictions she has pearls of illumination in one hand and with the other hand she is pouring out “sweet dew,” the nectar of Wisdom and Compassion, from a small vase, blessing all with physical and spiritual peace. Her cupped hands are a symbol of the womb and the universal feminine principal. She sometimes holds a sheaf of ripe rice, a metaphor for sustenance supplied. The dragon is often seen with her, a symbol of wisdom, strength and the power of divine transformation. As Divine Mother, always there are children around her or being held by her. There are two small attendants that show up periodically, a “young man of excellent capacities” and the “daughter of the Dragon King,” both related to the legendary Miao Shan. As reference to fishermen, sailors and water, she can be seen on a boat or a lotus flower crossing the sea. Other things related to her are a dove, a scroll of prayers, which are the teachings of Buddha, a rosary of white crystal beads showing the rounds of rebirth and a willow spray with which she sprinkles the divine nectar of life.

THE REAL KWAN YIN

Connecting to her energy



Was Kwan Yin a real person?

I am a reflected energy. I'm reflecting on myself to Marjorie, and she is projecting that out to you. So who says what I am or who I am? We give it the name of Kwan Yin because it means, "hears the cries of the people," and because there is a relationship to this kind of energy. Many times the Kwan Yin energy comes to the planet. This energy is also known as many other embodiments from Bodhisattva and from embodiments of other beings of higher vibration that have much knowledge, much wisdom, much compassion. It is not so excellent and special to be a Kwan Yin. It is just a part of self that *trusts*, loves and has compassion for all.

Are you a group of souls?

Soul is a word that is used for the incarnation process of the human. You could say Oversoul. We would be participating in the Oversoul of each human being. Once you no longer have to incarnate, the word soul is not applicable on the highest order. The individual soul also splits. Many different Ascended Masters and Avatars incarnate to several different places at the same time. So when we are the connected to the universal energy, that does not include thinking in terms of soul like a human. Humans have a stranding of their consciousness, streams of light that circulate around their one central purpose in this particular life. They have a way in which they have come and gone over many, many years with the understandings, or the karmic patterns.

But we perceive your energy on earth as an individual soul?

Yes, because that is what you need to see in order to sense that connection. But it is not like that from our vision. If you look at the Buddhist monk, they have these intensities of different levels of consciousness that don't need a soul to explain them. They talk about a conscience on the physical plane with

a consciousness from which it flows, and you cant put a ring around it or stick it in a box. The Westerners need a reference point.

When were you last on earth in a physical body?

Five hundred years before Jesus was born, but not called a Kwan Yin, understand? When Jesus was on the planet, he saw maybe five hundred people, and yet, he lives forever in the hearts and minds. This is like the Kwan Yin. I see, when I was in the body, three hundred, six hundred people. This influences people. But it is mostly for me, in the body, to become realized. [We find later that the term “realized” means becoming as The Christ, living in grace, free of incarnation.] Once one becomes realized, it is as if you shed enough light so that you *can* be of service to the others.

Did your energy come in as Miao Shan, the Chinese princess?

We would say that the energy of Kwan Yin was very strong in her; *lots* of mercy, *lots* of compassion; hearing the cries of the people, and presenting self with total love. And therefore in the embodiment, you can almost see it on her face. It is as though she has the same frame of reference in the frame of the face, the frame of the body, the consciousness. That was one person that had such understanding and compassion that she could embody the Kwan Yin energy. Kwan Yin, the Divine Mother, all these words are used to address the Feminine Principle, the loving compassion of the Universe. Because the little ones have a concept of physicality and of human behavior, they have to put things in human terms. It is only part of the history of the pattern of a stream of consciousness. People like to put folktales to things. But really, Kwan Yin is an Archetypical energy that comes to the planet regularly and does what it does according to the capacity of the consciousness of the human beings that are around it, or that embody it.

So this person would have embodied that energy so strongly that they would have looked at her and said, this is Kwan Yin, even though she is a soul that has just connected strongly with that energy?

Yes. The princess Miao Shan was the last incarnation that would have fully embodied this, like Jesus fully embodied the Christ Principle. But people did not say that when she was there, only as a tale afterwards. People need to put a label on it so they can get the Archetypical to come down into the historical, then they can relate to it. The image of Kwan Yin that you get is called a conglomerate, because the energy of Kwan Yin, as you are talking about it, has had many other labels as well.

CHANNELING

A Divine Process



Marjorie's connection to Kwan Yin

Someone emailed me and asked if they could learn how to channel.

Oh, well, it is a matter of surrender. It is a matter of some kind of willingness. But it is also an affinity, a vibrational affinity for that. So if someone really wants to learn to channel, find a being to be with that already has that affinity – like an apprenticeship – and then they will understand that it is a willingness to open to channel. It not *to* channel, it's *open to* channel. You can read book, but you have to spend time in the company of. You can spend company with *me*. I am good company, yes? They can use my mantra and meditate and sense by automatic writing, or whatever. It is a matter of sensing that I am present. But you have to come up to [she counts up fast] thirteenth dimension to be with me.

Are only certain people able to do that because of their work in their past lives?

At this particular moment.

So this may change?

Oh yes, for each person it can change.

What makes it so that Marjorie can channel your energy?

All right. Now for Marjorie, we came to her early on and we told her that she is a sister energy. She not believe it! We tell her that anyway. There are certain beings that resonate, and therefore it is like having open channel. She wants so much to be helpful to the little ones [all of us on earth], and wants so much the truth, and wants so much to leave the intensity and the desperation of the planet of earth behind, that her heart *calls* to us – even though she has not said it in words, ever – she *calls* to us saying, *save the beings of this planet earth. Help them to know their way clearly back to the*

Source from which they come. That's the cry of her heart. And we tell her that she should just be open...open. That's all.

So it is her compassion for others that connects her to you, that helps you come through?

Yes.

Did Marjorie know your energy before when you were in a physical body?

Yes!

As friends?

No, not as friends. She knows me because she is my follower. She understood truth, and understood that love and compassion was all that could move the intensity of the harshness of the overwhelming obligatory energies in the day that I was on the planet. The little ones that felt obligated to humankind were persecuted. Everyone was persecuted when she was on the planet. There are many life cycles where she has been very connected to the greater mother aspect of the Universe and the greater creative aspect of the Universe.

Does Kwan Yin work through selected individuals on the earth?

We can work for everyone – *everyone*. If someone calls upon us, we can work through a channel. There are some that are more willing to do it than others. There are some that are very good at doing it. But the energy works through everyone, whether they speak it or not. Energy works on everyone who calls and who needs. We are here to answer. It is coming through the ethers as a call to me: *Kwan Yin, Kwan Yin, come down and talk to us*. So there is a movement, a magnetization of a portion of the energy in that direction.

Why do you address yourself as “we?”

Well, it is very nice to be able to incorporate all the energy of the Universe at the same levels. I'm trying to get an idea across that it is very big, that it is collective.

I think people misunderstand and think that this is a group of spirits.

It could be considered the Ascended Masters, but we talk about it as a collective consciousness. If little ones hear “I,” they tend to personalize that. So it's, “We.” *We give to you.*

The channeler and the seeker

What about the relationship between a person asking questions of a channel and the channel themselves?

All right. Always the two have past life experience together. Always the two have soul commitment. Always the two have agreed before the incarnation, so these energies will be given the chance to burst forward like a bud. So you get the little one that has the cosmic attachment to getting answers, and you have little one who has cosmic attachment to being of service, and off you go. The two are in service and have a cosmic attachment to getting the work done. Once they recognize the energy, the pure amount of focus on the activity will increase the activity; increase the energy. Therefore, the free will choice is very important. The energy of the Universe is always trying to become whole, but the manifestation must be done *through* vehicles in your world as you know it at this particular point and time. It must be through dedication, determination, and most of all, deciding. So you decide, you dedicate and you have determination. And as you know that, you become...divine.

So the two people who are in an activity are generating . . .

A third entity. They are generating an *awareness* of the third entity, which is God.

Is there something to the male and female elements? It seems that there are a lot of male/female partners in metaphysical activity.

Everything is working toward wholeness.

Is there something about the questioner that makes them like a battery for the channeler?

Equal amounts, back and forth, is the most desirable. And oftentimes, one battery gets low. It is the same way in any relationship with masculine and the feminine. We're talking about the difference between awareness and passive awareness, and the ability to know the wholeness. The job of each one in a whole and total relationship is to *pull* the positive aspect of the other one forward. And this does not have to be done by ego.

ASCENDED MASTERS AND BODHISATTVAS

Spiritual support



Bodhisattvas

What is a Bodhisattva?

Bodhisattva is a term for a loving being, one that returns over and over to the planet to be in service to the little ones. Bodhisattvas are of pure love and pure service. They have a very high sense of understanding, mostly in the Buddhist tradition, and follow a particular body of thought and a particular type of ideal or idealism into a higher degree of understanding. They are going to come, over and over again, in service, to stabilize the loving and positively charged energy of many beings that are in service to the whole of earth. This type of dedication is about truth. It is about love of all beings. No longer is it about love of self or love of wisdom, or love of truth. It is love of all beings, of all nature, to support life – not unlike how the whole spider web supports the spider. No matter what corner that the spider is in, he is always supported by the whole web. So the Bodhisattva is an energy that is of wholeness. It is love and a strength that has given its being over and over again.

Are people who are incarnate with this energy aware that they are a Bodhisattva?

Most are very much aware. They are in striving mode. Not necessarily saying, *I am better than* or *I know this last life*, but definitely in the striving mode.

They call Kwan Yin a Bodhisattva.

It's an ancient term from the Sanskrit speaking. I have compassion, and I will never leave the planet's energy force until all are given all of the assistance that they call for to rise from the planet, not just assistance for the ego need.

Buddha

What does *Buddha* mean?

Buddha is a name that is made from the Sanskrit, which means "one that knows all on all levels, all depths," like having complete awareness.

Is the Buddha another manifestation of the Christ principle?

Yes.

Was Sidhartha the first to be called Buddha?

Yes, from the degree in which you can perceive.

When Buddha (Sidhartha Gautama) came in, it seemed like he was not fully aware of what he was trying to accomplish on earth.

But neither was Jesus. Not before the time when Jesus was twelve or thirteen and going for training. But his *mother* [Mary] was the one that knew where he was going and what needed to be done. With Sidhartha, the mother dies early on in the child's life leaving the child to have to nourish self, and this put a great amount of energy in the direction of asking questions about life. Missing the mother makes a lot of questions about life, but some people just skip over that.

So this prompted him to look outside the city?

Well, not just the city, but inside of himself. He was very kind and very gentle. He had a lot of feminine traits in his personality and was very balanced. Of course, he was a great being and had been to the planet many times. So there is a way in which the unfoldment must happen so that there is integrity in the human life. Energetically, when there is one that comes in that is going to search into the depths of the soul, it is not because there is a part of self missing, it is because there is a recognition of their own wholeness. And therefore he *was* already a great soul.

Tell me more about him.

He had been to the planet many times, has been an initiate many, many lifetimes, and has studied very deeply with many great masters and teachers in other life cycles. So he already had a basis and all the understanding was there, all he had to do was bring it together through determination and through compassion of the heart. The early death of the mother was what triggered that seeking, as he knew it. It is not that he wanted to save humanity. He wanted to be awakened himself, and he wanted to save the

suffering of those close to him. The only piece missing for him to pull it all together was his own compassion. So he is born with compassion and a loving mother who passes that on to him but is not there to nourish him. So he looks in the depths of his heart for what is the truth of nourishment for the soul.

Was that Sidhartha's last lifetime on earth?

Yes.

And what did his soul do after that?

The soul becomes of a very high frequency and becomes part of the Teaching Light for the planet. Not World Teacher, but an overseer of this energy of the teachings. It's then not about a person, but about an accumulation of Light down through a certain way in which one lived their life. There are so many different ways to live the life, to perceive the Light.

Is this another time period, like when Jesus came to earth, where there was a possibility of the world shifting very much and coming into an alignment?

It was an indicator. These Great Beings are indicators of the shifts that are already in process. *They* were shifted energetically, but not other people so much.

Was Buddha similar to Jesus in that they were able to influence so many when they themselves came to consciousness?

Both Jesus and Buddha went through the tests on the physical plane and they passed. They understood what it was in the belief system that they were pulling themselves *away from*. That is a purification in itself. So each one had the same process that they went through. They were revealing the power of the Source from which they came. It was already there and they just peeled away the misperception that then gave permission for the Light to shine through.

How did Buddhism become so huge in Asia, like Christianity did after Jesus?

Well the hundredth monkey [a mass consciousness understanding] is part of the facet of the religious aspect. You could say it's a movement – that is a good word – but the aspect of the Buddhist tradition is in the souls of all men anyway. Each one at their own level was able to grasp a certain amount of the teaching, a certain amount of the awareness, and to carry that forth. Buddha has moved through the reality in a slightly different way to enhance the already loving aspect of a particular people and speak to the people. You can not speak to people in English if they only speak Chinese. So in the Buddhist tradition, it had to reveal itself in a slightly different way. The

Buddha is everything, and so is the Christ within. Buddha and Jesus allowed it to be revealed through them by going through the testing and the initiations, the tests of life and afterlife, and they manifested their true awareness without all the shrouds around them.

Why did people worship him as the Buddha?

It wasn't necessarily worship. Worship is a different word. Worship is something that is not necessary – there is devotion to a particular energy or a particular being. They followed and they wanted the teachings. They wanted freedom from suffering.

Why did people choose Buddha instead of someone else?

It's not about choosing, it's about the message and the messenger. Certain beings are sent to the planet as a representation of higher consciousness when the people are ready, so they weren't really choosing. It was that there was a searching and a longing for that type of teaching, that type of information, for freedom, and people wanted that.

At that time, in that place...

Yes. When they heard that such a being existed, they congregated around because they were seeking the Light.

Ascended Masters

How did the term, Ascended Master, get incorporated with you?

It comes with the time of Christian tradition. We don't hear about "Ascended Master" when you are talking in Egypt, except when the Great Ones are being called upon. So we say it's not a Christian tradition, but it comes along with the time of Christian tradition.

What is an Ascended Master, for those who are unfamiliar with this?

The term Ascended Master relates to one who has been in the body, has mastered the life on the planet and has moved from the entrapment of reincarnation on to another level where it is they can be of service. It is a criteria for having mastered being on the planet. Master the life, master the emotions, master the ego, master the concept of being in the body, master of self-awareness. We, as Ascended Masters, have been on the planet earth over and over and over again. We have had the test of time, the test of the heart, the test of the mind, yes, the test of the body. It is only through testing and undergoing the "informative" part of self, sometimes called suffering, that wisdom can be brought forth into the light. The principles of ascension also involve the clearing of one from attachment. [In a sing-song voice] No attachment, no body, no worries. Ascended Master is one that has lived and

has passed on; passed on out of the body and is now in other dimensions of higher vibration so that *you can be uplifted*, and also guided.

What makes them different from the other people that have passed on?

Ascended Master is one that was on the planet earth, learned a lot of lessons, and left with the lessons “in their pocket,” yes? The others, they have learned a lot of lessons and have maybe forgotten about what compassion is truly, or what the truth is, and they move on and still bring with them emotionality that is not of the most pure form. Therefore, they are going to return to the earth again as an embodiment, whereas “ascended” means that we have gone on from the body. There are some that ascend from the planet of earth and do not have to incarnate any more, but they are not all Great Ones. They are just visiting, back and forth, back and forth; incarnate and gone – this kind of thing. There are as many kinds of energy as you can imagine. We can make choice to be present, and some Ascended Masters make choice to return in the body. However, if they do that, they can make karma for themselves, and therefore they must remain in the body, which is not so free.

So they have to be careful what they choose.

Very careful. And the veil of Maya [forgetfulness of the spiritual, and the pull of distractions in earth life] comes down for Ascended Master just as well, once they incarnate.

Do the Ascended Masters retain some individuality?

Oh, yes. They have their own pure vibration because they are on a certain Ray. But they have had their own life sentient experience. It is vibration individuality, not personality individuality, although there is a personality when it becomes transmitted into the human element, because it downsteps itself. It's not unlike Kwan Yin, because as I downstep the energy down back into the vibration, I am coming into a pattern as known on earth.

Did they start off as an individual soul and sort of get added on to, or blended?

It's not soul blending, it's energetic blending. The Soul is of a pure vibration coming from the Godhead. Some have a combination, but Masters of great power usually represent one vibrational power. But they are also beings, just like you, that have just been a long time practicing.

Is there a certain point where one is deemed a master?

Depends on who is doing the deeming [laughing]. Just like in the mysticism of old, there are the initiates who are the students, and there is a process where each one takes on a new task, a new discipline. Becoming a master is actually a knowing inside of the self of when you have come to a point where whatever you have been confronting or have been working with is no longer

a challenge, it is just part of who you are. When you talk from the soul level or the ascension level, those masters that are labeled such are beings of great light that have come and gone and have built a great reservoir of energy and knowledge that has been shared for centuries by other people. Jesus is Jesus in one realm and Esau in another realm, as there is a need for Jesus around the world. But he shared that teaching from a consciousness level so he didn't have to "show up," it just happened. It gives people an increase in knowledge. Or if he showed up in a cloud, there were healings, because in that presence bodies and psyches heal. That is true of many people on the planet. The people who are around these masters who this happens to don't even know what it is, but they feel the lightening of being, rather than lifting off the planet.

In the Ascension process, could you come to a point where your body just disappears?

Fire would be a good example of that. We are talking about dematerializing a physical form to the greatest degree so that it becomes translucent because the frequency is like water becoming steam. The frequency is so high, the motion is so great within the molecular structure (the atomic structure), that it dissipates from the physical realm as far as the eye can see. The Ascension process, even though one may become translucent, is not exactly the same thing. That is a liberation process. The Ascension can be talked about in terms of consciousness, as ascending from third dimension consciousness. Yes. The Ascension process happens every day with a little one that meditates every day. Their consciousness ascends. And then they realize that they *are* consciousness, so therefore it is the ascension. If people can lift their consciousness into another dimension through meditation, then they can make their bodies translucent. It's coming. There are those on the planet now that can make their bodies go to translucency. Most of them do not live in places where this is an everyday common occurrence. It is a matter of privacy, or a practice in the highest of spiritual realms that is taken on in order to get more learning. But a lot of them are also teachers. They have that ability to vibrate at that level to increase the vibration of their disciples or their friends, and that lifts the vibratory rate for them too.

Will all humans eventually become Ascended Masters?

No. Those little ones that are incarnate are not necessarily going to rise to be of service to the planet like an Ascended Master. It is that there are certain ones, that there are special cases where they just earn lots of qualifications of ascending to a place of wanting to be in service. Then they may go between the worlds, and they may not have to come back to the earth and be in service. Sometimes they go on and they are in other universes, and they are doing the same work in another parallel universe. Everyone is doing their work interdimensionally at the same time, but will not necessarily incarnate

on the planet earth and become a Master in service *to* the planet. They may go on in another direction.

What would make an Ascended Master have a connection to earth, rather than to a different place?

There are certain electromagnetic alignments for the planet of earth. There are overtones – like music – that are calibrated to the planet of earth, and we are in the vibration of the overtone of the earth. There are Ascended Masters that have not had a hundred incarnations; some only two or three or four. Jesus is one of them, yes? His vibratory rate is akin to the planet of earth. He is the teacher. He is a lesson. Not necessarily his soul, now, but his body-mind make-up as Jesus. He becomes a teacher for the earth and that thought pattern.

You have talked about the “Great Ones.” Who are you speaking about?

The Great Ones have been able to return and return since before the planet had speaking beings. We’re not going to say it’s an angel, because there is a whole religious aspect to that. But there are the Great Ones, which hold in love – it almost looks like a set of wings – that single-handedly hold and stabilize the planet earth in her orbit. There are many levels of Great Ones. Sanat Kumara comes from Venus and transfers energy stabilizing with love; great love, great love. Those are the ones that are huge in consciousness. Not size, and not love, but in consciousness. The Great Ones are the “we.” I am not going to say I am great, because you are going to misunderstand and think that the energy is singular; it’s not. It’s all put together; the Great ones; the “we.”

THE WORLD, AS SPIRIT KNOWS IT

Beyond the physical



The Big Picture

What is the main purpose of life? In other words, why are we here?

To become happy, to become aware, to become awake. To find happiness, to find joy, to find compassion, to find forgiveness, to find yourself, to find God, and to find the God inside of yourself, which is the happiness, love and compassion.

It sounds easy enough. But there are a lot of concerns we have to think about while making a living and being on earth.

Yes, and all of these are deterrents from meditation. They are deterrents from awakening the part of self that connects to the light and creates a reality that is less frightening. There is a lot of fear; fear of not enough money; fear of not enough brains, hmm? The little ones all over the planet of earth really, really need to know about what is happening with them – not to them – but with them. As the energy rises, everything is spiraling more quickly. Therefore it feels more intense, because there feels like there is less space. The freeing of space is brought about by meditation and the lifestyle. Lifestyle needs to foster meditation. Those little ones that are fortunate enough to have decided *not* to be in nine-to-five job and not to have so many children or aunts and uncles or grandparents around to support or to interact with, those are the ones that are carrying the information codes at this time so that the energy can keep rising. And meditation is the *one* thing that will help you accelerate it.

Is the earth's vibration rising?

The vibration of the electromagnetic field around the earth is. The vibration of the earth is having a little difficulty because there is negativity and many beings of negative vibration that are grounding themselves upon the earth. We say to you, don't take it yet as a high-vibrational earth, but the energetic

field of the earth as higher vibratory. This universe that you are experiencing at this time is moving rapidly toward change.

How is this affecting people?

Some people can feel very unstable with the shift because their vibration is not shifting as well. So someone who is unstable and feeling very negative can also feel threatened by just living everyday life out of fear. It accentuates the part of self that is not in accord with the higher vibratory rate. It feels more discordant. But the others who are paying attention that have awareness of the Light Field that created all things and the sound of OM, from which all things emanate, those beings, they are having an easier time. This does not say that *karma* does not enter in for the little ones. There is a need for the little ones to become awake to the energy.

Does this raising of vibration help people to become more self-aware?

That would be the idea, yes, but not necessarily so. It is the Law that karmically, little ones will be in the vibration of what they have created themselves. It is not anyone else's creation, yes? So what they created yesterday or ten days ago has to do with where they are sitting in the moment. What they have created in another life cycle also has to do with where they are sitting in this vibrational field at this time.

What will help to open up the people who are still closed?

Still, it is *crisis*. You understand? Still, it is in the crisis of life that helps the little ones open to the infinite possibility of there being a greater thing than themselves. It is as though there needs to be a sense of not being alone, to not be in fear, and of having a sense of gratitude for Divine Guidance.

Is the feeling of separation, sacrifice, victimhood and such coming to a close right now for many?

For a lot of people. The vibration that holds one to a pattern is winding down, because there is a frequency of a higher elevation within. It has nothing to do with something that is external where things are changing so much. It's the internal. If they are aware of their inner movement, we say it's double unfoldment, because they are aware of the unfoldment of self.

Is there an urgency to accomplish now what could not be accomplished before over previous lifetimes?

It's almost like the boat is going out – not that there won't be another boat – but the boat is going out now. If you want to be on one of the first boats to get to the new shore – ahh, there is a kind of urgency. There is a part of self that must be packed and ready to go. A part of self that must be ready to leave behind those, or those things, which hold one to old habitual patterns.

What is the main force that is pulling consciousness up?

The Void. The Void is sucking everything toward it. But it is also like a breath. The sun takes energy for periods of time and it gives energy for periods of time; gives and takes. It is a matter of the inbreath and the outbreath and getting to the place of going nowhere, needing nothing, doing nothing that is going to create a consciousness for all. However, is not necessarily happening, is it? We tell you in truth, if the human could see it any differently, it would be happening differently, but they cannot.

What is the void?

The void is not even of the ethers, because ether is a piece of materiality. So a void is more than an emptiness, more than an expansiveness, more than a hole, more than a bottomless pit. It is a place of total creativity. When a little one is in their total creativity, they are in the void. The void is as though you are sitting and you are able to pull from any direction any piece of information that you want. A void has a negative connotation in the English language. And we use that word because it gives little one the sense of being totally cut off from any support, any strands of connection to. When you think of the void, you must sense as though it is infinite possibility in the non-material form.

Will higher consciousness be reached by enough people to suddenly pull everyone else up a notch?

We would like to tell you that this is the truth, but we can not. All through history on the planet of earth there have been times when things will change and times when things will *not* change. Jesus came on to the planet, did his work, but he did not save everyone, did he? He only was able to help those that believed when they were in the moment of their transition from the planet of earth.

So it is really unknown as to how many people will actually understand, within a particular length of time?

Yes. It isn't as though it's going to come to a culmination. We hate to tell you that, but it isn't as though it's going to come to one moment in 2012 when everyone is going to be lifted into the light. *It just isn't going to be.* Everyone thinks they are so elevated. The only way to elevate is to meditate, take it one day at a time, and do the best that you can do in the moment, knowing that all things are in *some* kind of Divine Right Order. And in the end, did it matter anyway whether you held on to the prospect of something going your way or not?

What happens if many people start meditating, could that help to bring others along?

It's like a seesaw. If one was to sit in the middle of the seesaw, it would stay balanced. Move to the right or left of the seesaw, it is going to move to the right or left. So this is a natural reaction to the action. The Universe is like that. If there are many people that are moving in one direction and only one person moving in the other direction, seesaw is going to bend in one direction. That is what it looks like is going to happen. However, it does not take much if there is a flood or a storm to bring the little ones to their knees where it is they realize there is something bigger than they are. So that is why, almost hopefully, one looks toward earth changes. But it's really about internal change. It's wanting no longer to be in trouble, in strife. And we say to you, this is a singular job. Everyone must take care of *themselves* – singular.

When the earth reaches a certain high vibration, will that make certain diseases disappear and create spontaneous healings?

Yes – with those people that are participating vibrationally. There will be those still around whose consciousness is still thick enough to carry around the negative vibration and the vibration of the disease process, or negative thinking. But for the most part, those who are surrendering and participating in the shifting, those people will find their immune systems much stronger and their feeling of the light will be present inside of them. It is the willingness of the human to participate in the activities of light, and the surrender to what is happening. Not judging themselves, but allowing the energy in their life to change. That means if you need to move, you need to move. If you need to change your way of living, you need to do it. And it's not little by little now, it's, DO IT. That inspiration that came into Nike [sneakers], *Just Do It*, was a spiritual intervention to get that feeling. You see the activity with that emblem that goes with it, it has the essence of a boomerang, and that is what we wanted. Because if you send JUST DO IT into the Universe, it will come back to you. It is necessary now that all the old patterns that have been embedded in the cells and in the psyche for many, many incarnations come to the surface. And they can not be just liberated into the consciousness and activity, they need to be dispersed by each human being (or participating groups of human beings) into a way of understanding. Once there is understanding, there comes the truth. Once there comes the truth, it sheds light on the particular event or activities, and that light does disperse the negativity or the denseness of the activity.

Is there a general plan for earth and its people that will be carried out, no matter what?

No, it is a matter of consciousness. It is not as though we take over, because that would be pushing our will on you. So free will is about everything in coordination with the higher purpose, which is joy, fulfillment, freedom and creativity. So this is the higher purpose.

Free will, God's will, and the group effort

Is it true that we are the only planet of free will choice?

In this galaxy, it is true at this particular time. In this galaxy, you are the planet of most willing, willful choices. You are not the only galaxy.

Is it critical at this time to evolve because we are holding up the evolution of the Universe?

Yes, we would say that that has partial truth. Yes, the little ones that are still allowing that limited access of self to God are slow. It's dirty. Like a lot of rubbish; not recycling something they have used into something more useful. It is putting a drag on evolution. It's like having asthma, you know. The one that goes to breathe with asthma has a contraction, and there is a pull. It is not free to spring forward. That is where all the projections came from. They knew that in the Mayan times and of the Hopi. They knew that the influences of negativity in the hearts and minds would influence the soul evolution of the planet. They saw that.

How much free will do we have compared to what could be termed, God's will?

This is a very complex question. If one is playing a game, one can just drop the ball and let it be up to someone else as to what the outcome of the ball game will be. Or they can take the ball, and they can be very mechanical about all of that and follow through with what it is that they need to do. Or they can *in that moment* come into a higher spiritual practice and know that they and the ball will be carried to freedom. So that's what life is like. It is a matter of playing with what is handed to you in a way that you are not attached to the outcome, and this is the most magnificent part. All the great religions taught that – still teach that. So free will choice is that part of self that is within the destiny pattern.

So free will determines a lot of the destiny?

Yes.

Is there a point where someone can go against God's will?

Oh, yes. It happens every day. It is a significant feeling of loss on a physical level where there is a lot of struggle and pain. God's will is not struggle and pain. God's will is freedom and joy.

If someone has a strong enough will, could they manifest what they desired in life, regardless of anything?

Yes, but it needs to be will in connection with Divine Will, in Divine Order. If astrologically, planets were in line and the star systems were giving the

right energy in the right moment with the right desire it could manifest. So we say, yes, this is a possibility.

What about a person's soul contract? What if the free will tries to override that?

Well, a contract is meant to be altered. The contract is the part of self that is in between life cycles and is contracting to learn as much as they can learn. And if, in fact, all the conditions are right and there is permission in the Divine Will, then that must be the level of understanding, and that will be the lesson at the moment rather than what the original contract was about. Because there is no telling how much the little ones free will choice has changed the degree of understanding inside of the self during the incarnation.

Life is a constantly shifting event.

Yes, it is.

Does God intervene at points in earth's progress to either make something happen or to prevent something from happening?

We say no. We say that the Void, the great creative force, is in motion at all times, and it is not unlike a weather system. So the God that you are talking about is not a separate energy, a separate entity. God is everything. So does God intervene in that way? Does everything intervene to make things happen? We would say no, it does not because if everything intervened, all you have is chaos.

So it is more of a group effort?

Is definitely a group effort, but it's also an energetic awakening and a motion in the stillness. Little ones need to understand that they are part of a collective. They are not individuals. In as much as they are individually using their will and have a directive, yes they are individuals. The Universe is supporting them and the earth is using itself in all ways to support human life. And the energy of the heavens is moving about in coordination with the growth pattern being sent off from the earth and being sent off from the mind of humans, so that everything is in a coordinated pattern. When there is coordination and harmony, it is wonderful. But if the coordinates are toward disruption, the little one, without grounded stability, without the sense of their true nature, are going to be pushed around. They are going to have to pay attention very much to what it is they want, how it is they believe in their life as a facilitator of the Universe, and what it is they want to do next.

There was a talk show host that was trying to use mass thought to move hurricanes or tornadoes for the good of those in danger. What do you think about this?

It does work.

Do you see a problem with this?

Not as long as it is redirected in the direction of no one else so that no one is harmed.

Like back out to the ocean?

Yes.

He stopped doing it because he was afraid he may be creating something worse in another place.

Well, there is always that little energy that says, *Thy will be done; This is what we so much pray for and thy will be done.* It's permission.

And that covers it?

Yes.

Meditation

What is the best thing we can do for ourselves to get peace of mind these days?

Meditation. The little ones have their own little corridor, own little pathway, own little life cycle they are creating, and it is very narrow. Some people can have specific enlightenment experience. It may happen *just like that* if they are destined to have it in this life cycle. Other than that, training oneself through meditation is the *only* way to relieve oneself from the pain and suffering, stress, and the incredible amount of ignorance that exists about what the totality of life is about. That's why meditation is *so* important, because it helps one lift into the time-space continuum of freedom, which is "letting go." That would be being in tune with the intuition, which comes from a still, quiet place inside.

Any suggestions on meditation techniques?

When you meditate make sure that you wrap yourself in light and that you ground yourself by sending roots down into the earth, then send your energy through the silver cord into the highest of spheres. Talk to your favorite Saint. Talk to your favorite being of light and send that energy directly up. That way, your vibratory rate will not be degraded or lowered by the astral plane. Meditation has its mysterious parts about it, but to look at a candle and breathe is meditation. To look at a flower and breathe is meditation. To look at a picture of your favorite person and just breathe – not thinking about that person, just look at it and breathe – that can also be a meditation. The sound of OM is a meditation. It is a matter of breathing and emptying the mind. If the mind is not empty, you don't get upset, you just say, *Oh, yes, back to the spot where we were at the beginning.* Because beginner mind is very, very

loving. So the flame, the light, the stars, the flowers, those are very important. The flowers have a very high vibration. They could not have the blossom and the variation and the color that they have unless they were of a very high vibration.

Will meditation help us adapt to the higher frequencies for a smooth transition?

Yes. As Mother Mary has said in her visits to Fatima and in those other prophecies around the world, prayer and meditation is of the utmost importance. It isn't just for discipline. It is to allow the higher vibratory rate to *come in*. If you don't make time and make space – and sleeping does not count – to give permission and invite in the higher vibratory rate, then you are not going to be ready, yes? Not going to be able to hold a charge. You can not plug 110 into a socket that can only take 20 – it is not going to work. As you remember, we start off the conversation saying that for the little ones that are not meditating, it is going to enhance the negativity or the imbalance within them.

Would groups of people meditating be more powerful?

Yes, even if it is distance meditation. This is very, *very* powerful.

Is it true that a formation of twelve people or three people is good for directing meditative energy?

All of these numbers are important, but they are all-inclusive. There is three in twelve, and twelve is an aspect of three multiplied. So we say, yes, to think about that is good, but it is not necessary. To network, to manifest, to build with the grid, to work with the light is the job now, without being too airy-fairy about the whole thing. It needs to be concrete, rather than a lot of starry and flowery words. The little ones can do the work that is sitting in front of them.

Would it be good to meditate for peace, or for bringing the Christ awareness into people's hearts?

Yes. Bringing the Christ Energy in is *perfect*. Little ones that can sit down for ten minutes and concentrate on bringing the Christ in, they can visualize a picture of the Christ, and then they can pull in Jesus or Buddha or whatever, and this way it is all One. As far as peace goes, the people do not know what that is because they have never experienced total peace, except for those beings that meditate for long periods. If everyone sat down and meditated, what would happen? There would be peace. There would be the sound of OM all over the planet instead of chaos.

Soul and spirit

What is the difference between soul and spirit?

Spirit emanates from soul and soul comes forth out of God. Soul is the part of self that is whole and continuing, and spirit moves about into the ego. As you go to the soul, it's not bigger – it's *more*, more energy. The soul is about energy, not about bigger or smaller. So it's more power-packed, how's that? You can have a little battery and it looks like it does not have that much power, but guess what, it does. Spirit is energy. When one dies, there is a whoosh of vapor that lifts over the body. This is spirit moving back. The soul is a continuing part of the Universe. Spirit is a transitioning part of self. Spirit is an emanation. Soul makes emanation within spirit that brings back the energy of the ego into the reference point of the body. Ego is not a bad thing. Ego is the all-encompassing part of self that has been visiting in the body, has learned the lessons, and when the body is ready to dissipate, it goes back into ego. Ego comes back into spirit and the soul will reabsorb this energy, like a mothership. And when it is time, it will come out again.

Is there such a thing as the Holy Spirit?

Oh yes. The trinity is passive awareness [father], creative awareness [Holy Spirit, or mother] and the ego [the son].

What about the idea of soul mates; two souls finding and completing each other?

When you are looking for the right person for you, that right person for you will be in exactly the same circumstances that you are, but be packaged in the opposite packaging. This looks good in the beginning because there is an attraction, or a sense that you would be complete with this person. So there is a resonance, because you see in the other something that you don't feel like you have inside of yourself. That's limited thinking. So what you will do is pull to yourself exactly the same problem that you are working with inside of yourself. You attract to yourself exactly what you are putting out. So if you are needy, you are going to get someone needy. The answer is always about focusing on the self. So it is better to solve the problems yourself, because it is harder to work with another person to achieve this. There is no magical person in the world that gives the finishing touches to who you are. You are the finishing touch. If you look outside yourself you are going to come up with limitation after limitation.

The Soul Rays

Is each soul attuned to a particular color ray?

Yes, each soul has the energetic that is attuned to certain ray. They have certain questions and certain policies that they are working with that will intensify the vibration of that ray.

Is it that when souls were formed, they broke away with all rays within, and then started to move toward one particular one of their own will and interest?

That's nice wording, we like it a lot. But we say that they *fall* away – you understand – with a certain tendency, and that they are whole. It's like we say, you already are all you need to be, but there is an alignment of the soul with that vibration of light. And so there is a vibrational hook-up of that being from the soul level to be mostly attuned to that particular ray. It does not mean that they can not or do not shift from ray to ray, because the rainbow is the ultimate, yes?

Does the soul master one ray and move to the next or switch around, depending on the need?

Eventually, all rays are to be mastered. It is as though little ones who are anchoring the light in positions will be called upon to work with that part of themselves. There is a certain aspect of the Green Ray, which is Truth, but is also health and healing. It may be needed for help in that area, for strength in that area. There will be certain little ones who move to that area even, and they will be working on this kind of issue in their life. This issue will give radiation and strength to that part of the matrix. The little ones are in service to the earth. They come to the earth and when they are done, their body is sacrificed into the earth. Everything is in service to your earth planet, which is a mothering, creative aspect of intensity that is universal. It has its cosmic motion that is regulated in the heart of the universe, but is also connected to the heart of the human. The sound of the earth is the sound of the heart, yes?

What about each person's individual ray? How do they work with it?

It goes in timing with what is going on in their life karmically, and goes in timing with what is needed upon the earth's matrix in order to survive, in order to grow. If you come in on the Green Ray and your focus is on truth and health and healing, you may come across the part of yourself which is *not healing*. Then you're wanting freedom from this problem. So you would be working on Freedom Ray. And once you get through this aspect of self and Freedom, you are more clear and you relax back to green. There can be a call for purification. In the end, with that aspect of purification, it intensifies the Green Ray. And it's not just intensifying one part of self, you're intensifying your ability to see truth. Everything's connected.

Does everyone have one particular ray that they come back to all the time?

One or two.

Can you go through the qualities of the seven rays?

Is not a problem. [Note the connection of the rays to the Archangels. These colors remain the same, but the colors of the human chakras as we perceive them differ from the ray connected to that chakra.]

First chakra, Fourth Ray, White Ray, Gabriel

The first chakra is where people are connected to the planet, whether they are grounded or not grounded. The Archangel here is Gabriel. This Archangel is connected to purification; purification of the kundalini and of the connection to the earth – which is also a security issue. At this time, Archangel Gabriel, with the fiery white light, perceives and can acknowledge all that is going on on the planet. He can use rays of white light to penetrate certain situations or activities; to clarify, to penetrate and to disseminate the darkness, or the lack of light. Also, Gabriel is one of resurrection. And if one does this work, they purify their body on the physical level, the mind, the spiritual attitudes. They become resurrected from the physical reality and a more pure vessel of Spirit. The person that comes in on that ray has a life that is continually tumbling through situations where they have to purify their ways of thinking; to move through situations by using the higher spiritual perspective. It is traveling toward enlightenment.

Second chakra, Seventh Ray, Violet Ray, Zadkiel

Second chakra is the belly chakra. This is Archangel Zadkiel and the Violet Ray. The Violet Ray is very much connected to transmutation and freedom. There is creativity in second chakra, enhancing the creativity in the physical world through relationship. This area is used when needing to gain freedom from emotional entanglement. The belly chakra and the throat chakra are connected. The most promising way to be in the world is to clear out what is going on in your relationship to the world and express your truth. So those two chakras are very much working on harmony, and they want harmony between each other. If you are on the Violet Ray, you are a person that is seeking freedom. So in the moments where one is clarifying and moving toward freedom, they must also be responsible for their lives – responding authentically. All these chakras work together, but if you are using the Violet Ray and you are using St. Germain's decrees, you are using the throat chakra to clear away the negativity so that the energy can flow in a loop. It makes your own battery in the physical body. What people will do when they are on this ray is they will stand firm in the moment and be very stubborn. If one can clear out the negative attitudes and come to a place of understanding, moving in supporting themselves, standing firm in the moment, that is the work in the Violet Ray and the second chakra.

Third chakra, Sixth Ray, Ruby-Gold Ray, Uriel

The third chakra is the solar plexus. The solar plexus is the place in the body where all of the chakra frequencies are going to get more energy if you have peace and harmony. Because the solar plexus is like the sun, it is a disseminator. We are talking about the Ruby-Gold Ray. We are talking about Archangel Uriel. So you have an energetic where you are coming to a state of peace. It is being at peace with what is. People on the Ruby-Gold Ray work with situations in large institutions, large groups of people, bringing awareness and peace, taking care to serve others at the same time. And very oftentimes they are able to make peace. So this ray is one where there is a lot of ministration, a lot of helping going on, a lot of ordering from the highest level of understanding into the level that is the most possible at the moment. Say someone is sick in the hospital and you want only the best for them. You don't want any mistakes happening. You want the best doctors, the best atmosphere, the best food, the best remedies. Then you would call on Archangel Uriel and the Ruby-Gold Ray for a kind of order in the highest frequency.

Heart chakra, Third Ray, Pink Ray, Chamuel

When we talk about people on the Pink Ray, people of the heart chakra are the ones who love. They are ones that love in the deepest way on the planet of earth. They love without caretaking. And they are friendly. They will be friendly no matter what. This Pink Ray with Archangel Chamuel is like the glue of the universe. You can not have your universe without love. It is love that holds your whole planetary system in the orbit which it maintains. It is a frequency that holds things in order. These energies will keep your universe in balance. It will keep your life in balance. It will keep your relationships in balance. It is a pure and utter acceptance of what is and an understanding that all things are in a Divine Order. There is a spin on everything that you may not be able to see or understand, but there is a moving, organic order to your universe, to your body. What you are in relationship with changes your vibration. If you are in relationship with an abusive person and that person comes in and yells at you, it is going to change your vibration.

Throat chakra, Blue Ray, First Ray, Michael

Now we come to the mighty warrior of your universe, which is Archangel Michael. Michael was part of the original plan for the planet of earth because your planet has the color blue. We are talking about life, and we are talking about water. Water is so strong it can carve rock. So when little ones think of calling upon Archangel Michael, there is a great amount of power there. Held in a container, water is just sitting there reflecting. But pouring from a high level, moving quickly like waterfall, then it has a lot of power. Water is the conduit for the most spin on your planet. It carries light and it has spin. Water is going to be your highest form of health and healing in the future. The

human can take water and use that blue frequency as the Will of God to bring forward into the world what it is that can serve them better. People on the Blue Ray are strong, they have a strong will, and they are working on allowing the will of the Divine to come through them to be manifest on the planet.

Sixth chakra, Green Ray, Fifth Ray, Raphael

This ray is Archangel Raphael, the healer and the truth of the world. Know the truth and truth will set you free. If you really know the truth in yourself, in your spirit, in your mental body, your body comes into a kind of alignment, because the truth is light. Giving permission for light to do its work, all things come into a kind of order. The people that come in on this Green Ray are the people that are seeking truth no matter what, and they can do it in ways that you may never suspect. They may topple into the worst circumstances so that they can climb up out of the depths of misunderstanding into what the truth of the situation is. That usually is because of past life overlay. When one dumps themselves into an abyss of negativity and has to climb back out, it's because they are climbing through the levels of understanding of many life cycles into the absolute truth of knowing the light, the love, and the will of God that will set them free. It's not about escaping. It's about having not so much attachment to the physical reality. This is the third eye where you look through and you are not attached to the physical reality. It just cuts through what is going on in the physical and it gives you the higher vibratory meaning or interpretation of the will. If you have a terrible situation where you are asked to look at it with your heart, you may want to just place it in your third eye and look at it there instead.

Crown chakra, Yellow-Gold Ray, Second Ray, Jophiel

This ray is a light pale yellow gold color for the most part, and white as well. So, white at the bottom chakra and white at the top. When someone is coming in on this ray, they are very open to spirit. They may be very illuminated, they may have a capacity for wisdom, but they may have to prove to themselves again that they have wisdom. They may take a long time to really trust their own wisdom. They go through a lot of behaviors where they have to trust, trust, trust, and then they say, *ahhh, I learned it*. That's what's going on the physical plane. It's a testing ground. It's a proving ground of who you really are. And once you have karma, that's what happens. You have to dig your way through it to face what you have created in the past just like a karmic pattern from one single life. You have to face what you believed and what you have created through your belief system in order to get free beyond the limitation.

What is the relationship between the ray that an individual is focusing on and the chakra it is associated with?

It would be purification of that chakra and balance.

Someone said that there were nine chakras and not just seven.

There are many more than nine. There's lots and lots of chakras. It depends on what level of awareness the little ones are looking. Basically there are seven chakras with a star below, and a star above – a point where the little one connects to the planet, and one to connect to the heavens. But you can look to the elbows and the fingers and the wrists, and all the rest of that. You can look to the right and left of the head – as some of the little ones are getting extrasensory perception, these are noticed.

Do ascended masters work on one particular ray, yet have mastery of all?

Well, their chakras are in a different shape. We don't have a body, so we don't have these chakras. We have dissipated into energy. We have affinity for particular energy, and so I am Gold and I am Ruby. This would be Power and Administration but also Compassion, which is the heart. So hopefully we can just get it melded into one little ball and just label it a particular color.

Color

How does color affect people?

Color is very, *very* important. It affects them adversely, and it affects them conversely as well, because you *are* color, you understand? You have a vibration that is moving all the time. Not like a neon sign, but sort of that same idea. In the different colors are different vibrations that send different messages. When the little one is having a very difficult time, all the colors [of energy of the body] can look a little muddy; it looks as though it's army green, or mud in the energetic field. But when one is clear – a clear moment, a clear thought – then you can clairvoyantly see in the vibration brilliant, brilliant colors like flowers. Flowers are very clear in their vibratory rate. So the choice of colors in the rooms, on the houses, on the clothing, what you look at, what you think about, is very important.

Do people know what a good color is for them just by being attracted to it?

Not necessarily. If one is attracted to color it may mean they are very comfortable, which means they may stay in that color forever, whether it is yellow, or purple, or green. But if they are very uncomfortable with a color, that's the color that they need to pay attention to. Because that means that the vibratory rate of that color, for some reason, disturbs them. So they are not able to be at ease with that frequency. Let's take red for instance. It is the color of blood, is the color of life, and *go – not stop*. So think about that for a moment. The red is the vital force which is also part of the security and insecurity code in the body. So if there's too much energy, too much

vibration, one that is sensitive can get knocked off balance if they can not let that vibration go right through them or right round them. If they take too much of it in, it can be very destructive internally. So to become at ease with the color red would mean that someone might have to work with pink for a moment and let it get more and more red. And the more touchy place for here is red and red-orange, because here we're talking about emotionality and sexuality. These are very touchy places in the world you live in. People are getting comfortable with these colors so that they are neither stimulating nor are they negating. These things are important.

On the other hand, if someone likes red, what does that mean?

If they just like it or they wear red all the time, it may mean a lot of things. It may mean that their energy field really needs this colors' support. Or it may mean that all the time they are living in a state of passion, and this is also out of balance.

Angels

How would you explain what angels are?

Angels are a conglomeration of the feeling body that has motion, has the ability to move about. Just like your emotions move through, the angels move through. But an emotion can make a creation. If you feel strongly enough about something, you create it. So the angels are from a level of understanding, more bound by duty to compassion and love and the higher vibratory feelings in emotions than the lower vibratory ones.

What is the purpose of angels?

A support system. You have the ability to call upon multitudes of angels – *multitudes*. It's like there is so much energy available, and there is so much abundance available.

Have angels ever incarnated?

They don't take on their own body. They may lend themselves over. There's no need. If we talk about Archangels, they are not incarnation. They manifest in certain ways, through certain activities, through people, but not by themselves.

Would you say that they don't use free will because they are so close to God's Will?

They don't need it, because they are in perfect service, and therefore it *is* God's will.

Do we each have a guardian angel?

[poking fun] Yes, just one. Sits on a particular shoulder. The life stream upon which you are emanating at this point in time has its own frequency, and the stream has a color to it. And in that color and frequency is a biomagnetic electric field where the emanation of what is called an angel comes from. So yes, you are always connected to your own biomagnetic electric stream. Emanations that are of the purist part of that stream are what we would call angel. That means that there is a part of you that is continually aligned with your highest possibility. The angel's frequency is an emanation of the feelings, the perfect feelings from God. We are not talking about love or hate, but the vibration of the feeling of when you know truth, compassion and total freedom, a feeling sense of what that is about.

Dolphins and whales

Why are dolphins so special?

Dolphins are a vibrational pattern of perfection. They have the ability to move through time and space. They have the ability to materialize and dematerialize. They have a material body that is a very loving aspect of the self. They have great wisdom and great knowledge. They are also not of this dimension. They are about eleventh or twelfth dimension beings that have decided that they will have this experience, and they will love and bring higher frequency. This energy, the dolphins, come forth straight from the God Center of the heart, and what they are doing is giving unconditional love and the reminders.

It seems that they have healing abilities.

Yes, they do. They have a higher frequency and can cut through. They have lasering abilities. It is difficult to explain. If you were to take a light as you know it and split it into six different directions, that is how they do their work. They split the light beams in the aura and in the third eye in a way that demagnetizes negativity. That's why they can heal. Negativity is magnetized to certain beings to a certain degree. They can split it.

There have been experiments with birthing babies in pools with dolphins and they come out with advanced abilities. What is happening there?

These children recognize that they are in a friendly environment, and their thought potential is realized earlier. The dolphins serve as an opening in the doorway into this reality of protection, but also in frequency. It is a little better than the frequency of a delivery room, yes? The dolphins come from a placement of realization, and anything in their presence becomes realized of love, or helped along to the degree that they are able to carry out realization. [Realization, from how I understand it, means the same as filled with the Christ consciousness, or enlightened.]

Are there other creatures that have healing abilities?

Whales. They are greater beings than dolphins. They carry energy of all the world. They are the ultimate of mother energy, the concept of the Great Void, the concept of creation. They carry great intelligence and great love. The other beings that carry energy are fireflies and butterflies.

Does a dolphin have a group soul?

No, they are not animals, they are mammals. You have to look at what you think about the soul. The soul seems as though it is an individual aspect of God that has broken away, but what it is really is a frequency. They are part of a creation that is like explosive energy. We are not talking about being born like a soul, incorporating into the body and keep manifesting, keep manifesting. We are talking about a bursting of energy away from the center core. The dolphin soul would be different because it would, yes, be a breaking away from God, and yes, individual, but more *alike* in its way of wanting to represent itself in this reality. So dolphins are much more alike to each other than humans are to each other. The human has a desire to be so different, be so separate, to be so moving about, to have so many different experiences. Dolphins do not need so many different experiences to find joy. They already have a lot of joy. They have a lot of personality that comes forth on the planet of earth, but they are not personalities. They are *very serious* energy forms. They look playful from the outer, but it is through play that the new structure of life comes forward.

Do dolphins actually seek to be involved with humans?

Oh yes. They are sent to be of benefit. They are not in the kind of body where they can interfere, but they do send messages. So if you are open to message, the message is good.

What about the places that have dolphins in captivity?

There are those beings that are working with dolphin that are not competent, and then there are those that are working with them that are very loving, and dolphins know the difference. They know the difference of the energy. They can make friends with people personally, but as a group they are more estranged from humankind than they were in the past.

Because of our destruction of the ocean and of them?

Yes. The vibration. They do not want to come in and change the vibration *for* man because man has made some ridiculous decisions for themselves. They want to come in and be aligned. They like to play, they are highly intelligent, and they know exactly what they are doing.

When we went to see the dolphins in Florida they pressed up against the glass, staying with us.

Like attracts like. You love them, they can love you back. Is very simple. The dolphins hold energy in this area and complete a spiral of energy that is necessary for the elevation of consciousness. These dolphins are really no different than any other dolphins, you understand, and we say it is going to change, because the vortex [in this area] is going to have to be energized in another way. The dolphins, because they have not so much ego, they are just present. They are awake and aware to what it is that mankind needs. These particular dolphins are capable of sharing their healing qualities with other little ones. So that is why they have been chosen to move. It is not going to be all of the Dolphins that move from the place, but is going to be this particular group of dolphins. So it is going to change the energy, because they are going to be a very compatible pod that know what they are doing. It is a matter of concentrated consciousness. If the little ones in the human form [at the dolphin tank] can make concentrated working-together type of consciousness like the dolphins can make, this is beautiful. This is what the dolphins would like to have happen.

So there is some healing going on the area by dolphins?

There is also a concentration of dolphins off the coast in this area [Flagler Beach and Beverly Beach, Florida], and these can be called on to help with the work of running the magnetic lines of earth with the whales in order to keep the patterns of the memory stable. The energy is going to change without them in the tank. We see that they are going to replace these dolphins with a smaller group and hopefully moving into a greater awareness of what dolphin energy is truly here for on the planet.

Would it be possible to change this by getting people with a higher awareness to be with them?

It would be lovely, but it has been trying to manifest for a really long period of time, this particular idea that you are having. But the *ideal* consciousness is not available. Therefore it is time for those particular dolphins to move on, so that they can also fulfill the path that they are meant to fulfill.

So they were here to work that energy, or even as an experiment to see if the energy could open fully?

Yes, but is not working to the greatest degree.

Animal souls

What about cats?

Cats – they are very interesting. Some people think they are extraterrestrials. They move themselves through dimensions and they see a lot of different

colors everywhere. But we say to you, no, they are a magnetization of energy that neutralizes negativity – *neutralizes* it. Does not necessarily mean that it heals it.

Sometimes my cat is looking off into space. What is it looking at?

Mostly they are not in the exterior, they are interior.

Just spacing out, so to speak?

Yes. Like high meditation.

Do animals ever incarnate as something other than an animal?

Depends on how you are looking at it. Animals have certain things they are learning, however, it is what they can do that is the most important vibration. Each animal has its own vibrational pattern, not a brain. Only humans talk about brain and be in the brain – do you understand? Animals have to have a vibration, a way of being in relationship to nature. Now turtle, for instance, has an energy that is very watery. He has a heavy-duty house and he feels the energy of the earth. It is not learning anything in the brain. It's feeling the energy of the earth. That's why so many people think when they see a turtle in danger, they know and perceive that as part of the true essence of Mother Nature [being endangered]. A turtle has "feeling good" energy.

Do they ever cross – as if the soul of one species evolves to a different type?

Yes, you can elevate. Yes, it can move. Usually the soul quality is one that is a group soul activity. Not that a turtle has a group of souls inside of it, but when turtle's born, there's a lot of turtles in a group. And so it is a part of a radiation of a greater understanding. Not only that, it is a persistence of loving energy upon the planet that stabilizes a lot of activity that is going on. Most of your animal life stabilizes the habitat. It's service. Animals are in service, yes?

Do animals, like our pets, take on illness that their caretakers have to help to heal the owners?

Oh, yes. They very often take on illness. Save their masters a lot of pain and suffering. A lot of times it is very much an absorption of negativity, not through understanding, but through love. Therefore it can materialize a cancer in the abdomen, for example. Is not necessarily a physical aspect of the dog's life or the cat's life, but much more a vibratory resonance with the life force of the master. Some animals that have come over and over upon the planet with the same being, they are in service. Now many times a Yogi that has disciples, and he can take on the illness of a disciple because they are doing well and they need to live a longer life to learn the lessons here.

So mainly there has to be a relationship between the animal and the person for a healing interaction to take place?

Yes.

Where do animals go when they die – same place as us?

When there is a lifting of the spirit, if the animal is domesticated, it does not go very far, because it still stays in the fourth dimension with the owner, hanging out and being there. That's why there is so much of the greetings happening when they talk about people passing over. They see this tunnel (this is still a physicality, before you get to be in the light totally). They most often stay in this area and are not taken forward. So it is important that when a small animal is on the planet, that it needs the help of the spirit, the human, or the Ascended Master, so that there is a lifting of this into the light and it can dissipate back into the energy that it once was.

It dissipates back because it is a group soul?

Yes.

So it doesn't really retain its individuality, or remembers?

Yes, this is true.

But you said that there is a relationship that exists between an owner and their pet over a series of incarnations, how does the animal still remember that?

It is a frequency that is magnetized.

So it dissipates and then is pulled out again?

Well, it never really goes anywhere. Just sitting there, hanging out, so to speak.

They have no self-conscious awareness?

They have self-conscious awareness, but no *intention* awareness.

So owners do meet their pets on the other side.

Oh yes, all the time. It is a very important part. Because in the animal kingdom there is compassion, and the way that the human deals with the animal is taken strictly into the account of how their compassion is on the planet.

Is there communication with each other, do they understand each other?

It is the perfect communication.

The new children

I have heard of a new type of children being born at this time known by many names, such as the Indigo Children or Blue Ray children. Can you tell me about them?

Each one is evolving, and to make it sound as if there is something totally different and totally separate about the children that are coming in is not how it really is. How about, just a vibratory rate that has gotten to where it is. It is not as though they have come from another planet to inhabit the earth. It is as though they have a vibration and their vibration is higher. Their etheric field, the small etheric field around the edge of the body – which is blue, for the most part – is evident. This makes a cast in the skin, but is not going to be blatant. They are not going to stick right out and you say, *oh, there goes a blue person*. These souls are just now coming to the earth so that there can be an awakening and an assistance. They are moving in the energy of creating higher consciousness in the masses. They are coming right now because there is *absolute need* for this planet you inhabit now in your body to move to an alignment. It would be almost as if a “click” needed to happen. They are younger than most of the people – younger than what you call “baby boomers,” yes? They are much younger, but their vibratory rate is higher. They have a greater understanding of the will and how to use their will in a way that is in accord with compassion, love and truth. Does not have to be learned through the school of hard knocks, so to speak. Indigo children are the ones that are of a different root race. They will be the parents and the grandparents of the children to come.

Are there any particular things that Indigo children need to help them grow, like certain types of supplements?

These types of children need more homeopathic kinds of supplements, if any. Start with chamomile as an herbal supplement, but find a homeopathic practitioner and work with them on homeopathic treatment. Many Indigo children are diagnosed as ADHD. Mainly what they need is more purity, as they are extremely sensitive to chemicals and pollutants. Some of them have bodies that are intolerant of the general foodstuffs, electromagnetic frequencies and all the general commotion that goes on in your physical world, so it is a combination of factors.

Reincarnation

Is it pretty much standard procedure to experience different races, cultures and sexes while incarnating?

Oh yes. That’s how the little ones get older and wiser. There is also a wholeness about that. It is like a full meal. You need to experience all of it to feel satisfied in the end. This helps them to have compassion for those that are going through what is being shown to them.

How long does it take on average between incarnations?

It depends. Now when you look at Tsunami children [from the disaster in the Pacific from 2004], it is going to be very quickly. Some of them have already reincarnated. There are many children who are reincarnating very quickly because they have love and they have only lived a short time before. They still know love and they are not battered by the realizations of humanity, so to speak.

How many incarnations do we have to do to become realized and not have to come back?

It depends on the consciousness at the moment how much you can absorb. There are so many levels of soul on the planet. Right now there are five levels of soul on the planet at varying levels of understanding. Human souls have different vibrations according to what it is they are learning. The human was given so much time to learn but they get caught, they get lost in the experience of life. There are many humans that have incarnated hundreds of times, thousands of times and millions of times. That million times is very rare. It has to do with triple tracking, so to speak, where they are living more than one reality at a time. For the normal human consciousness, we say that each one was prepared to keep coming and to reincarnate for fourteen thousand years – that's a lot of years for people to keep coming back and back. But over time, this has changed and shifted so much. It has been so much longer and the little ones are still not growing, still not finished. There is the density of the ego and the density of the mind that has increased so much so that the pleasure-seeking became so much more a part of the life than anything else. That's how materialism got to where it is. It is about getting more, or more better, rather than really loving and accepting what is. It's not bad – it's part of an evolutionary process. You can evolve and still have your heart involved, but that has not happened. That is why the push is on now. We say: all right, begin to understand who you really are. Stop seeking outside of yourself for these pleasures. If you want that pleasure, find it inside yourself and materialize it on the planet. Take responsibility for it and stop wanting to momentarily possess what it is you see on the outside because you believe it will make you feel better.

Do we tend to look the same from lifetime to lifetime?

There is that tendency, especially in the latest grouping of incarnations. Also one comes back in the same gender a little bit more than in the last set of incarnations. There is much to be gained by having the last life cycle be very close on the heels of the next one and still have soul body memory of that frequency. It is more conducive to the ascension process to repeat an incarnation in the same body type because there is a wisdom and a strong memory of what it was like the last time, so it gives a stronger foothold on the next incarnation. When one looks the same, there are those energies that

are carried forth. Sometimes the karmic pattern intensifies and gets deeper instead of easier. When the karmic pattern has densified what has happened is that physicality will take on a more dense form than it did the *last* incarnation in order to clear away the karmic pattern. And dense doesn't have to be thick-skinned. It could be in the look of the eyes, the hair, the way things are compacted, as if it is not so easy to be fluid on the earth plane as if they were light of being.

What about being the same gender?

The only thing that causes the quick flip over of gender is sexuality issues, and we can see a lot of that now with the lesbian, homosexual, heterosexual tendencies coming far forward. There are those who believe that the ascension process is more difficult when you have chosen to work with those issues of that type of sexuality, because sexuality is such a basic part of becoming androgynous; accepting both sexes as equal.

You have talked about parallel lives, how the soul has simultaneous existences. Can you explain that a little?

We talk about a wagon wheel hub. Each life stream is a spoke of the wheel. If you are in the center, you cannot look in all directions at once. Every line that comes out of the hub can only see to either side of itself. So the focus is on that particular stream of life, but they are all still coming from the hub. This reality that you are focusing on in the physical body is the most important, and the one that you can get the most activity and understanding from. It's like a kaleidoscope, one chip that falls into place is mirrored all the way around the circle appearing to be more than one, or appearing to be all the same, but there is only one chip of glass in the bottom that is making the whole picture. Shift it just a little bit and the shape and the meaning of the chip of glass changes as it radiates around in a circle.

Have people been diagnosed with mental problems when they are too conscious of these other parallel streams of themselves?

Yes. Schizophrenia is a very good example of that.

When we heal ourselves, don't we heal all our other selves that are working?

Oh yes. Not only your own selves, but also your ancestors and your children, born and unborn. Keep remembering that life is a stream, it is not an entity. The physical appearance is the shadowing effect of the entity – but is it really?

Homosexuals and lesbians

Is homosexuality or lesbianism a soul choice or a genetic predisposition?

Soul choice – yes, we say. Genetic predisposition – yes, we say. It comes from a vibration that is set from the soul choice. Genetics come from soul choice.

Why would someone want to incarnate as this type of person when there are such problems in our societies acceptance of this?

Is not a problem, it's an experiment. Everything looks much more simple before the incarnation. They take a look like in a movie and say, *I can handle that. That's going to be all right.* And then they forget that they are not going to be as wise as they are out of the body, and they will be stumbling through some of their own immaturity and their own discoveries all by themselves. So it is the learning lessons, and it is the continuance and perseverance to be loving and self-accepting that is the area these energies are learning most of their lessons. Not righteousness – loving self-acceptance.

Why is there such hatred and extreme prejudice against them?

Fear. A lot of fear. Anything that is not of the norm, anything that does not appear socially acceptable, people are fearful of that, because they do not want themselves to be ostracized. They also do not want to feel as though they are not in control of their every decision, yes? So they are taught from childhood on that there is only one match-up, it is one male and one female, A and B, one and two. But there are variables in Creation, and all these variables in Creation leave a lot of space for love.

Suicide

What is the spiritual law regarding suicide for all of us?

Well, we're going to say that most of the laws have been created in religion. The law of Spirit is happiness in the life, fulfillment in the life, growth into fulfillment.

But if someone cuts their life short before they have experienced what they were supposed to . . .

Then they have gone as far as they can go, because they can not tolerate any more seeking the light or seeking happiness, or seeking fulfillment in the body.

And this does not affect them after passing over?

It affects the lessons they will learn because of the choices they have made. Maybe they got sick somehow, or they got into a situation somehow. It's not about the end. It's about the traveling or the journey beforehand; the decisions made beforehand.

So there is no particular judgment on suicide?

We don't make judgment on suicide. I am on the Karmic Board, and I have to place people in a better situation, not punish them because they could not learn. I am to place people in a better situation so they can learn the lessons that they were overwhelmed by. You have heard that God does not hand one more than they can handle, and so we have to question that when little one decides that they will take their own life or find a way to be out of the body. This is the consequence to be paid for incarnating and misunderstanding the Law of Spirit, the Law of Wisdom, the Law of Expression, the Law of Manifestation. But it is only a misunderstanding.

The moon, the new sun and the missing planet

What is the purpose of the moon?

The moon is a group of elemental molecules that have been together for a very long time. They congregate in the universe as a marginal, magnetic movement of energy that is on the perimeter of the vibrational field of the earth, where it is that the intensity of water and earth are the greatest. So the moon goes out to your emotional field – the emotional field of the whole earth. The moon is making a “donation” to your universe. As a grouping of itself it is as a stopping point, if you will, of energy so that it can not keep moving out through the universe at the rate that it would if the moon was not there. With the moon there, it sends back to you certain light vibrations which increase the availability of the human being to themselves and to their soul. Moon and the soul are in conjunction.

Was there a planet that blew up and now travels in the asteroid belt?

There are always planets that are coming together and they are blowing up, but it is the reason they blow up that is more interesting. There was a physical planet. They did not blow it up. It was a combination of their abilities through their creativity. They did not blow it up or say, *I'm going to blow up the planet*. Is just a misuse of power making a disintegration. It is moving through this solar system in pieces, because it is out of the frame of context. Is no longer necessary.

Were they physical beings like us?

Ehh, physical beings sort of like you, but of a denser reality. You say to yourself, *this is not so good, I don't like this reality* – they like the reality.

I have heard that we will have two suns in the sky in the future, is this true?

Depends on what you call “near future.” You will not be around to see it. So, in the near future there are other little light radiances, but it is not going to be the same size as your sun is now. It will be about one-eighth the size of the

sun that you have now. It is of no consequence, because it is going to be out-shown, so to speak, and not very noticeable. Is this going to be important astrologically? Yes! Because it's also going to indicate that there is greater strength in the awareness of the light beings and an awareness of higher vibration of creativity.

Mars life

Are the fossils they found in the rock things that existed on Mars?

Oh, yes. But let us tell you what this is. Let us tell you what exists on Mars. Beyond the value of a planet that has gone cold, there are minerals and the aspects of chemistry that can be measured on the chemical charts that you know in the world, but there also are leftover energies. There are revolving energies; energies that come and go; energies that retreat to Mars. Why would anyone want to retreat to Mars? Because it has the effect of building energy. It has the effect of restoring energy. Mars is a restoring energy. This is necessary to balance out the reality that the earth children are working on at this particular time.

Was there physical life on Mars at one point, as indicated by these fossils?

Oh, Yes. It's just gone cold. There was a highly intelligent civilized set of beings on the planet of Mars. Now there are only the remnants, which means the intelligence is still there. So when we talk about a place like Mars, there have been all kinds of beings in the universe that want to use this place as a *way station*. So in the past, it has been a very Divine way station. It has been a place where many creatures and many characters would be born and live a physical life, not so much looking like they look like now on the planet of earth, but physical life. It is not better or worse. It is just parallel. This gets very *broad* in the understanding of this concept. There are so many physical amoeba-type situations, so many physical human beings; still so much creative activity.

How does a planet just go cold? Did it happen all at once?

Mars was very hot, like the sun, at some point. What makes things go cold is withdrawal of energy – like a soul from a body. And when it is time, and the universe is shifting, the energy becomes withdrawn. It happened over a period of time.

People are very interested in this because they see this as a possibility that earth was seeded by Mars, that we are related.

Of course you are related! We say, *yes*, there were spaceships and manifestation of engineering. And *yes*, ones come, and they make part of what it is on the earth. They draw energy out of the ocean and many other

things, because they are not of a completely high-vibrational setting. They are not like an Ascended Master, not like the beings that have done a lot of work that are coming back and are in service to all forms of life. Not like Buddha. It is another strain of life. Useful, yes, in its own way, but not necessarily part of the human relationship.

People on earth are feeling alone, I think.

So they keep looking for another physical cloak of reality. It's like going and touching the next human being. Are they still alone? Sure, because there is a margin where the hand touches and where the next person begins.

Did Mars have an atmosphere at one time?

Oh, yes. Very much like atmosphere of earth.

Did the beings that were there build the structures that we see on Mars?

No. That was in collaboration. They gave permission, just as in Egypt permission was given for huge structures to be built, so to speak. Because it is a mating of energy of the planet of earth with the rest of the universe.

What causes the canals on Mars?

It is energy still moving from the center of the planet just like it is here. The life force is still moving. It's in canals because they are just like meridians. It is not water or molten lava, but a movement of that earth quality. It would be a lot like quicksand.

Some earth history revisited

Who was the first culture to reach the Atlantic coast of America after Atlantis went down?

They have dark skin, very dark skin, but they do not come off the coast of present Africa. Atlantis was also there in Africa, as well as the east coast of America. They come from an area at the edge of the Indian Ocean. They are of Indian origin. They would look like Mayan, if you like.

Were these the forerunners of the Phoenicians?

Phoenicians are a funny brand. They have a whole bunch of different aspects to themselves. People think that they are a pure race, but they are not. They had many interactions with the area above Soviet Union. They have a lot of mystical teachings, they are capable of many great things and are able to move forward in their life. Their way of creating on the planet of earth was not necessarily so much artistic as it was engineering.

Did the Phoenicians eventually make it here?

Only to the northern parts. Never to the southern parts. Therefore, they do not survive well. North America has a great deal of artifacts that come from the time when the arctic was not where it is now. There was a lot of movement of the little ones, back and forth where they come and go. There are so many civilizations, one on top of the other. If you look at the Mayan or Aztec, even the Grecian, they have the same type of ambiance about themselves.

What happened to the dinosaurs? Were they exterminated by a meteor that crashed into the Gulf of Mexico?

Yes, they were. There were several meteorites and asteroids that hit the planet, and they knock it out of what is considered to be the alignment. They also knock it into a sense of configuration that works better. There is no need for this to happen, except when there is an attraction. This attraction was long ago before there was a settling of people, as you know them. The dinosaurs themselves are part of a blip in time, which is called prehistoric time, where it is that there were great plans going on outside of this planet for this planet. Never forget that there are always more advanced civilizations than there are on the planet of earth. So they can make like computer game, and put something there. So we say that God was not totally responsible for putting the dinosaur on the planet of earth. *How useful is a dinosaur?* Why would God put dinosaur on the planet of earth? What is that about? That is about a large personification of moving energy and physical reality. Use your imagination and realize that the planet of earth could become a playground for someone's imagination to place things and look at, like a zoo. It is very interesting, but there are no places where the dinosaur and the man would live in the same place. It was not coming together very beautifully.

Did the dinosaurs live at the same time of humans for any length of time?

In a particular area of the planet, yes. There was one area in the South Americas. This was where human beings who were needing to learn survival lived, ones needing to learn fitness of the physical body, to be worthy of a physical body that has a great brain; like an earned status.

The Mayans and 2012

What happened to the Mayans? It seems like they just disappeared.

They did not disappear. There are still descendants of the Mayans today. A lot of them went into deep inner caves, did a lot of meditation, did a lot of contemplation. They did not marry, and so this dissipates this race of people. A lot of them were killed because there were great uprisings. There was a great sense of depravation, feeling as though they needed not to be on the

planet anymore. So there is a lot of self-destruction that went on in that group. They did a lot of carving each other with knives.

Tell me about them.

Their vibration is very subtle. They are not harsh human beings, they are subtle. This race of people are a people that are attuned to higher vibration – not necessarily *finer* vibration, but higher vibration. Therefore there are those of the Mayan people that are very well-attuned, very highly refined, and those will be able to meditate deeply to contact the beings that are not in a body any more, that are still guiding that race of people to vibratorily assist humankind at this time. There are very thick brains in humankind at this time. They are not attuned to nature for the most part. They are tuned to the television, tuned to the laptop. They are not attuned to nature and the cycles of nature. The Mayans, they were.

What culture or people were the Mayans descended from? Where are their roots?

We can say that Mu is better formulation for them. [This would be Lemuria or Pacifica, whatever name you want to attach to the ancient lands in the Pacific.]

Where did they get their knowledge of time and prophecy?

It was retained in the heart and in the soul. It was not written down at that time. Therefore, there was a calibration inside of the Great Ones, and it was a lot of passing of the words through the mouth in that group of people. A lot of the women were very, very easily attuned to energies beyond the body, beyond space and time information, and they believed in that. They believed more in that than they did in their physical reality. So it is not a challenge for them to get gold. Gold was just a representation of what it is that they already knew in their hearts and minds to be a reflection of the true self, of the true nature.

Was this knowledge passed to them through the earliest beginnings, through Mu?

Yes, but also from beyond the planet. Great Ones, do you understand? Great Ones visiting and re-visiting. A great amount of attunement with beings that have come in from out of space.

You mean ETs came down and instilled them with knowledge?

Oh yes. They gave them lots of information, but they also were derivatives of these people, some of them.

There was mating going on between them?

Oh yes. It was a vibrational combination of body, mind and Spirit through light at that particular point in time. Mayans have higher vibrational body. Not necessarily *finer* vibrational body – *higher*.

Who was Quetzalcoatl?

This is an energy that was partially from the planet of earth and was given great power by the beings that worshiped him. But he was also very grounded – solid in the ground. We're not talking about a human being now, we're talking about a being of light that carried great qualities and great materialistic energies that were giving information to the planet of earth. So he was a projection of light beings on to this earth from beyond the solar system; a manifestation of the Christ. Not saying it was Jesus. Jesus is a manifestation of the Christ, Buddha is a manifestation of the Christ; Quetzalcoatl, too.

He said he would come back.

A projection of light beings can show up any place, any time, but it was not the right time, the right place. And so there needs to be a resting of this energy at this particular time.

What about 2012, when the Mayan calendar ends?

We say there is a cutoff in 2012. So it is that the vibratory rate of the whole universe is possibly going to stand still – to reverse itself in many, many ways. It is almost like suspended animation. But you can do that, too. You just breathe in and notice the stop in between the breathing out. This can be meditation as well. This is suspended animation on the level of the breath. Also, there are times when the heart is in-between beats. There are many moments where everything comes to stillness, and that is pure meditation, that is pure love, pure light. Suspended animation is where all things have amazing ability to either be reversed, enhanced, charged or undone.

There is much conjecture as to what will happen.

We can not tell you exactly, but from our viewpoint, as we watch the magnetic field of the earth – because that's where this Mayan prophecy was prophesized – that there would be as though the energy field of the planet of earth would become electrified. So on some level you say, *will everything become electrocuted?* Everything becomes more *charged*. Now after the charge comes, is everyone going to be more depleted or more energized? That is going to depend on the status of their being before the charging time comes.

ENERGIES AROUND US

A sea of cosmic currents



Feng Shui

Is it true that Feng Shui can actually improve your life or your health?

Yes, with the understanding that nothing can help you unless you understand it. It is a matter of working with the energy. When you feng shui something, it is because you take an active role with helping it to become high vibration with a better flow of energy. And there are certain patterns that have been worked with long enough so that it has a frequency where it absolutely happens for some people in some places. When you feng shui something from the point of view of today in this culture, it's like: *Oh yes, I'm doing this so that things will be better.* And things will be better, because that's what you want, that's what you're waiting for. It's not going to make things worse.

So part of it is our own manifestation of it, and part is the movement of the energy through the house?

Yes. You become more awake, more aware. Because you already feel as though you have created something, and now you keep on creating.

Sedona energy

Why does Sedona, Arizona have such a great many energetic sites?

There is a magnetic pattern, but there are also acupuncture lines that come from the core. The core of the earth is in vibratory alignment with the stars. You don't say Chicago is in alignment with Pleiades. It is the center of the earth which would be in alignment with Pleiades. There are three major acupuncture points. One is aligned to Pleiades, one to Orion, and one is aligned to Sirius.

Do these correspond with the vortex sites that are there?

Yes.

Tell me about them. I believe there are five major sites.

Airport Rock has a strong kind of energy where it is that is pulls people down into their body to this energy. And we say to you, that this is in alignment with the center of the earth. So it is important place to be. Boynton Canyon also is aligned to the center of the earth and to Sirius. Cathedral Rock is alignment to Pleiades. Bell Rock is alignment to Sirius. And there are many other rock formations that are in deep alignment with all of those. So it makes a pattern of energy where it is that you almost can not escape it there. You are locked in this high vibrational pull, and you can make use of it or not.

I went to Bell Rock and sat there for a while until my throat felt like it was closing up – what was happening?

Bell Rock is very grounding. It's also an energy of magnetics that are – we're going to say, severe grounding energy. So if one is not willing to just surrender, then you feel the pull.

So I had resistance?

Yes.

What do you know about the unseen beings said to inhabit this area called, the “rock people,” or the Wapeka?

We see them as a mental fabrication. Not necessarily bound by earth, like a gnome running around. A little fear wrapped up in those energetics. It's a fear-based, mental projection. The person who is experiencing this is having fear of where they are and feeling threatened, so then there is a mental projection of an elemental.

And when many people experience this fear, it takes on a particular form?

Yes. Conglomeration.

New energy centers

Can you tell me about any new spiritual energy centers in the United States?

We say St. Germain is in charge of that. He has dictated to the little ones what it is that the new teaching will be, and that there needs to be places where people will congregate in order to feel protected, not so much in a physical way but in a spiritual way. Therefore there are great energy cones that are being created by the belief system and by those Lords and Masters –

the Lord Maitreya is one of them – to put some hefty places inside so that the little ones will have a place to move to, so that they can collect in like-mind. But they are not so much high-energy areas without the belief system being put in place. Needs to have a collection of certain people and then they will be drawn to those areas. Different people will be attracted to different places, and they themselves will create the vortex of energy. Remember, we tell you that the consciousness is being created all the time by the people, and it begins in each and every one.

Will these centers be places where the Ascended Masters can materialize and teach?

Yes. We say that this is a good possibility.

Planetary energy

Do the planets' energies actually have an influence on human affairs?

Yes, absolutely. There is no question about it. It has to do with the rise and fall of the energies, like the moon creating the tide. It is a pull and a thrust and a transformational movement. It is as though the planets have their own meditation going on. With the moon it is very easy to see that, because there is a more carrying of water, more fluid, more filling in the full moon. This in itself makes every cell full and therefore every vibration has the potential to be more full, more moving. You as astrologer know that there are certain planets that have certain energies that they have been assigned by the head, but they are really all energies that make a sort of pulling movement, reshaping of what is in the energy. You can actually think of it as something square being changed into something like a pentagon, made in to a hexagon, made in to a longitudinal movement. All these things happen with the energy.

Can you tell me more about how we react to certain planets' energy?

There is a frequency that emanates between the person and the planet. For instance, Mercury is a type of power that is symbolically and physically present in the heavens and sends a vibratory rate into the energy field of the earth. And no matter where the person is on the earth, they will feel the way that Mercury moves in its own pattern and its own frequency. It is a very subtle vibration, but nevertheless, very strong. People don't really understand that the subtle vibrations are the strong ones. It's like homeopathy. If people understood that and didn't poo-poo it, they would have more information with which to live their lives and it would allow their life events to unfold in a way that would be more useful to them, be of more service to them.

Mercury retrograde: is this really a time when you should not be going forward so much and just be relaxing and taking care of old business?

Think in terms of if you are inside the motor of a car and you have a belt going from fan to alternator, back and forth. So when it is all going in one direction it is very happy. But when something begins to shift and it needs to go in the other direction, there is a type of pulling in the opposite direction. It will have to shift and change its angulation, which is like what happens inside the person. The person's geometric pattern inside must shift when something like a mercury retrograde comes. When this is happening, it is pushing and pulling on certain subtle frequencies involving the body/mind/spirit. So yes, it is best to stop rather than to crunch and grind through the gears. Energetically, when mercury goes retrograde, it is in alignment with several other solar systems, and that is what does that. Keep in mind that mercury needs to do that because it is actually an oscillating factor for this whole solar system. So when it is doing that, it is stirring up and changing *every* planet.

Would you say that the planets in our system sort of congregate together because of their compatibility?

They do, because it is the vibration that is comfortable. Like attracts like and there are also repulsions. It happens on all levels of the physical body, the physical mind, the ego. It is attraction, repulsion, attraction, repulsion. Status quo is nice, but it doesn't make for much change. You need just a little bit of "this" and a little bit of "that." Everything is seeking compatibility. And when something is moving less or more than where compatibility is, it makes emotion.

How do sunspots affect us?

The electromagnetic field of the sunspot intensifies the energy. Sunspots can make a diffusion of your energy and a disruption of a pattern of energy, a confusion kind of energy. Sunspot takes the energy of the sun and instead of coming directly down in the form of white light, it takes it and it bounces it around into a different vibration.

Solar and lunar eclipses

There was a partial solar eclipse on Christmas day this year [2000]. What is the significance of this?

It is an indication of what is happening on the planet. There is always a transition of energy during the eclipse. What that does is, it either lessens or hastens particular events coming along with that. So we say this particular eclipse is helping to bring awareness to the solar system and to say that things are escalating. There is no doubt about that – things are escalating. It brings more energy to all the experiences that are going on. Christmas day is a point in time where the little ones are no longer exhibiting Christmas as a thought of Christ being born in the heart. They think of it very

materialistically, right? And so the reason and the message and the love is being eclipsed.

Does the lunar eclipse reduce the power of the moon?

Yes, it does for a period of time. And it also strengthens the darkness, understand? Some people feel this mystery of the lunar eclipse is more effective than the solar eclipse.

So would this make people more connected to their darker sides or to their feelings?

Yes. Makes it more available in the world of manifestation. The energy of the void is more activated. Less attracted, but more activated. It triggers the dark part of self and it appears.

Extremely Low Frequency

ELF frequency – what does that do to us?

[ELF stands for Extremely Low Frequency. Generally, this is the energy emitted from our household current, commonly called sixty-cycle hum, although it includes lower frequencies, too.] When we look upon ELF frequency, what we notice is that it turns the energy of the human back on to itself. So is that useful? Well, it can be, if the little one is aware of what is happening. Is it harmful? Well, yes, if the little one is feeling a lot of negativity and a lot of disruption, it intensifies that as well. So there is intensification and a turning back of the human energy field back upon the human. Usually the human energy field goes out, out, out. When you have this frequency, it makes it tumble back on the human, and not necessarily so evenly. It's like, two steps ahead, one step back, two steps ahead, one step back. And energetically, that's disruptive. Because the little one is not able to make any kind of momentum in their life. It disrupts the momentum. With all the energies out there – radio, telephone, television, all kinds of energy – there is a need to make the energy field smooth, like glass, to be able to just cruise through life and bring the energy through, with permission only to take in what it is that is appropriate.

Music

Can you explain about how certain kinds of music affect the physical and astral body?

Each organ of the body has its own tone and it has its own frequency, and the body also works in a harmonious way through the chakras. It moves in a musical pattern through the body in harmony, so to speak. And when the music is out of harmony with the tonation of each of the organs, or becomes a half-note – half-resonance – it does in fact affect the vibration of the organ.

So when it is that there is a resonance with a particular kind of music, it is because there is a particular creative part of self caught up in that. Creative part of self is not all of self for the most part, it is part of self. Many people can not stand a particular type of music because it is not resonant with what is trying to come into form for them. That's not either good or bad.

Is there something about rock music itself, or certain kinds of music, that is detrimental to the self?

Yes, because of the heart chakra, because of the beat of the heart. There is a certain beat to the earth and there is a respect for that, because the earth is connected to the heart. That's why the Native American music is *so* resonant, *so* respectful. If there is anything that is discordant to the resonance of the heart, it sends the energy back in on itself. The heart chakra is designed to be open, not to have the energy go back in on itself. That is an abusive pounding of self. Any variation that takes the heart in another direction is okay for short periods of time. Long-term exposure is very detrimental. [At this point, I am using my voice with her to get an idea of which beats are more discordant. It is hard to explain in words, but from what I got, anything that is like a heartbeat – that, “lub dub, lub dub” – is good. The more complex it gets, the more discordant, as in, “lub da dub, da da dub, lub da dub.” I know the reader is probably laughing right now, but I hope I have gotten across the idea.]

Is there something about the loudness or the strength of the beat?

It can be all of that, because that comes into interaction with the vibratory field of the human, so people can stand it to certain degree. If it is not too loud it does not bother them. But when it gets louder and louder and louder, it becomes a bombardment.

What happens to the etheric body when a person is constantly in the vibration of those big speakers in their cars putting out that really deep, loud bass. I can even hear it and feel it outside of some people's cars.

The etheric body is being bombarded by vibrations that are very bass – and this is the word here – this is a very bass, or gross, experience, drawing the consciousness down and in, down and in, and not giving permission to free one's consciousness up. There are many things that keep people within a frequency – microwave is a good example, or television – to keep people's attention in a particular place, because they are resonating with it and there is no impetus to change that. There is no way that there can come any wisdom to be assimilated or introduced that says that *hey, this is not such a good idea*. And the ego has gotten very much stronger over incarnations, so that the person believes that they are the beginning and the end of the experience.

So everyone needs to be aware of what music is right for them?

Aware of what they will allow to be absorbed into the energy field. Once again, let's talk about each human being. So the jazz musician that is putting out the jazz, there is that creation of self that is moving outward, therefore it is healing for that one to put that out there. It is not necessarily healing for the one that is not in synchronization to be able to be with that music. It is the same with color, because in music there are notes and each note is a color. Think about rock music as it moves through the body as if it were flashing all kinds of different colors. Many people have mental or visual overload with one color or two colors for too long. If you have a constant moving of colors as with certain music, it bombards the chakras as well.

Toning

You talk a lot about Sanskrit and the chakra toning sounds. Why is this important?

Sanskrit and the sounds of Sanskrit are the original sounds coming from the Universe to create that which what was created. And each one of the chakras has in it an emanation of the vowel that is sounded out in the Sanskrit sound. If you go back to the Hindu and the Sanskrit, what you've got is the Bija mantra. This means, "seed sound." So each one of those sounds is getting to a seed sound, an original sound, breaking down the complicated vibration. Words are complicated vibrations. You may say "sand" to someone and one person thinks of sand with coral stones in it, next person thinks of white sand, next person thinks of sand under the water, or black sand – so when you get to the original seed sound, or Bija sound, this is a vibratory rate that makes no mistake about where sand comes from. That's the idea for using any one of these sounds in the toning of the chakras. All of this information was brought through by the Rishis. They brought in these sounds in this way so that the tongue and the body and the vibratory rate was in resonance with the Universe. It was about one who could make the sounds that resonate and open up the mind to the greatest degree. The Rishis understood Sanskrit, so their interpretations were very pure. So the Hindu and Sanskrit is the closest you can get to the original. There were very few mistakes in that language, but in the transcription it brings big mistakes.

Can you name these Eastern Indian chakra toning sounds?

The sounds are: [spoken with the *a* as an *ah* sound] LAM, VAM, RAM, YAM, HAM, AH, and then go, OM. It is only with a slight variation in the vibration of the movement of the tongue and the movement of the sound through the nose that changes the same sound into a different meaning.

Do each one of them have a particular meaning, or do each express a slight variation on the Whole?

If you try to use just the beginning sounds running together, this creates a way that you are forming your tongue. It creates an electrical current as well as a vibratory rate moving through you, which is taking you closer and closer to the original sounds of the Universe. That's why it balances. It's not *making* it balance. There is a memory pattern within your being.

So does each sound help to balance a particular chakra?

Yes they do. Because what it is is a pure sounding. Then it depends on how resonant the person is with their own highest portion of their being. The energy of Sanskrit is created by the opening of the throat and the mind, along with energy coming from the base of the spine. It's a whole directive

It activates that memory pattern and brings forth the original wholeness?

It is best to use the words from the Hindu teachings rather than the Sanskrit because very much going back to the Sanskrit, it is very complicated, and in essence what you are talking about is an offshoot of the Sanskrit. So Sanskrit comes first, then the Hindu, and then the naming of the Hindu religion. Sanskrit is a way in which the Rishis were before there was a naming of a type of following.

If we toned those sounds it would...

Elevate consciousness.

There are another set of sounds for the chakras that are widely used in a lot of the metaphysical teachings today (that is: Ū, Ō, Aw, Ah, Ī, Ē, Mm). What do you think about that scale?

It is all very fine. It comes from the Hebrew. Sanskrit teaching does decree that there will be reference made in the physical world through the sounds of the voice in order to recreate God. The Hebrew languages also have many, many ways in which the impressions of the Universe are brought forward. It's not just about Sanskrit, it's about many of the original languages that are really a vibratory sounding to decree in the Universe your partaking of the energy – not owning the energy, not giving it away – partaking of the energy.

Would you say that if someone said the sounds I was just taking about that are different from the Hindu ones and did it with the intention of bringing in the highest, purest energy, would that work as well as the Hindu?

No, but it will have a clearing effect. Because what the Sanskrit does is it opens the consciousness. Ultimately we are looking for Oneness. Once the little one gets to Oneness, what they have is an awareness that will take them into a different vibratory rate, which will take them into a different sound if they need it. That is why some people say this chakra is this color, or this

chakra is that color – you understand? Nothing is written in stone. More like everything is written in sand [she laughs]. It is a matter of moving with the energy.

Crystals

We have amethyst crystals in our bedroom. What does that do?

It makes the vibration more stable. Each crystal has a different effect. Some have energy that separates energy and diffuses it, some have energy that retains and pull in, some have energy that stabilize what is around it. An amethyst stabilizes what is around it, but it needs to be cleaned. If you have it in your bedroom, it should be cleaned once a week. Run in cold water – unless you have ocean water close by to use – and stick in sunshine. It will make big difference. Crystals need to be kept clean at all times and respected at all times. Even though they are close to the skin of the wearer, any vibration can affect them. So the wearer takes responsibility. It is like having a child; you must nourish it in the way it needs to be nourished. Clear out whatever has been smothering it – even if it is your own energy. Especially if you keep it in your pocket, down around the groin area where there is a lot of emotional and stagnant issue in the body.

Do crystals have a kind of intelligence?

It depends. Some of them have an intelligence that is imparted inside of them. Citrine is one of those crystals that has energy impregnated inside of it that is pretty stable. It can stabilize the rate of metabolism of one element to the other that is around it. So in the physical form, it stabilizes the digestive system.

I have a double-terminated crystal. What is the purpose of this and how can it be used in healing?

It moves energy much more quickly than single-terminated. It can be used to direct energy into or out of a particular subject. These need to be cleaned and programmed directly into each facet of the crystal for what it is you are using it for. Otherwise, any program that is available will be usurped by the facet.

How do you program it?

Make sure it is clear and then, in meditation, run fingers over the particular facet, and sense as though it has the qualities you desire. And not necessarily have just your qualities, but qualities of the Universe that resonate with your particular intent and desire.

Aromatherapy

Can aromatherapy help to heal people?

Oh, yes. For the most part it is a very beautiful, soul-connected, energetic way of healing.

Does each person have a scent that helps them a lot?

Old familiar smell will either bury them or lift them, depending on the emotion attached to it. So that is from the past. Yet the healing aromas that are universal are very succinct in being able to change a mood.

For instance?

Vanilla. Because it can be very soothing. It's very encompassing. It's very comforting and it is an expansive smell. Vanilla goes in and it broadens out and it expands the aura. Vanilla is a good one. Now another one where it is that certain little ones will be all right with is sage. And for the most part, there is a certain amount of relaxation that goes on with sage. There is a sensing of connection to the roots with sage. When little ones connect with their roots, little ones often times feel comforted.

*Ear coning***Can you tell me a little about the practice of ear coning?**

Ear coning was originated back before Egyptian times, very early on. The priests did it. Not like the Catholic priests in church, but the priests in the Mystery Schools that were working with the highest celestial frequencies of the universe. So when they used this coning technique, it is like when you use sage smoke to change the etheric value, it changed the etheric value of what was in the ears and what was in the ethers around the person while it was happening and sometimes it would linger for days. So it is a vibratory etheric treatment, mostly of etheric value.

THOUGHTS, WORDS, AND EMOTIONS

Playing with fire



Thoughts, emotions, their effect on us and the earth

Would you say that thoughts have a lot of power?

Every thought is a thing. Once little ones get the idea that they are having a thought, thought of a cold will make a cold. Thought of a negative energy will make a negative energy. Someone else's thought of a negative energy could make a negative energy for *you*. It's projection of thought, and it's done every moment of every day. If you think about someone, be careful what you think, because if you project negative energy into their field – ahh – this is a point against you, you understand? This is not possible for the little ones to have these correct thoughts or loving thoughts all the time at this particular time. It is to gain the awareness to wake up and say, *I'm having a thought – oh – that thought was not one that I would want someone sending to me*. Gossip is the very best example. Gossip makes for negative energy, and it pulls energy from those who you are talking about. It decreases their ability to be in good standing with their own hearts and consciences because they are awake to that on a soul level. Pay attention, be aware, and have only the thought patterns that are in grace, are in love, that are in acceptance that all things are in Divine Right Order.

I've heard that our emotions and thoughts have an effect on the weather. If so, to what extent?

Oh yes. It is true from the point of view that a lot of hatred creates darkness. A lot of anger creates turmoil. And these are energies that have a force behind them. Anger has color and it has vibration. There are watery emotions, and they can push around the water on the planet. There are fiery emotions that can push around the fire on the planet. It is an energy, and like increases like. If there's more anger and rage, there's going to increase more fiery energy on the planet. More tears and sadness is going to create more water energy. A lot of mental energy – a lot of talk, talk, talk – this is going

to create a lot of airy energy, movement of air. You have elements – the earth, water, fire, the ether. These things, they are all in creation, everything is made of them. Little ones are not, in this reality or this culture, able to understand the elements and how it is that it all works together for the physical body and for the earth as well. These things, if they were to be taught or introduced, it would change things.

Speaking of the weather, is global warming real?

Have you seen any sign of global warming? Take that to your heart and check it out. We want to recommend that you do not believe all the things you are told with your communication systems, television and the radio. Start thinking for yourself. The only thing that is true is your own experience and your experience is *your* truth, and nothing else can change that. Remember, what you focus on persists, increases, grows. Bring your awareness and focus on the things that your heart wants to manifest in this world. And from there you will be able to uplift your consciousness and the consciousness of others so that the things that little ones are talking about and criticizing each other about are left *in... the... dust*. And it may be the dust of the planet of earth in an evolutionary path.

I was just wondering, because it seems we are having a lot of wild weather. To what degree does pollution and the earth's natural cycles have to do with it?

Remember that the earth's cycles are primary to whatever is going on. There are movements in the various vibratory ribbons of energy around the planet that are cyclical. But cyclical also comes into bombardment with what is in the present day. Mental activity, physical activity, emotional activity, these things will come together. It is as though everything is working together, and like increases like. The more loving and sweet people, the more loving and sweet thoughts, the more loving, sweet energy is going to be available to help your weather.

Are you saying that if people could maintain that even or positive energy, then the weather would become more even?

Oh, yes. It's not going to seem very likely to any human being you're going to talk to right now, but we would say so.

Are earthquakes also the results of thoughts or emotions?

They are, very much. All thoughts are things. All explosive, contained thoughts are things. All the little ones on the planet of earth are connected. And earthquakes or typhoons or flooding are mostly connected with what is happening on the opposite side of the planet. Everything is one.

How do these emotions affect us?

When you have the emotions moving over the earth – you know what water does to earth – it wears it away. So the emotions are what wear away the body. The body gets emotional, gets little fragments, it gets sickness, gets fluttery and it gets pains. It gets worn out. To still the emotions with meditation is going to increase the longevity, for the most part. Is going to make the earth more solid. It is about the light that is reflected upon the waters of emotion. Still the emotions so the light can reflect upon the still water. People are not afraid to lose the earth plane if they are in meditation and being still. Usually they grab on to it and move about with it to make sure it's there, making friction on it. Yet, the stillness is what is going to increase the stability on the earth. And this is not earthshaking, but *earth-steadying*.

How do we cope with really intense feelings?

In this society, it is supposed to be a good thing to keep track of your emotions, not acting out to a degree that rage can hurt one. That rage is an enactment of *contained* energy. Rage is also connected to the ego. It is connected to the part of self that thinks it did not get what it needs in order to be happy. So if you are tired of going around in your head trying to figure it out, trying to forgive the other person and you can't possibly do it, you have to ask for help. Because you don't have all the information to understand what is happening. You must be willing to detach from the energy that rage gives you.

What is the best way to deal with unprocessed anger from childhood?

Find the anger and at what age. Picture the self at that age, and you talk to that picture so that you can allow yourself a conversation with a part of yourself that has unfinished business. Anger is about having lost something, or the fear of loss. So as you process that, there is a part of you that just needs to listen. Don't try to figure it out. Ask yourself and listen - *what could have caused this?* Get a picture of yourself and talk to it a little bit so you can understand what you are like. You can do it in visualization, you can do it in a letter; many different ways. All losses are symbolic of a holding pattern, or a fear or lack of abundance, a fear that there will never be any more. Even if little child loses the father, or the affection of the father, at that particular time of life there is a sense of missing a piece of the self. It wasn't about the person, it was the piece of self that was not validated. So ultimately you see that you were projecting that you were losing something, and you can allow yourself to have that now. But just getting the realization of what you lost and the feelings around that really opens up the process so that you can hold that part of yourself. You are responsible now as a grown-up for filling all your needs. Yet still very much, when people are in the physical body, they want someone else to help them in one way or the other, but that is not the way it happens. Total responsibility for one's self gives them freedom.

Would you say that people get pulled down by their past and by their emotions?

Yes.

How can we not get stuck in these old patterns?

It is through new decisions. It is easy to talk that way – “not to get stuck” – but it is another thing to make a trigger-point inside of your mind that says, *I don't want to be stuck in the past*, and therefore making discipline to push the past out. This is different. Meditation is the one key to help with that.

Don't we have to recognize what the old pattern is?

Not necessarily. You have to recognize the feeling, like a bad feeling inside. Recognize that the energy on the planet is rising and that a re-evaluation is necessary for change.

So it is good for us to try to work through it?

Skip over it, sometimes.

Are people held responsible for strong, unconscious thoughts, even if they did not do anything physically?

Oh yes. The thought can be very latent. Can be in the unconscious. If someone has a thought, it is part of them, so it is their own personal lesson. And you are responsible for every thought, word and decision that comes from you, conscious or unconscious.

How do we find out if there are these latent thoughts?

Over and over and over, and time and time again....

Meditation?

Yes, meditation and intent. Intent is very strong. If one intends to clear and clean away the past, they will *clear and clean away the past*. They will attract to them in their lives those beings and those experiences that will help them along in that path.

The Violet Flame

Is there a way to transmute those thoughts or words once they have been put out?

Yes. It is easy with Ascended Master St. Germain. Say: *I AM the cosmic Law of Forgiveness, and I AM the Violet Transmuting Flame of every mistake I have ever made. I AM the Violet Transmuting Flame of all the mistakes of mankind, in God's most Holy Name, I AM.* “I AM” at the beginning and “I AM” at the end, with the understanding that all vibration is of God. The usage of The Violet Flame takes you back to the Source. If you can do that

and go back to the source of who you really are, then you are back in your soul. It is coming to a degree of understanding where one embodies what they really are at the Source.

What is the difference between amen and I AM?

Let's talk about amen first. The *ah* is the sound of the universe. (The *ah* is also part of the sound of the OM. OM is, *ah-o-ma*. That's how OM got to be.) The other sound is *mee*. So it is, *ah-mee*. It is the sound of *ah*, which is the sound of creation, and a derivation of the *ma*, which is the sound of things being created. The *mee* has the sound of the moving into the dissipation of the negativity. And then those who had their own way of thinking put an *n* at the end as a finishing touch; *ah-mee-n*. All of it is still a great amount of derivation from the Sanskrit, and is a vibratory sound that is altering one's consciousness as they speak it. I AM is a decree that says, *all is one*. It is a more Anglicized version of amen. The *I AM* is a vibration of the soul and heart together. Each one now is learning to use the heart meditation instead of just using the head.

Can you give us a little history on the Violet Flame?

The Violet Flame has always been present in your realm, but as far as introducing the words so as to be used as an affirmation, it was in 1932. That is when it was introduced for this particular state of development for mankind by the Ballards [Guy and Edna Ballard. Also known as Godfre and Lotus.] Both of the Ballards have always been in service on the Golden Ray and the Pink Ray. So they are capable, because of illumination and of love, to magnetize these energies. They have done it for centuries – longer than that. So they magnetize and bring together the aspects of total creation because of their love of mankind and totality. The first time on earth for the Violet Flame was Lemuria. These people were very awake and aware that this existed, but the wording was not as it is now. The Violet Flame was used as a mind projection. There were no words then. In Atlantis it was just a natural part of how it is that the little ones used *all* of the rays. Of course, there were those who did not adhere to those beliefs, you know. All the people did not have the same belief system. But they did use all of the flames and all of the directions because of the crystal aspect of life at that time. And they were not called flames, they were called projections. That was the word that was used then instead of flame, because there was an understanding that it was something coming from a major source.

What is Ascended Master St. Germain's connection to the Violet Flame?

For this period of time St. Germain is in charge, so the Violet Ray is very important. When you pick out the Violet Flame or the violet aura, it is part of the vibratory rate of the planet of earth that is being enhanced at this time by the magnetic field that is being opened up by consciousness and the design

and desire to be free. So it is the freedom. That's what the Violet Ray is about – freedom. So we see people say, *I want to be free of this! I want to be free of that!* Well, along with freedom comes discipline and responsibility, yes? St. Germain has *always* been on the Ray of Freedom. He did not just come into existence and then declare he was on the ray – no, he was the ray. What the little ones need to understand is that everyone has existed for all time. Just because they are in the body now as they are does not mean that they have not been a being of great light. The soul has many projections. It is like the sun, which has many rays coming off of it. Your soul is like that as well.

Balancing energy

Do you give out, freeing yourself to receive, or do you fill up and give out the overflow?

All right. Think about your breath. You need to be empty before you can fill up. Think about the baby being born. His lungs are empty of air in the beginning, and the first thing is to *pull*. So it is important that one learns to receive, to be full, in order to give. One can give and give and give, but this is from an ego standpoint and is only from a manifested thoughtform on the human level. To give of the heart means that one has received, as in receiving the Christ itself or the love of God, and then it just does overflow. If you are in the presence of a Great One, it is just overflowing. The answer to your question also depends on what level of consciousness you are existing in at the moment. If one exists at a level of consciousness where there is mostly meditation and contemplation, then for sure it is that they do not have to run out and carry out a job for the nextdoor neighbor, the grandfather or the grandmother.

Those that are in meditation are giving in their own way?

Right. It is a higher-vibrational projection. Projection to go give, or go do, is one level. Projection from the higher level of meditation and holding everything in light, this is another way of giving.

Manifestation

Could you go through the steps of what is required to manifest a certain situation into your life?

The first thing is to take into meditation the blockages that you sense might be there and notice that the blockages are just thoughts. Know that everything is in the past and is not in existence now. You can do it visually or auditorily, but you need to take it and *smack it* [she claps], because you need to. Then the point of limitation is over and you are watching it being physically removed. It is a matter of moving it from the energy field until it

no longer applies. Acknowledge that it no longer applies. The next step is also taking into meditation the desire, and the reasoning behind the desire for manifesting whatever it is. What is the motivation? Then there is acknowledgement and gratitude for the chance to manifest this. Gratitude makes a path that travels out, then comes back in, and you open the door – here it comes. Without doubt.

What if what shows up at the door is not what we thought it would be?

Hunt around for the very best thing to become the manifestation, otherwise whatever is next in line will be yours unless you say, *No, I don't want that....* Be very specific about what you want in your life and everything will fall into a kind of order of higher-level existence. Do not worry about the future. Eliminate the thoughts about the things that you do not want. Do not think about them at all. Do not think about the possibility of the negativity. This Universe is *very* compliant. It complies on all levels. You talk to yourself in the negative, you get that back to yourself. You talk to yourself in the positive, you get that back as well. Keep on focusing on what it is that you are making happen. You focus, you let go, and then you ask for help. Requesting help is good, because it brings to your mind what it is you need. *We* already know what is needed. It is a matter of how you link into yourself, open up to yourself, and open up to the understanding of the Universe.

It seems like people are mostly worried about manifesting the money most of the time.

If they worry, that gives out the vibration that they are not trusting and it makes a ripple, or a torn effect in the energy. When you breathe and you have your prana move in, you are just breathing. So that is what we want you to do, we want you to breathe. We want you to know that the prana of life is yours for just the effort of breathing and taking it in. And the money is prana. Stop thinking about it in terms of green cash. You want *life energy*. Look for the joy. Because it is not going to hop on your head and say *here I am*. You have to look for the joy. Joy and abundance are the same thing; they are coming from the same core of existence. The abundance is the part that is always open, always producing the new seeds for the next step. The abundance is also the supply, bringing you what it is that you can have so that you can expand and expand. It is just a move in the direction of happiness. It is a move in faith and grace. Expect the abundance.

Are people understanding that you can't buy happiness?

There are those people now that are living this life in a way that they are grabbing on to things that they thought they could never have, and now they have them. What that does is it throws a mystery factor into life. People wonder what they are all about and why is it that they wanted all of that, because it doesn't mean that much to them, and that's why we are smiling. It

is as if you lust after something and you want it badly, but it's not the answer, because God is the only answer that there is to each and every desire. Once you are capable of sensing the God within and the God within each acquisition – ah – then life becomes a stream of consciousness and one is not more attached to a particular item than they are to a particular person, and that makes it very different. It makes it as though there is a stream of consciousness that you are just floating along on and all things are equal. Then you understand that from the point of power that is yours, that you *are* all these things, and therefore you can never, never lose them.

Dreams

How do you know the difference between a dream that is just a lot of random images and one where you are having a unique spiritual experience?

You are always out of your body when you dream, so you *are* having a spiritual experience at that time – so that's the answer to that question. The random dreams that are like spin-offs of the last television program that was watched, these are ideas and applications of life and livelihood that are brought together in the moment to conceptualize the life in forms of metaphors. The whole life can be seen as a metaphor. You know how you can pick up any kind of runes or tarot cards, or a dictionary, and you pick it up and you get the message and it makes sense to you? That is the way that the whole Universe works. There is a lesson in everything. There is a message in everything; every dream, every person you meet, every experience that you have. Some of them are more important to the outcome of certain situations and others are less important. Some are very blatant and others are very secret, very hidden. And the message from your psyche to you is not *a* metaphor, it is *your* metaphor to try to make sense out of the reality that you have chosen to put awareness to. Dreams are the parts of self that are communicating from the soul level, with the soul intent and the human intent trying to get it together. That's important.

It seems so hard because you have to try to figure it out to make sense out of it.

Yes, but that's a good exercise – like crossword puzzle. It builds your abilities to really understand your world from another point of view other than black and white or words and letters. Because putting meaning on it puts it in a little box, and little ones are experiencing the same meaning over and over and over again. The dream says *wake up* and see how it is that you are living in a dream. Actually, life is more complex than the dream. Dreams have very simple symbology. It is just a matter of getting the key – to yourself. Not someone else's key – your own key to your own dream.

How often does one have a real Divine experience through dreams?

It does happen. High souls, many high saints – they have Jesus come. Yogananda had these contacts all of the time. Saint Germain while incarnate had these contacts a lot of time. And the yogis have these contacts because they are interdimensionally connected, and therefore there is a memory pattern in the Akashic Records.

What are some of the meanings of common dream experiences, like falling or flying?

Falling is simple. It means going from one level to another level. Flying is simple, too. It is freedom. It means above it all, wanting to be free. And there are certain obstacles that one meets in flying dreams that cause them to fall. This is pretty unique to the feeling body of the people dreaming these dreams. Most all of humanity understand the sensation of flying, although they have never done it. Most all of humanity remembers the sensation of falling. It is a sense of moving away, going lower, and the other is moving higher and moving free. One has a type of fear or impending doom with it, the other a feeling of hope.

So is it the feeling you get from a dream that gives you the meaning of it for us?

Yes. Unless there is a talking aspect of self that can communicate while in meditation, that you can hear the message. For the most part, the feeling body is very strong and very developed in the human being. Whether it is developed on the awareness level or not is another question.

Is it true that if you dream about a house or a car that it represents your body?

It has to do with containment. A part of self that has a shell, has limitations, or is a conveyance, or is a holding pattern. It is about a limitation. And the little ones have their own interpretations. They must check out with themselves their own interpretations. We do not say that it is absolute. One little one can dream about a car and it will be about a part of self that is really going somewhere, and going in a particular fashion. Another can be dreaming about this and it can be the whole body or a container to the body. For the most part, everyone feels the same way about a car. It takes them somewhere. The car is an ego pattern – how you are getting there. Every little one has their own internal message system.

THE DARK SIDE

Behind the door



The fourth dimension

What is the difference between the fourth dimension and the third?

The third dimension is physical reality; having touch, having form. The fourth dimension is mental energy. It is still thoughtforms, still moving about, however, there is no real capability of touching. Still present, but without the physical contact.

Is the fourth dimension also known as the astral plane?

Yes it is. It is a go-between. It is a side road, so to speak. However, astral does all-encompass the physical body. The realm that you live in at this point in time is below the astral level, which means you are subject to what goes on in the astral level. So in the down-stepping of light, there is an astral body that exists, and when you are in your astral body you are also in touch with all of the other astral bodies in all dimensions. The fourth dimension is a transitional dimension. So is the third. However, in the fourth dimension, many things are magnified to the degree that they are magnifying the out-of-balance areas. Could be very happy and be in fourth dimension – *too happy, too happy* – do you understand? *Too mean, too mean*, and be in fourth dimension. Everything is magnified.

Are there levels to the astral plane?

All those that move out of the body do in fact go through the astral plane. Astral level has three planes in it. One is where you go as soon as you leave your body. Next is where you go a little bit higher when it is that you are understanding a little bit more about being outside of the body and letting go of the earth plane. The highest plane on the astral level is one of completion and getting ready to move on into a higher understanding.

Someone was talking about how the nuclear blasts put a rip in the ethers and there are souls that are stuck in one place.

Yes. What he is relating to on a higher level of spiritual aspiration is what happens when little ones are chased out of their bodies due to massive amounts of violence, or where every part of their being is bombarded, so to speak. There is a disassociation in totality with the physicality and with the spirit. Therefore there becomes what you could call a fright or fear, if it were in the physical reality. However, it is more than that on the astral level. It is a splitting, and it does in fact affect DNA. It does affect the parts of self that are cellular. Just like in the physical world where there becomes mutation on the physical level, there becomes a kind of mutation in the astral as well. This is a very desperate kind of situation, but it can be altogether eliminated by the energy of the spirits, by their desire to become whole and a sense of rejoining the soul. There are so many beings that have been out-of-body for a long period of time in your world – and we use that terminology because it's years for you. What they are doing is regrouping. It could be called rehabilitation. Therefore it is rehabilitation in the sensing of putting self together again, due to the immense amount of detrimental energy that did in fact fragment the little ones.

Are the Masters helping them?

Yes.

Can we help them?

Yes. It can be useful to call in prayer for all the beings of light to assist the little ones caught in between the worlds, but also to encompass those little ones. So many of the other human cultures talk ancestrally. They stick with the idea that their ancestors are very important to them, and therefore they care about them forever and ever and ever. And that does in fact increase the light energy for the ancestors. It is very interesting that when the little ones are calling for their ancestors to be brought in spirals of light, it also opens a spiral of light from the heart of the one calling, and therefore it makes *their* passing *easier*.

Crossing over

When someone has passed over and they are in the fourth dimension, what do they feel like?

[Matter-of-factly] Nothing. The energy of the mental plane transitions itself into a feeling in the physical plane. So the mental, in equating itself to an idea, has the mental idea of what it would feel like, what it *could* feel like, but it is really a suspended state, so it is really not a place of activity, because the feeling is an activity, isn't it?

Is there any sensation?

It is comfort. It is the lack of feeling that is comfortable. Each one in the astral plane, they have impressions that they have brought with them. They can still be interpreting the impressions on the other side, but it is not necessary, and so they can be just resting. And that makes a big difference, because on the physical plane you have to do something with the feelings. It puts a different state of consciousness on the whole experience.

Can spirits in the fourth dimension push into the third and get a sensual experience?

Some of them can. It is a matter of how much will a spirit has, but it also needs to have a magnetization. It needs to have a being that is open to that, and that is usually one that is not in the highest of vibration. It would be one that is experiencing grief or fear; lower vibratory feelings. It is ideas that they actually want. Now how did sex get to be sex? It is because the idea is so strong. It is not like reaching out and touching, but the idea is so strong that you can make the juices flow. But then there is the one that does not have the physical body, so what are they making flow? They don't have the physical body any more. They just have the idea that they have the physical body. So they are partaking in a memory. That is what karma is all about. Ultimately, to be in the total experience of the fourth dimension and not yearning for the third is an experience of wholeness.

Some spirits can reach down into the third dimension and push or move physical objects...

Yes, that is about electromagnetics. They are moving their energy backwards because of the people or experiences that they were attracted to, wanting to make an impression on what is happening.

When people pass over, do they enter into whatever their idea of the afterlife is for them?

Not necessarily going to a place, because it is no longer a physical reality. It is a mental construct and acceptance of imagery and imagination that has been constructed, that has been taught, and therefore it is an interpretation of the light that is accepted.

Would they come to a place that looks like earth with animals and plants and such?

Well, the human awareness is very narrow, so to speak. And you are still attached in this passage to ego state and personality needs. So the crossing over is first the awareness of self being separated from self. Then there is the turning away from what has happened in the physical world, turning and looking toward the light to which they are being drawn. Then there would be

a period of remembering, because the frequency is there of dog-friend or cat-friend, sister, mother, or brother. The energy never really disappears.

If people are wanting to see the earth as they knew it, will they see it?

Yes, it is true. But this is not where to end up.

So everything that is perceived on the other side is more like a creation of the person?

Yes.

But if they had a dog or cat that they were close to . . .

Is a very *strong* thoughtform. Let's talk about Marjorie here. She has strong thoughtform about *us*. And so what she does is, she close her eyes and she just think about us and we just are pulled in. Everything else is still there, but it is not necessarily important. Just like being locked in on that frequency and the awareness is there. And it is just a pinpoint, it is nothing else. It is a pinpoint in awareness and a place to be connected to.

What about those that have a hard passing?

Let's take the harshest case, those who are into a lot of drugs. So when there is use of drugs and alcohol, there is a part of the self that is cut off, and there is not an ability to directly connect to the heart due to the influence. That's detrimental to the health already. Also when there is that transition, there is the desire pattern left over in the being that takes along the strands or strings that are left undone, left unfinished. That's what makes the biggest impression – what is left undone. That means that there was an *intention* to carry out. So if someone was a murderer in their mind, they never did it, but they had the thought and they die, and they still have the desire – that is in there karmically. They did not do it, but they had the thought, and they took it with them. Someone who is drug-prone always wishes that something was different – it does not matter. They take that over with them as well.

So people's thoughts follow them to the other side?

They do, very much. It also is a matter of what the condition of the death is about. The conditioning of the death oftentimes can put little one in suspension for a period of time, and *then* they will experience transition. Some have transition then have suspension.

Is there something can we do to ease our transition when we are dying?

How can one prepare for conscious dying? No one really wants to think about that too much, but there is one path back home, and everybody will be taking the step off the planet without the body. It is very important to take with you, in the moment of separation from the body, an awareness of what it is that you have discovered as your truth. It can be in connection with a deity,

teacher, guru, or whatever you want. It can be in the form of pure love. In the essence of the pure love, there is the understanding that God is the ultimate. That this is where you're headed, this is where you're going, and this is where you have ultimately wanted to go. And we use the term God because it covers all the bases, so to speak. When that happens in the consciousness while dying, you are illuminated, and far more sources of light at that vibration are attracted to your spirit and your soul. A lot more help is available to you.

Beliefs on the other side

Say there is a Christian, and they have a strong belief of ending up with Jesus. Will that happen, or do they construct a Jesus themselves?

They construct, yes. We are not saying “end up in a place,” that’s where you are still having a difficult time. They end up with a construct on the astral level that gives them an inroad or a pathway in the light that is representative of the concept and the construct of Jesus. It is still light that is formless until the thought pattern, the mental ability of the very powerful little one brings and puts those molecules together in front of them in a way that they can imagine and feel comfortable to bring into form what their belief system is calling for.

Is there any intervention by guides or Masters to get them to move to a different level, out of the fourth dimension?

Not to move to a different level. It is all about acceptance in the passing over and the understanding of what has been created in the lifeform, and where it is that the little one is learning their lessons. So, for instance, there is no need to change the idealism of what form of religion is acceptable to the little one, whether it be Jesus or Buddha. It is just a matter of all paths leading home. The little ones are learning the lessons because the ego has *chosen* to be part of whatever religion, therefore this is a part of the past life. This is a construct that will remain in the spiritual form and remain in the ego construct that is returning to the soul so that it can be taken into consideration again as the little one reincarnates.

And until they come to the point where they question this, it will remain for them?

Yes.

What about atheists?

Is a good construct to learn in, yes? It is a singular path. It is a path that the little one is usually adamant about, and therefore the lessons are all in that construct. Therefore, to change that would be different than, say, making a dog behave. There is not like there is anything wrong with being atheist, it is

just that there is an absence of understanding. And therefore, in the Halls of Wisdom and in the Halls of Knowledge, there would be an attempt – and we say that loosely – there would be a conditioning, and an availability of lessons to be learned to feel more connected to self, more connected to the experience, but not to try to change the interpretation of the reality.

If an atheist believed in nothing, would that be what they experienced on the other side?

It depends on what the form of lesson is. Because don't forget, the little one that is an atheist in this life cycle also has another life cycle where he has other beliefs. Therefore, on the return home, there will be that experience.

Do all people of all faiths go through that tunnel of light and experience that?

There are variations, because a lot of them do not have a belief system that would give them permission to take that in, to absorb that sense of reality. It would be kind of a lost experience. It does not happen very often that one misses the tunnel, you understand. But it is the fact that this can happen.

Possession

What about spiritual possession?

This is against agreement.

Is this about energy that can push in against a person's will?

Yes, because there is a depression in the aura, there's depression in the mind, in the mental body, the emotions – do you understand? So the space can get taken up by an entity that is of low vibration.

How can people protect themselves from that?

Good clean aura means good clean living. It means lots of awareness and a lot of prayer and meditation.

Why does it seem that some of those who believe in God and Jesus and prayer can't seem to protect themselves from that?

It has more to do with the greater vibration of their past life. They may believe in God and Jesus in this moment, in this life cycle – or think that they do – but may not necessarily have always been of this vibration. Therefore they have another experience that is coming to them so that they can get some humility, most of the time.

So in a sense, they have agreed to this?

Nothing can happen to you unless you give permission for it to happen.

People really seem tortured by this phenomena. It's hard to see it as if someone is accepting it.

It's seen as victimhood. But it is also seen by the world around it in particular way, and experienced in another way in the physical body. We do not take away from the experience. Sometimes it can be very harsh and very torturing, but this kind of soul usually has a split personality anyway. They are learning that this is not such a good thing to do or to be, because they have already done it in another life cycle. Therefore, they are not a victim. They are only experiencing what they have already created in themselves. They may be deciding to cut short their life cycle and had agreed early, before their next incarnation, that they would take on maybe three life cycles at the same time, and work through limitations in their understandings in other lifetimes.

You are saying that as a soul, they have pushed in on others, tried to possess someone before in another lifetime?

Yes. So it is fitting to learn the lesson, yes?

If we come across negative or lower energy, can we protect ourselves just by thinking that we are protected?

Yes. It's what you put your attention on, validating what is, rather than protecting self from what isn't. You make it *strong*.

Laggard souls, demons and discarnates

Who are the laggard souls you talked about?

Laggard souls are the ones that are not necessarily even of this planet. That's why there is so much of the population in darkness. They are beings that have lower vibratory rate and are drawn in because they are magnetized here. Laggard means, for the most part, not in accord with God or not in the vibration with God. Even though the vibrations are rising on the planet of earth, there is a lot of magnetization by the physical, lower-frequency vibration. There is a lack of understanding, lack of self-realization, lack of love, and therefore it draws in the same vibratory pattern into the pregnancy. We also say that the ratio now will be ten to one. There will be ten of these little ones that are violent and increasingly separate or dark-seeming, and one of light. It just takes a certain number to bring the light forward, and the others fall away because their vibrations can not tolerate this. It's like a virus can not live in a very high-vibrational body.

Is laggard energy as if they do what they want to do, regardless of anything and are very self-willed?

Yes.

Are there spirits who try to confuse people and interfere in our development?

They are attracted to what it is that they think they need to use. We are not talking about evil here. Let's talk about like attracting like. So one spirit that has been in a body that has been lost for a period of time can siphon energy from another one that's in a body. It's a parasite. You understand?

Are there really demons, forces that try to hurt people?

The forces that are manifest on the planet of earth are thoughtforms, right? Everything comes from thoughtforms. So if little one has thoughtforms of demons, they are going to bounce it back out into the Universe and back it's going to come.

Are they really an entity, or are they just thoughtforms?

Both. You are your own thoughtform.

But are they manifested by people?

Yes.

So they wouldn't be around if people didn't manifest them?

Well, they had manifested themselves in the beginning. You are the creation of yourself. If you decide to do something and go out of the body, off the planet, but are still hanging around in the fourth or fifth dimension, there you are, a thoughtform of yourself. And whoever it is that has like-energy, you are that thoughtform. It is an attraction, a stream of consciousness attraction.

So it is a thing, but it is a manifested thing?

Yes. Entity, energy, thoughtform – all the same thing.

Does the thoughtform have a life of its own?

Yes, if it becomes human – in body, then out of body – it does have its own active energy.

It can have a life cycle and evolve?

It has a cycling where it is not necessarily evolving outside of the body, because the learning lessons are in the third dimension. And once you jump out into the fourth dimension, you *can* learn, but if you are hanging out and grabbing on to little ones because you want their life energy it is a lot like Dracula. How evolving is that? It is parasitic energy.

Dark parts inside us

What about people who experience the dark energy as a form?

When darkness comes to self, there is a void. And a void can feel like a very real thing. It's like an empty space; a dark hole. When it comes to self, it is because the little one is drawing that to themselves to learn. Number two, *it* needs to connect with that part of the person's energy. Remember that dark energies also are thoughtforms and have had a beginning inside of themselves, whether it was thought up by someone or not. It had to be thought from somewhere. And therefore a little one that talks nastily about someone else is creating a dark thoughtform and is sending it in that direction. There is such a thing as having your energy depleted by a dark thoughtform by someone that does not care for you or wishes you harm.

You said we all have dark part within us.

Yes, in the physical form. Dark or light, it is just a mastering of where it is you are going to hang out. So a lot of times they judge themselves and have guilt, and that causes disease. So it is this pattern, over and over again. Little ones, just relax. Take responsibility for the actions. Desire and design to do better, and live.

And don't focus s much on the dark parts of the self?

Don't focus *at all* on the dark parts of self. Notice them as they float through your existence, your awareness, your experience. Accept that that's where you are at the moment so you can come to peace, and that will change your vibration automatically.

Haunted houses

Why do houses become haunted?

The house has its own etheric value and strength and velocity, so the energetic of it oftentimes magnetizes to it the person who lives there. The etheric quality of the house is encompassing the etheric qualities of the people who built it and the people who live there, and usually these people have a background in using dark forces. There can also be a particular vortex in the earth that calls one to that space because it is an opportune vibratory rate for them to do whatever unfinished business that they need to do.

Can this be shifted or healed through energy work?

For the most part. Using sage or having a lot of dedication to higher values will help. There are some that can not, but that happens when there is a teaching event, a way in which the little ones are calling forth this experience in order to learn an integration of their body/ mind/ spirit in combination with something from the past.

Why do some people have really dramatic demonic experiences in some of these houses?

Encased in the etheric body of the little one is a vibratory rate, a magnetism, a computer chip so to speak, that signals certain messages to the other parts of the astral plane. Those messages are brought on by dark practices in spiritualism. If there is a type of belief system that calls forth the dark, there becomes a mental activity that is brought into the physical form in order to learn lessons. So they have a belief system that they are “entitled” to that experience, but they are also magnetizing that experience because the belief system encourages it. For the most part it has something to do with a past life bleed-through. And that is a very appropriate way for a little one to manifest from another life cycle, or another level of reality, what it is that their unconscious is trying to demonstrate. We are not going to call it good or bad, but it is a demonstration of the power that exists beyond the reality of the third dimension. It is a bleed-through from other realities.

The Fall and the War in Heaven

You mentioned “The Fall,” what did you mean by that?

In the Ascended Master teachings, there is a period of time called “The Fall” where it is that laggard souls from other universes came to the planet of earth. And God, figuring that it would not imbalance the earth, allowed this to happen. But it did imbalance. It takes only a little bit of laggard thought, laggard activity, to imbalance the Divine energy that is incomplete. Divine energy that is complete, nothing can imbalance it. But Divine energy that is searching and seeking and susceptible to the outer world can be looking for love or looking for answers outside itself and is susceptible to laggard energy.

When was The Fall? Can you give a time period?

There are many specifics that Saint Germain has in his channeled records. And this information is there for you to peruse if you like and find out more about laggard souls, where they came from, how it affected the angelic kingdom, what it is that that influence is doing now on the planet of earth. But we’re talking *long* ago, before man has recorded history; before man.

Was there really a rebellion in heaven, like they speak of in the Bible?

We are still in the third dimension, if we talk about this. There has always been a manifesting of a balance from the duality of the third dimension. When there is duality, there always has to be dark with the light. There needs to be a conflicting point of view. It’s as simple as that. And so, when it is that there is disruption in what’s called “the heavens,” we are also talking about disruption in the soul, disruption in the mind, disruption in the creative part of the self.

So when they talk about Michael having a battle with Lucifer and throwing him out of heaven, it is not like a real battle that happened in heaven?

It is not physical. Literal and physical are two separate things. Let's talk about literal. Yes, there is a real war. You can see it every day when you go out in the street. There is a war between quiet and noise. And so in the heavenly part of self there is always this conflict. So that is a representation of the heavenly war – the imbalance, the sensing of not being totally of God and returning home to peace. *That's* where the laggard influence comes from.

So this representation of a split in consciousness that we have picked up on and . . .

It's not true!

The feeling of how things are while we are in the third dimension is as if there is a duality?

Yes, the feeling body in the third dimension is very seductive. It has all of its pleasurable inlets and outlets in the body, you know. You eat, see, you have sex. These things are all pleasures to a certain degree. If you take all of that and you let it be, let it float away, and you come into peace and meditation in the third eye, there is no form, so to speak. You have thoughts about form, but there is no form. Everything is a vibratory rate. Everything is in light. Everything is under the influence of love. These things we convey. Rather than stretching their consciousness to a place, meditate twice a day – that's easy. We say that all the time. It's easy to set aside the time. Make appointment with your own spiritual essence, you know. Commitment to self – *who does that?* It's about commitment to self; commitment to growth.

So the more we can do that, the fear, the feeling of duality, the negative things, all those things will fall away?

Yes. You will be essences of what is going on rather than being caught in the details.

The Satan thoughtform

Is Satan or The Devil just a thoughtform or a real presence?

It is a presence in as much as the being that is thinking it is manifesting it. People have a lot of ignorance, let's put it that way. And ignorance is not a bad thing, it's just lack of knowledge. And the lack of knowledge comes from the lack of *meditation*.

The thoughts of many people thinking that there is one evil entity is causing it to become manifest?

Yes, but this is a diminished energy that we are talking about now. Remember that Satan, as well as Santa Claus [she laughs], are held in the consciousness of mass people, therefore there is a lot of energy behind it. Even though people don't admit it, they have a part of themselves that is not of the light. Therefore they identify with it, and they are fearful of it. They are fearful of the parts of themselves that have separated from God, always.

And that fear brings upon them. . .

Punishment. They punish themselves.

Aren't certain people doing a disservice when they get on the TV and proclaim that Satan is doing this or doing that?

Well, that is their baggage, you understand? That is their energetic concept, that evil is out there and it is big. And that is a group of people that have the same consciousness. They just have found a home, a family. Everyone is looking for a good family.

Multiple Antichrists

Will there really be an Antichrist-type figure that tries to make himself like a god and control what he can of the earth?

There are already several of these on the planet of earth. They come in the form of political and religious figures. And because they require a lot of power, they take a lot of power from the little ones. *This* is anti-Christ. The more one performs the activity of reducing, or struggling to reduce the power of any of the little ones, this is an anti-Christ activity. And if you get two or three of those on the planet and they meld in consciousness, is big trouble.

Do you foresee this happening?

We see that there is already a strong aspect of that continuing on the planet of earth, over and over, and we don't want to kid you. It is time for the little ones to meditate twice a day, to pick what path they are going to take, and to align themselves with the best part of themselves that they know how, withdrawing their activity and their attention from the outer world, more and more.

So it is not as if this is one particular figure, or that it was preordained as a lesson for people?

Well, we are going to say that there is that aspect, because the little ones are becoming a one-world organization, so it could possibly move in that direction. This would be where one is instrumental in directing the external power. We are not talking about internal power, but directing the external power. Little ones have been reduced to a kind of slavery, because they have chosen to not be the part of themselves that is masterful.

So the Antichrist scenario is a definite possibility?

Yes, at this particular place in time [2001]. And the little ones that band together in the feeling and sustainment of light will definitely do huge benefit for the rest of the little ones on the planet.

JESUS AND THE BIBLE

A new testament



The three incarnations of Jesus

Jesus was an advanced soul that came to earth?

Yes.

Did Jesus come to replace the Old Testament laws (like, “an eye for an eye”) with a law of forgiveness?

Yes, to teach compassion, love, brotherly love, lack of judgment, peace, grace. If you are focusing in grace, you can not be in hatred – can not even be in forgiveness. It’s like being in the flow.

You said Jesus only had three lives on earth.

Yes. Reincarnation on the planet earth.

So he came to serve, not so much to learn lessons?

He has to relearn each time, but it is easy once you have it under your belt.

What was the incarnation before Jesus?

This is a vibration of the Joshua, understand?

Joshua of the Bible?

Well, not necessarily of the Bible as you hear it. That is not necessarily the same thing. Joshua is *young* in service; Jesus is *mature* in service, but also very able. Jesus’ work was done in three jumps – a lot of little ones need a hundred thousand incarnations. But this was because he was vibratorily already in tune with The Father; he was a “throw-off.” There is a throw-off of energy in the direction of the planet of earth as a gift from God, and therefore it comes in three jumps. One where he is a child-like energy of just love and compassion, the next one is adolescent energy in service and is active, and then there is one that is a teacher on the planet of earth. And those

are the jumps as they would have been before the fall of the laggard souls, so to speak.

What kind of person was Joshua and where was he living?

Joshua lives to be very old, and he learns many things in that life cycle. He is a very strong male, of course. He has absolutely genuine energy, and is able to project that energy to all the little ones that come into his domain, but he is relatively unknown. It is not about making any kind of a display of power in the life, or even compassion. His magnificence came from the point of view that he was an incarnate soul of purity, just coming to gather information and gather energy. He was very unnecessarily written about. It was not necessary to publicize anything that was going on about this being who was just being energy. It is the idea that this human being comes and knows the self as the truth – I AM the truth and the way. I AM the light.

Saint Germain has taught decrees that begin with I AM. He says it means, “God in me.” Would the meaning be: God in me is the truth and the light?

Yes. St. Germain has a little bit shinier way of going about it. Jesus was a simple human being that moved through and had the *stars* with him, so that he is for all time a coordinate. He is a coordinate.

Where was Joshua located? Sounds Jewish.

Not so far from Mt. Sinai. Same place, same area.

Once again he is involved with the Jewish people.

Yes, but it is not so much that it has to do with Judaism as about wholeness.

It seems ironic that he has had so much to do with this culture and faith for so long, yet he is practically ignored by the Jewish people.

It is not about that. It's about being in the moment. Anyone who meditates with the Christ consciousness *is* a Jesus, *is* a Joshua, *is* a St. Germain, is breathing the same air, is moving in the same energy.

What was the first incarnation?

The first incarnation is more difficult to explain. This life, the first time Jesus comes to the planet, is an appearance, and a great charge of energy came upon the planet of earth when this appearance was made. So Jesus was one that had the name Jesus, had the name Joshua, but his very first appearance upon the planet was one of very great light. And it isn't the “he,” but it is the *energy*. So Buddha was part of that great very first burst of light, very first great appearance, and everything filters down from that. It becomes one little distinct person after another.

The Christ force

What is the difference between Jesus and The Christ, if any?

Jesus is the name of the man, The Christ is the name of the force. You have it, I have it, everyone has it. Jesus *the* Christ is the appropriate form, but it is because he manifests those abilities and those traits in the world to exhibit what the Christ force was about. Not too many others are walking around being able to exhibit the Christ force. It's like not being able to be awakened when you are in deep sleep. You cannot be awakened in that state. The Christ principle is just light, and that permeates and penetrates the whole universe. There are some beings that have the type of consciousness that can pull it together, so to speak, and manifest within a life cycle what it is that they know so that they can share it. It's pretty simple. It's not like they go out and wave a flag. They have their own life path that is very simple, very truthful, and very to the point.

Tell me about Jesus' relationship to The Christ?

It was always with him and was symbolic. It is just as though a young man grows into his body and comes into full power. But the full power can not come unless there is a design and desire to bring that forward. The baptism [by John] was a recognition of all the years spent bringing forward into full blossom his ability to teach and his ability to conduct the energy. There needs to be strong, pure awareness for the Christ to come through so, being a male, there is not so much the creative aspect as there is the manifestation of pure awareness. This is okay to interpret the Christ energy this way. But we say, what about the Christ energy that was in Mary at the same time? The Christ force is pure light, pure awareness, is pure truth. And he was capable, in that life cycle, of opening to it and channeling it into the world and living a very idealistic life. It's as close as we can come in the English language to living a life of perfection, in as much as what he was teaching. He was living the life he was teaching, yes?

Jesus as a human

Did Jesus ever marry or father a child?

We would say, the truth be known, Jesus was very human. And the Bible would not like you to think that from the point of view of being a single man moving about energetically. But we say – from our ability to view – that he was very human, and that there were those aspects of the life. As Jesus, he has one child. Before the crucifixion, there was a child on the way. So the Christ always lives. Always. It is always an important manifestation. Is never dead.

Some talk about a royal bloodline from Jesus.

Well, all children are children of God. It is not so much the bloodline, because that is what is also very secular. And it is a way of getting away from being all-loving, all-compassionate. Jesus did not stand around saying, *these are my children, they are going to inherit the earth.*

Was the woman Mary Magdalen?

Mary Magdalen, she very popular isn't she? People like to think that. This part of the story we are not going to enter into at this point in time.

But there was a woman?

Yes.

And he was married to her?

He marries her in his heart.

And the child is born.

Yes, but after he is crucified. It is a matter of having the Christ that is bringing happiness to the self. He is just a commoner. He is a common Christ, you understand? He knew who he was. And he did *not* walk around creating miracles all of the time. You would find him walking around as a loving, compassionate being, accepting others with love, proving to them that they had the ability inside of themselves to heal themselves. He did not heal them. It was love that healed the beings, and the beings had to be in touch with the love themselves.

Was he involved with Mary Magdalen?

He loves everyone the same. You understand that when we get to this level that romance is not really part of the manifestation of that. Therefore, how does one impart their seed to another? There is a lot of energy to that. As the rising of the Christ energy comes in more and more and more, people will understand the beauty and the wholeness of knowing the Christ energy. If a woman really knew the Christ energy, what would come to her? Did Mary have Jesus? When a woman finally knows God's energy, the Christ energy, she becomes pregnant. There are many levels of pregnancy. You can talk about the little physical body that is born, or you can talk about the pregnancy and the love and the romance of the Universe. It's just a concept.

Are you saying that his child was born from pure energy transference?

Ahh, this would be lovely, would it not? If you could make one life, what else could you make?

So you aren't going to tell me who the woman was.

No.

What about the immaculate conception?

What about it? It is a good concept, you understand. If you know the Christ energy within, why not manifest the child within. It can be. Why can't this child be just a common seed of another man with a woman who knows the Christ within? This is a great elevating theory. "Chaste" has gotten a bad rap because there is a sense of either virginity, or not virginity. It's not about that. It's about being self-realized. The body, the woman's womb, becomes a receptacle of light for a being, and what that being becomes is yet to be seen. It can become whatever it was intended to be. It's not about whether the body has been touched by this or touched by that. That's purely physical.

So it is like a symbol for someone to see, that someone so pure with the Christ is impregnated by that spirit in such a way as to become physical.
Yes. A total marriage.

You talked about Jesus' energy in combination with people's beliefs causing miracles to happen, but what about the raising of Lazarus from the dead?

It is something if you look at it from the physical point of view. From the spiritual point of view, it is nothing. It is just a matter of breathing life back into a form. But the physical is so dense and it's so comprehensive. It's compacted and slow. So breathing life back into Lazarus is just a matter of believing that all things are *not* human form; they are not physical form; they are something else. And therefore, his power to breathe that into the consciousness of the little ones who so much wanted to believe it, was equal to their faith, and therefore it happened upon the planet.

How involved was Mary Magdalen in Jesus' spiritual work?

Very. Jesus taught her things that the others could not understand. She had been raised by the Essenes in other life cycles. So she was a ready, willing student and disciple. She was a very strong woman and also very disciplined. That's why God had chosen her to be taught.

Was she a prostitute?

This could be seen as a metaphor. It could be that one time she prostituted herself, but it was blown way out of proportion. So we are not talking about the "town whore" so to speak, we are talking about one who had shared her bed with several many men, and shared her life with several many people. It was not a bad thing; she was not a bad person.

Why did the Crucifixion have to happen?

Crucifixion is supreme punishment as shown through Jesus; also as shown for the mind of the human. So we're talking about his lesson. We're not necessarily talking about Jesus' suffering. He's just a projection of a lesson for the mind of the human. He is a projection on the planet as a symbol of supreme suffering; of the negativity and ignorance, or sin, of the misunderstanding of what love is. It's a supreme imprint. And to manifest the body as a sacrifice is very visual, is a very focused lesson to be learned. Did anyone learn it? We do not think so. How thick in misunderstanding and ignorance it is to be in the veil of Maya without seeing love. No one who is of great intensity of meditation and purification would have stood behind such an action. So it is that there are a lot of laggard influences on the planet of earth, and it is taking a lot to purify that thought pattern. It is a thought pattern about judgment and punishment. People judge and punish on the earth, so Jesus is placed there as having been judged and punished. And yet he is released to God, and he is not really judged or punished. But do people understand that? Not yet.

Did he realize that this had to be done, but that he did not really want to do it?

As a human there comes feelings, emotions in the body and waves of understanding. One minute it is understood, the next minute it is not so well understood. He was fearful on the human level of all the things you would be fearful of. However, he was in touch with his Father and able to access the part of self from Spirit. We would say he was not fearful of his assuming his role. From the little ones perspective – because there are two different perspectives, yes – he looked as though he would have suffered a lot. And his physical body did suffer, but he was not *attached*. He was not connected to it in the truth of his totality. However, the representation of the physical form, it has tears, it bleeds, it laughs, but that is not who it is.

He maintained that personal and human connection?

Yes, he maintains it, and it falls off. But he *knows* where his sustenance really lies. The little ones do not have that power inside themselves, for the most part, to have that discipline to take themselves away from the pain. A lot of them do. There are many realized and realizing beings that know what they are doing within this form. He is not the *only* one – do you understand? With Jesus, it was a depiction or an acting-out of a particular model of humanity. Though there was the surrender where Jesus allowed himself to be on the cross, he could have changed that very easily. He could have changed the whole world with just a movement of his finger. But he was surrendering to God's Will, and that was the model. Jesus now has a great reputation all over the planet, but was it really about Jesus, the man that walked? No, it was not about that. It was about what he was able to channel into the world; to be

able to bring the energies in so that people really got an experience. There are many realized masters that are walking the planet that have the *same* power that was exhibited. Jesus was a karma-free being chosen to exemplify the truth as known in the Light. And it was decreed that that is the way it would be to bring in the Piscean Age.

What was the symbolism of the cross?

Cross is a symbology of a place, a point, a focus. Put a cross like an “X,” and it is also the symbology of the presentation of man to the planet. If you look at the presence of a human on the planet, they are a cross. They are a presentation of energy being anchored in the planet, but also extending in other directions at the same time. So where it is that man takes a cross and puts a little one upon it, and stretches them out to their fullest degree of self, it is therefore exposure and humiliation. So how did the cross get to be such a sign of something that is going to be positive in the church? Is it positive in the church? Or is it a sign that no matter what, you are going to end up in difficulty? The presence of this kind of energy plants one in the idea that they, too, will be in this position, and therefore, they are to be exposed and to be experiencing all parts of their life. It’s a very difficult symbology to connect to the energy of what is intended.

Was this supposed to be as a symbol for mankind?

It is only made up by man. God is not in charge of that part of the plan. God allows all things of man to be presented. So it is a point of focus. It’s a point of focus that is moved into awareness so that the little ones will be shocked into attention. How can you not pay attention to such a symbol? It’s not that God created it to be so special, this cross. The symbology of Jesus’ death is that there is no death. No matter how man crucifies the little self on the planet, there is no death. He rises and moves on in the life cycle. That is the symbology of Jesus. What the cross has done is take this point of focus and actually create a mesmerization. Is the focus on Jesus’ life, or is it the cross? So it is a misuse, or a misrepresentation of the energies presented in this form.

Did Jesus have to go through the crucifixion to clear any personal karma?

No. He took on the karma. No personal karma. The Christian faith would like to think of it like a sacrifice, but in truth, he was a great teacher. And it is a karmic undertaking because he had the power to clear it. He cleared karma. He cleared Judas’s karma before Judas passed. He would not leave Judas with karma, because Jesus loved *so well*, that he could forgive. Therefore Judas was not held accountable for the job that God had given Judas: to betray Jesus.

I thought that Judas wanted to force Jesus to prove himself to the authorities, so he gave him over to them.

The truth is that Judas was playing a role. There is a great karmic play in the sky, so to speak, and Judas becomes, on a soul level, awake and aware to the part of self that is a Judas, that has both sides. He is both sides; the good and the bad, so to speak. So therefore, he plays a conflicted role, which is human. Judas *is* the human population.

Did he believe that Jesus was the Messiah?

He believed. But he was conflicted in his ability to understand how God wanted it. God wanted everything to just become known and conscious without having to force it into happening.

Did Jesus physically survive the crucifixion?

Yes, he did. He was a Yogi, able to make his breath leave his body. Yogically, he becomes dormant for a period of time [the three days?] and then it is as though he is not physical, but imprints as physical. It is not understood easily. He's not just resumed his physical life during this kind of incident. There is no purpose in that. A lot of people say, *oh, he marry, he has family, he lives a regular life* – we do not see that. We do see that in every moment he is present to every form at this time. And that is the “he.” Now the Christ is present *in* every form. So it is like a hologram. From that special second on, there he is, always present in *every* moment of creation because he existed. It is the I AM, and there is no changing that.

The return of Jesus?

Will the soul of Jesus return again physically?

The soul of Jesus does not need to return again because there has been so much that has been given already from that soul. So we say, no, that soul is blended, and he is an Ascended Master. Still moving forward, on out – however you want to look at that – into a greater realm of awareness, into the realm of love and healing. Is that really going to be a Jesus if he would choose to come back? *No*, it can never be a Jesus. It was that moment in time when those molecules came together, so it would never be a Jesus, it would be a recreation of a Jesus. You never can step into the same river twice.

In the Bible it is said that Jesus will return as he left – in the clouds. Then what does this statement mean?

It's a metaphor. And the clouds are Maya [the forgetting of the spiritual origin while on earth]. The clouds obscure the sun from the earth, obscures consciousness so it can not see the sun. So it needs to have the clouds cleared away. So he would appear in the *clouds* of Maya. As the breaking away of the consciousness becomes crystal clear again, they are going to receive The

Christ. And The Christ is about light, it's not a *person*. It can be representative of a person. Everything in the Bible is a metaphor.

There's a lot of people out there waiting for the return of Jesus that will be a little disappointed.

Well we can say, do not put it past some of the media to be able to make a hologram that makes it look like the Christ is walking. We're serious!

Will there be another teacher that comes for this next time period, or millennium?

For this period, Ascended Master Saint Germain is in charge. So the Violet Ray is very important. When you pick out the Violet Flame or the violet aura, know it is part of the vibratory rate of the planet of earth that is being enhanced at this time by the light of the sun, the magnetic field that is being opened up by consciousness and the design and desire to be free. So it is the *freedom*. That's what the Violet Ray is about, freedom. So we see people say, *I want to be free of this...I want to be free of that*. Well, along with freedom comes discipline and responsibility, yes?

Will there be any teachers or higher-level souls that incarnate?

They are already here. There are many teachers on the planet. There are a *lot* of them in India, yes? Several of these are women, you understand, these are women teaching. And there is Sai Baba. And each one – although they might exhibit a human tendency from time to time – is also doing their part of bringing in the rays of light. Jesus was that being that could handle all the rays of light at one particular time. Now it takes a lot of different ones to handle different rays and energies to enhance the planet. But many are becoming conscious. And so the second coming of Christ is the awakening of the self to the light within, therefore the teaching will be coming from within. Does not need to come from without, because when it comes from without, everyone kills it. They try to put an end to that external force that would prove that there is a yes and a no, a right and a wrong. No one wants to be told they are wrong, understand?

People say that his name is now Sananda.

Sananda is from the Sanskrit and it is open to a greater and easier frequency. Jesus – just say it to yourself and you know that it is a vibration that is *different*. This matters in the devotion of the heart. There are many, many names for Jesus, and Sananda is one that has been used through the centuries. As he was traveling he was given different names.

Jesus appears in North America?

There are accounts of Jesus appearing to the Native Americans in the Book of Mormon, is this true?

Yes. He appeared. There are also accounts that he is Quetzalcoatl in the Mayan tradition. Appears with stigmata [bleeding wounds that mimic the crucifixion]. But it was the really the Christ energy, because the story of suffering is universal. It is about the freeing of the human from the universe of suffering. That is the same, no matter what culture you are going to. There is a lot of truth to the message of the Christ that was not just a Jesus, but was coexistent on the total planet at the same time. It's not just the Christian tradition. So God can split himself off into many pieces, like you cut a lemon in a lot of pieces, and appear all at the same time in different places. Not because it is a transference from this place to that place – no. It is because it is everywhere at once. *That's* about the Second Coming. People must understand that one thing can be everywhere at once and not just a separate body that appears to be just a physical manifestation.

So the main message is that it is not so much a question of whether Jesus appeared anywhere, but that The Christ was everywhere in all times.

Yes. This is *perfect*. Perfect.

Jerusalem

Why did Jesus incarnate into Israel at that particular time and culture instead of any other?

He was not drawn there and he was *placed* because of the energy there. So we are also talking about another acupuncture point; we're talking about the Star of Bethlehem. The time and the energy was right for the whole earth to be re-aligned, if it was so to be. You know how we say if you are on the Green Ray, we send you to someplace to meditate and to make the strength. So he makes the strength there in this spot to stabilize the axis of the earth two thousand years ago. At the time, it was in perfect alignment for the axis of the earth to be stabilized. It's a different way to think about it. So it was the right energy at the time in that place to bring him in.

Why are there different religions focused in on that one area?

It's all focusing because it all wants to be there. But guess what, is going to put a wobble in the earth. You heard that already, right? Any emotion that happens on one side of the planet is going to reflect itself on the other side. It's going to happen in turbulence of the weather and the turbulence in the activity of the human.

Biblical miracles

Did Moses really part the Red Sea, or is that a metaphor?

Good question. As we see that, it is an interpretation of the consciousness of the people that he was leading. He moved aside the emotionality of the humans to the point where they were directly focused in getting to the other side. They were going to the “promised land.” They needed to get there. They need to move aside all the troubles, all the parts of self that were in the way of moving their energy to their focus, to their end point. And so he did that in the minds of the people. He moved the energy in the minds of the people so that they could energize themselves – God of course did this, Moses could not do this by himself – and moved the energy aside, the energy of impossibility, and the little ones follow through. And yes, it does appear on the planet of earth as a real happening.

The water was pushed aside physically?

Yes, but it starts first in moving aside the impossibility of that in the minds of men, moving and building the faith. If there is a lot of power and faith, it happens first in the mind, and then happens in the split second in the reality of the planet of earth. It is through the power of pure faith of one human being, one who is so connected to God, where he takes and *imparts* this faith to the little ones. and it does happen in the physical reality because they believe it. That’s real internal power when a little one has that much faith, when they can impart that much faith to that many human beings. But every one together helped it happen because of so much faith. This is where the key is. You hear this over and over again, so much faith creating momentous happenings, momentous energetic shifts. And really it is just reassembling the particles of life in another way. A little shift in the perception makes a whole different reality a possibility.

The Bible Code

Is the Bible Code a real code that was encrypted into the Bible to foretell certain events?

Not as though it is intentional. It is a reality that is being projected upon the subject matter. It is not about how someone put that in there. Just by living, your life is encoded with the lessons you are learning. Just living. If you look deeply enough and you pay close enough attention to what you are doing morning to night, it tells the whole story of who you are.

The real Rapture and End Times

Are we in the End Times, as prophesied in the Bible?

The Bible is very intricate and has a lot of energy. We are not going to say that the Bible knows these End Times. The Bible is a written word

manifesting ideas in human beings with manipulated energy. There are many, many evidences of manipulated energy due to *ego*. So this work is not the pure thought, word, deed of God.

Will there be a Rapture, as was foretold in the Bible?

Rapture comes in meditation. They are talking about meditating. They talk about the part of self that frees oneself from the mental attachment to this earth dimension.

There are so many people who believe this literally.

It's a *need* for something to happen in the third dimension that they are stuck in. They must give themselves permission to be released from it. They don't want to die. They have to get released from the physical body at some point, and they don't want to practice meditation so that they know what Nirvana is. They don't know these things because they are ignorant of these facts.

If enough people believed that the Rapture would happen, would it happen?

It's a nice image, and it helps them from having to meditate, but it's not about the body, it is about the mind. So many little ones want to believe they are going to be lifted, and that if they are thinking the right thing, it's going to be them. They are fooling themselves, because they don't really understand the part of the self that is motivating the life. For the most part, it is survival and security. So that is the lesson. First chakra again – survival and security.

EARTHLY ISSUES AND EVENTS

The inside story



Societal influences due to reincarnation

From what historical period are the souls of the people who are in the United States at this time, and what influence is this creating?

A lot of people that are awakened here are from the time of the Christ, two thousand years ago. These are the ones who are here to do the work of bringing the light in. They are not religious people, but are sensing a true connection to the light. So we call these lightworkers, if you like. All the people here are not from a particular time, but a bunch of times where it is that the collection of the energy was to build and build into the light, rather than to go down. There are not too many here that are part of the medieval times when there was a lot of darkness and people thought there were witches.

I heard that the founding fathers from the revolutionary times are incarnated again.

Yes, we say that that is true. Now this is not always good, because the founding fathers, they had their own purposes, as well. Their purposes were to carry out what it is that they believed in. A lot of what was brought into the United States of America is still English. Although it appears to be the polarity of English, it is still English. You have taxation, and that is the landlord's kind of thing – heavy taxation. And the door was open for that. It was not originally opened for that, but it did get opened.

You said that those people reincarnating is not necessarily a good thing.

Not necessarily a good thing in the way that people are looking for *salvation*. There is no salvation in going back and looking at what was. There is only salvation in the moment. Only look to Ascended Masters in their non-body form for help, understand?

Wasn't there the ideal of freedom, and didn't they strive to carry that out?

Yes, they helped to bring forth an awareness of an ideal of freedom, but they did not necessarily carry it out because they only had limited consciousness and were under the influence of their own domination of what it is they wanted to achieve in the life. A lot of the beings that were earnest in truth did not live a long life. The ones that live to be old and gray, they had another plan in mind. They had a plan of power. They had a plan of self-sufficiency. And they were human beings. So we are not putting them down, we are just saying that all things have a light and a dark aspect.

But it was a good beginning, wasn't it?

It was a good idea, a good beginning. Now Saint Germain needs to come in and straighten it out. Because it's a *mess*. You have to admit, it's a mess.

Can you tell me about the higher calling of the United States?

As a people, is a very eclectic grouping, yes? However, the heart is the same. People from all over have come to find freedom. Little ones coming to the American states want freedom, and they think it must be here, so they come. But they do not know how to live free from fear. They do not know how to live free from the anxiety, because they have not learned that they are Spirit. They do not know that in the body, you never find freedom. You have to exit from the body to find freedom. Here there is now a blending of the East and the West cultures. In the East, there is more of a knowledge about how to come to peace. In the West little ones have more of a knowledge about industrialization and money. They do not blend it by themselves, but there is the cauldron, the "melting pot" that allows these things to happen. And yet not always the things that America says are true. This is a test. Americans are being tested as to their truth and their identity.

About human nature

Many people ask why God allows the suffering and injustice to continue in the world. What would you say?

It's not injustice. There is none. The suffering continues because little ones continue to pursue a path that is separate from God, rather than pursuing the path of going home. All they must do is 51% of the work and God will do the rest.

How many people can actually accomplish that right now?

All of them. It is a matter of a change of heart. Certain ones are set in a direction upon incarnation, but all possibilities are open to all little ones at birth. Even though the incarnation contains certain information already, there are those moments in time where the door is open – it's not unlike astrology.

And if all things are in right form, it is not unlike going through a tunnel. The gate lifts up, you go through. You miss it? You miss it. Then you have to pay your dues until another gate goes up again. That's okay. But there are those moments in time where the gate goes up *just because of the grace of God*. And it is not necessarily about living. Dying, passing on, transitioning, these things are the grace of God, as well.

Can these moments of grace be known?

They can be felt. There can be a sense of euphoria. We say *grace* is the existence of one who is in the moment with gratitude for every experience, not judging or complaining about any of the experiences. Therefore, judging is inappropriate if you choose to live in grace.

It seems like people are needing a reason to go on, be it a relationship, a job, a child, or whatever. What would you say to those who are feeling as though they have lost everything or have nothing to live for?

They hold on to the outer world as the part of self that is most important. They need to breathe into themselves. They do not know themselves very well. They do not have their best friend present in their heart. They have not successfully made contact with their own heart, their own hearts desire. Usually the heart's desire looks like a little selfish streak inside. They think their children are everything to them, but it's not about the children. It's about the part of self that is open wide to new experience, an unfoldment of life and a growth, and a re-evaluation of life that is necessary from time to time. Spring does not hold on to the snow, it lets it melt.

People need to spend more time with themselves?

Well, sometimes that can feel like punishment. Each little one has their own little lessons. And as you move through your life, you can go looking for happiness outside of self, but it is the job of the universe to keep proving to you that *that's not where it is*. You can have some. You can enjoy. But the little ones want to feel totally satisfied in the physical reality, and it's *not going to happen*.

Violence in children

It seems like kids are becoming increasingly wild and violent. What is the cause of this?

All right. Very good, good, question. We like it a lot. It is a matter of these beings that are drawn to the planet at this particular time. They are not self-aware, not realized at all, and they are not being given the guidance. But nevertheless, there are a lot of laggard souls being drawn in. This in itself is increasingly causing disruption on the planet earth. It is drawn and karmically written that what you sow, you will reap. If people make a place

in their life for hate, resentment and revenge, they are going to materialize that. It may come forward as their child. And it is even written in the Bible that there will come a time when children will kill their parents. It's already happening. So suggest to each little one to have meditation and a sensing of knowing the Divine within, and really, really committing to live a life that is whole and healthy to the *best* of your ability.

How can the parents cope with their children who are like this?

They need to cope with themselves, because otherwise they would not have drawn this child in. The children are a manifestation of them. This problem disappears once the one takes care of the problem inside of self. Then there is nothing feeding it. There must be a materialization of love, otherwise there will have to be drawn disastrous situations, at this point in time, in order for them to become aware and awaken. Although the vibrations are rising, many are still maintaining their laggard personality. And everyone has laggard parts of the personality: the parts of desire, the parts of resentment, revenge.

Is there a way to reach these children?

Prayers. It's not about taking part in political situations. It's about good and honest prayer, good intention and peace within, knowing that this is the priority.

Will some children not be able to be helped and end up in the penal system?

Yes, because this is also their karma.

It seems that there are a lot of children suffering from neglect and abuse through no fault of their own. Why is this?

Not to forget that children who can not protect themselves were once adults in another incarnation that *could* protect themselves. It's always a karmic interaction. Little one comes with certain temperament to certain parents. Suppose there is child abuse from the parents. The parents and child come together for certain lesson. If the parents are not capable of carrying out this kind of relationship with love, the children will then experience abuse that they themselves had perpetrated upon another in another life cycle. Therefore, parents are creating karmic aspect for themselves and giving the children an experience of growth. Little ones are always *so* wanting to learn as much as they can when they incarnate. You know we tell you that it's hard to get a body now. There are lots of souls that want the body, and so many incarnations starting to happen, but still not enough for the souls that want to orientate themselves to possibility of earth life. So the children that come in, they quickly want to learn a lesson and return a great amount of wisdom to the planetary consciousness.

Winners and losers

What makes one person a winner, say at the lottery or the slots, and one a loser?

It's all karmic aspect. Because there will be certain things that will help a person learn a lesson.

There is no question of a person's belief?

Everything is in Divine Right Order, and if a person's belief system is in the kind of order and their karma is showing that they need to learn the lesson in that way, yes, it's going to happen.

Is that the same with one person having so much money, and another one does not?

Yes. All these things are designed before the incarnation. Therefore it is known information.

So even if a person is open to this in all ways, if it does not serve as a spiritual lesson, it will not happen?

If it's not in the contract.

Abortion

How is abortion viewed by Spirit?

Spirit is not partial. Spirit does not take sides. Spirit realizes that the little soul that goes into the body has already agreed to come in that way at that time, and will receive whatever they go in for when reincarnating.

The baby knows there is a possibility that it will be rejected?

Yes. Not just possibility – probability.

There is a lot of guilt around that, personally by the mothers, and from outside by the religious elements.

Purely subjugation. The intelligence of man has been really subjugated. The human once knew how to avoid conception. The human being has forgotten their ability to not become a parent. They have forgotten how to use their energy rightly and they have subjugated it to desire, rather than responsibility.

Stealing, murder and karma

What happens to those who steal or take advantage of others after they die?

Well first of all, they go through the same process as everyone else, which means go look at their life and see what they did. Because they are out of the physical form and they are sensing more the love, they will be able to observe the non-loving activity of their life. So they get to observe this, and also feel in their being what that created in the person that they perpetrated that activity on. And then they will move into the temples and halls of wisdom. That will help them to align themselves with the greater knowledge of themselves, the universal love, and all those aspects of self that create “right action.” Right action is what is happening on the planet of earth right now. So we are talking fifth chakra, and the will of God flowing through the human, and all those who take on a human body.

What if their action is an instrument of a karmic action upon someone?

They are still held responsible for the activity. However, because it is in service, this is a different type of activity. It is taken into consideration not only by one who perpetrates, but by little one that is recipient of the service. Therefore there is something on the soul level that says, *thank you very much*...and therefore there is forgiveness. Forgiveness is where all of the activity is transmuted.

What about murder?

Murder and taking life of a little one is an activity of deep responsibility. Murder is never about love. It can be a service, because there is a karmic reciprocity, but it is never about love. It has a kind of a frequency of a “blip” in time creating an act that will, in fact, change the course of events forever for the one committing the act and the one who is perpetrated against. Therefore, there needs to be responsibility for this activity. And usually it is karmic. Once the little one takes the karma from one life cycle and recreates it in another life cycle, then it is perpetuated. God does not step in and say, *let's murder this one so they learn a lesson*. It can be a karmic agreement, however, there is a decision inside of little ones that decides whether to create this immoral act, this unloving act, or not.

If someone did commit a murder and asked for forgiveness, would that clear things?

It depends. A lot of these sort of circumstances have to do with the other person involved, the other aspects of the self. Nothing is cut and dried.

Are the souls who murder inherently evil, so to speak, or like a laggard soul?

The soul that is connected to the ego personality of a person like this is of love; is of God. This is the first understanding, that souls are of love and are

of God. However, there is a disruption in the pattern of connection to the human force. So the disruption happens outside of the soul. The human is creating the disruption in order to not be in contact with the soul. But then we can say that the soul of the human is always trying to point them in the right direction. So the fault lies within the ego pattern and how strong the ego pattern is. The soul keeps putting them in a situation where they can learn, and it depends on how strong the ego pattern is that will determine how soon they are going to learn. This ego and will are oftentimes influenced by the ego and will of others that have a great distortion of what humanity is about, or what life is about.

Could they be susceptible to the fourth dimension and be controlled somewhat by that?

Yes, they are susceptible in this way, because their habits and patterns would open them to that vibration.

What about killing someone in self-defense if they are intent on killing you?

Life is precious. Each little one is here to receive life in its fullest, and you can not receive it in its fullest if you are dead. God does not punish. It is a pure first chakra reaction to protect oneself. If someone accidentally kills someone in self-defense, they are not held wholly responsible.

If a soldier is in a war, is he accountable for the other soldiers that he kills?

This is a very good question. Of course he is accountable, because it is a choice to be fighting. And mostly what that does is, during the war, it balances out karma. It is an activation of a part of self that has been dormant for a long period of time that does, in fact, know how to kill, and that needs to learn that killing is not the way. There could be remorse that needs to be experienced, or the need to change the direction of the flow of the karmic retribution. Warring and killing are great lessons, and they often account for much more learning than everyday life. You now little ones that have been in the service and experienced a war are forever scarred with that, so to speak. And it does in fact cut through the veil of Maya and a lot of the resistance to change on the one degree. On the other degree, little one becomes so much in fear and guilt that they are in fact caught for a period of time between the worlds. It looks as though it is disconnected from the immediate reality. So this is helpful on the spiritual level to have had this experience, because then it comes in to right use of will. It's always about right use of will when we talk about war.

Is there less responsibility for a soldier if those who he was killing were oppressing others?

Well, the momentum, or the impetus for the activity, appears to be different. It is a story line, you understand. The truth of the activity is that it is an engagement of warring or killing activity that does, in fact, *take human life*. Now we do not *condemn*, and neither should anyone else condemn. Nor should the little one condemn themselves. Of course, if the little ones had all the spirituality that was necessary, they would realize that it is not really killing. The truth is that no one is dead forever. And also, if there was that level of spirituality, there would be peace.

Capital punishment

How about capital punishment?

If little ones take it upon themselves to kill, they are going to have to pay one way or the other, because they have taken the life of someone else.

Who's responsible, the person who pulls the switch, the judge?

All of them. Everyone is held responsible for decision-making pattern of removing life from the being that God has given it to.

Cloning

Is cloning a human wrong in the eyes of Spirit?

Yes. It is against the rules, so to speak, but God allows it. If it is done in the name or the heart of love, or bringing forth more love upon the planet of earth, that is one particular facet. If it is done disrespectful of love and the soul, love and the human nature, love and the process of recreation of human life, then in fact, it is not in alignment with the spiritual aspect of self. Spiritual in the way we say it now is in the spiritual aspect of unconditional truth and love. God allows a lot of things out of love, because little ones need to learn this way – or they think they need to learn that way – so there is given a lot of freedom. But this freedom, in fact, is the confinement of the soul at some future time. And we say “soul” on purpose. There are those aspects where the little one can not keep being reborn onto the planet due to the limitations of their own ability to love.

Does a clone have a soul?

Very often, it does not have a soul. Because there is a part of self that is used to begin the cloning, there can be a splitting off, and this is a fragmentation. So anything that fragments the sense of self from God and the wholeness is not as vibratorily whole and energized as it would be had it come from soul purpose; having gone through the halls of karma, and connected with the parts of self that were in retribution from many other life cycles. There is no conscience; it would have no remorse. Scary. It can be very much like a robot. Easily programmed as well.

Has someone already cloned a human?

Yes, there have been many times in the process of the earth planet. But recently, in the last twenty years there have been super-experiments, but they have not turned out so especially well.

Food energy

You said once that sugar is the energy of despair.

Yes, this is interesting. Remember not to take things too much out of context because to the little ones, sugar is the sweetness of life as well, but the food of despair of a lot of people. They pick it, and they use it in despair. If you crave sugar, it is the part of self that is junk food junkie and has parts of self that are unfulfilled, unhappy. They can not necessarily metabolize it, but they are craving it.

When people crave certain tastes or food, what is this an indication of?

A lot of times, the particular taste that they are craving will balance out a particular lack or limitation in the physical constitution. However, it doesn't take much to balance something. If someone continues to use the salty part, it can become habit. So habit will bring breakdown in the constitutional stability.

What is it when you crave salt?

With salt, they want to step their life up. You get a salty taste, you want more salt and more salt. Salt is a balancing chemistry that holds water in the system. When you have too much salt in the system, you are also holding psychic and emotional energy in the system. Because of its electrolyte energy, it is a moving quality, therefore it is fiery. It also helps to burn up what is accompanying it at the same time. In an addiction form, salt is being called for because there needs to be alignment with a moving vibration, motion.

What about sour foods?

Sour has a lot of salt in it, and it's in alignment with moving energy; fire – hot energy. Transformation is also acknowledged by sour, because you can pickle something, and it transforms the energies that would deteriorate it. They become “on hold” in the body. So a little bit of that is good, because it does balance out sugar, but a lot of pickle makes little one have inertia. Think of putting sour in your mouth and what happens? It is as though there is a stop. And it has the same reflection all the way through the body.

What about oily foods?

This is a little different than sweet or sour things. Oily things are good for lubrication and assisting fire, so too much oil means too much fire. Too much oil is too much lubrication. Oil is in the flow of what helps the motivating part of the self. It needs to be in balance, and there doesn't need to be a whole lot of oil for the human system. Because it has a watery content, a lot of oil can smother a fire. Just a little bit makes the fire come flaming up because it mixes with air. So oil needs to be moderated in the diet. Also when oil is too hot, it becomes indigestible to the body.

Is that like the hydrogenated oils so prominent in our foods?

Yes, a lot of that is a problem. And it becomes stuck; coagulated. So it is better if it is easily refined, cold pressed, moving into the natural state of the body. A body is not fried, a body is moderate.

What about the bitter taste?

Bitter herbs, these are the ones that excite the being into creativity, activity, imagination. Little ones don't like so much bitter because it reduces the amount of flow of fire in the body for a period of time. Not forever, just for a period of time. So it makes a soothing effect. It can also have a stimulant effect on the digestion. Again, we are talking about moderation.

What about craving spicy things?

It could be that they are cold, or it can also be that they are too hot and needing to be matching the hot. It's like picking another partner that is of similar qualities. They want more of the same. And usually it makes for a burn-out really early.

What about milk and dairy products?

They have their place. They are freely given by the cow, and they don't have to kill the cow to put this into the body. There are certain cultures that absolutely do not believe in it, and therefore it would not be good for them to ingest it. And there are certain cultures that really respect the bovine, and the cow's freely giving the milk of human kindness. And so there is definitely a place for that. Milk cools the system. It also lubricates the system because it has fat content in it. So once again, in moderation. Sometimes in cooking it is appropriate for the body to be taking in milk. Milk is complete nourishment, however, too much milk clogs the system. So where little ones like to have a big tall glass of milk, little ones would be better off to have a short, not-so-tall glass of milk.

What about goat's milk?

We can see that there is a vibration of the cow's milk that is too heavy for a lot of people. That is because their system is primarily what the Auyervada

would call Vatta, or airy. So it slows down the air and they feel congested. Then it would be better to go with goat's milk, which, in fact, does create an airiness in the intestines of some people, which they can not tolerate. So therefore, is not so good for *all* people. Nothing is all good for all people. Water, even in too much quantity, is not all good for all people. It is a process of self-study.

What about pasteurization? Does that harm the nutrients of the vibration of it?

You can not kill the vibration of milk. In fact, boiling will make it more digestible. It breaks it down a little more for the system. So it is not so much the pasteurization, it is the process and the movement of the milk from hand to hand, energy to energy. It is also the sensing of taking the milk too early from the cow. Instead of giving the milk to the calf, the milk is taken from the cow. These are all vibrational patterns that make milk tougher on the human being, because the cow can build resentment. The cow looks as though it is not resenting, however inside the cow there is a dis-ease. So we could use the word resentment, but that is more of a human term. But there is a dis-ease of the energy. You kill the cow, you eat the meat, there is a dis-ease.

So that feeling that they have is transferred to the food?

Yes. They know they are going to get killed. They don't come up and ask you to take their life. It's being taken from them.

Genetically modified foods and contamination

Is there a danger in consuming genetically modified foods, and what happens when we do?

When these are altered, the prana, the electromagnetivity is altered. And therefore it does not give the life-sustaining force it would have had it been left alone, even if it was in its most weakened state. We say simplicity in eating is very important, because as the body goes to metabolize what it is that it needs from the food, it gets confused. It can not metabolize six things at once. It can metabolize one or two, unless it is cooked together in the same pot and would become a merging of energies, so it would become a blend and accepted by the body.

How contaminated is our food?

Very. Everything is contaminated at this point in time, other than that which you know you have planted and grown. It is energetically contaminated by those people that handle your food who are not happy with their lives. So that's why you do the blessing before you eat. You move the energy from the

food into a form of what is digestible. You wouldn't want to digest someone's heartburn from when they handled your turnip.

So what would be a good blessing?

You are working with the knowing that *God* has created everything, that everything that goes into your body is transmuted into a more spiritual purpose, and that everything is done in the grace of love. Therefore you are *incredibly* thankful for the Mother Earth and all the beings that have helped to bring the food to your plate. Grace and gratitude.

How much of disease is due from outside influences, such as pollution?

There is a lot of that now. We're going to say maybe 30%. All the fatal disease has to do with pollution that is hanging around, that is available through the air, the water, the food. So that's a big amount of percent. So there comes to the little one what responsible choice is about as to what they put in their mouth and how they live their lives. The quicker you catch on to what it is that brings you in to balance, the longer you have to survive in the body and the better the awareness is of self and self-control.

When we are relaxed and meditating, will that help to transmute some of this?

Oh, yes. Because the awareness is in that area, and your awareness to transmute whatever the trouble is puts the energy in that direction. When the body is carrying disease, this is the manifestation of a seed that has been planted by you; maybe implanted in the past in this life or in a different life cycle, but there it is. God didn't come along and drop the seed of disease inside. Ego and the karmic manifestations of other life cycles are giving to you a different message like, *I want to eat this, because, oh, it is sooo good*. But this is all a manifestation of trying to feel good in the body, when in fact, the body itself is discomforted and disquieted because of the *thoughts* that you have already put into it. Body gets the food in there, quiets down for a minute because your attention is going into, [she coos] *Ooo, this is good*, but still the body manifests disease after disease after disease. And this is a cracking down, a breaking down of the resistance to the negative aspects of life.

The Water Blessing

It seems the water needs some help.

For the most part, it is not clear and clean and crystal pure – you know that. Water gets recycled many times and it becomes flat. Not only does it look flat and taste flat, but the actual crystalline structure becomes flat. Water is a liquid crystallization. The body itself is 90% water, for the most part. As the little ones take the clear, clean vibration of the water into their body, it does

in fact raise the consciousness, increase the healing and bring peace. When one has a lot of water in the body, it means they have a lot of energy that is of the emotional realm, but they are also part of the “mother” and the “manifesting” qualities.

What about the water blessing you talked about?

There is the knowing that the water of the universe comes from God, and that each molecule is but a mirror of God. Therefore, whatever energy is projected on, toward, around or in the molecule of water is vibratorily set. It becomes the vibration of that water. Any water source is very, very susceptible to vibration. So talking to water makes it happier. Talking to water makes it more blessed. When you pray about the water, you acknowledge the power and the nurturing and the growth and the flourishing – things flourish in water. Put a little plant in there that needs water and all of a sudden in an hour or two it is all perky. Now, the great flow of life is in water, therefore you give the blessing. And each little one has their own hands, has their own heart, they have their own sense of connection to me for this water blessing, the Kwan Yin Water Blessing. [She grins.] The legacy we give you in the book is the Water Blessing. Here it is:

With these hands, with this heart, and with the pure intention of God, this water is now blessed, removing and transmuting any impurities forever, and returning them to the light. Peace.

It can be ended in what anyone likes to use in their own religion, whether it is Amen, or it is Om, or So Be It, or Namasté. End it by using your own hands to bless the water, sensing the energy that is coming down through the crown, into the heart, and out through the hands into the water. Hold it for a little while as though you would hold a little baby. This water can be used, and it will bless any amount of water you add it to. So you can take this water and disperse it. One ounce of this water in approximately seven, eight or nine ounces will be plenty. This could become a magnificent healing force. Everyone should bless their water. When you are praying with the water, you are praying to the vibration of what makes things work on this planet. Planets without water don't work. You are praying not just for the glass of water, the ocean or the river. You are praying to the elemental that created water itself, which is a Divine Protection. It is a manifestation of God in *all* of Its ability to make things flourish. We also want to add to this: as you use this water blessing you can visualize the oceans, visualize a lake, stream or river and use this blessing with the pure intention that the water supply on the planet of earth become cleared, as though it is a great healing force surging through its own given territory in order to bring love and healing to the little ones and the surroundings that the little ones are here to nourish and enjoy.

What about taking some blessed water and pouring it into a river or a lake?

Is excellent. If little one has a water source and they can do that daily, they will be helping to transmute the negativity of the water sources of the planet of earth. If you were going to a lake and you notice that it needs some pepping up, you would go every single day. Or you would go every morning and evening and you would do the water blessing and you would pray for the well-being of the water and talk to the water as if you would love to know that the reflection of God is in every droplet. And you would use per chance, a cup of water, and you would use blessed water and you would add it. But as you did it, you would look upon the water of the lake and imagine, project, open the visualization into that water, permeating every droplet of water in the lake. A drop or two of blessed water is enough to change the vibration of other water using the blessing at the same time. Vibratorily, it will raise the lake's vibration right away. It will not necessarily sparkle and shine right away. Sometimes it will take seven days before you will notice something. It is a dedication. When you are noticing a water supply anywhere, just use a blessing over it. It is very important. It will go backwards through the pipes to the source. Bless the source. Thank it and bless the source. You can also bless what goes down the drain, because the drain water is what is causing some stagnancy on the planet. What you are doing is for the whole. If you wash an apple, you bless the water, the apple and the source. It is very simple.

Healing springs

Are there healing springs in the United States?

Colorado – there are springs. New York State – there are healing springs. Tennessee – there are healing springs. Nevada – there are *going* to be healing springs. California has healing springs, but they are not of great energy in California at this particular time. Montana is going to have healing springs. Some of these are potential. Florida has a possibility of having its own system of springs, and we do see that there will be some healing power in Florida. We do not see anything in Texas. Do not see anything in Arizona. Mexico has great springs. In Canada there will be some. Possibilities in the Carolinas. There are a few in New Hampshire that have beautiful water coming down, and there a few out west that have beautiful water coming up. It's a matter of touching in with the greatest of energies, being awake and aware of the blessings. If you had someone sitting and meditating next to water, it would be a sacred holy spring in a moment. It isn't that water will come as it did in Lourdes, because Lourdes was not holy water in the beginning. It was the higher vibration of the prayer and meditation that made it so. When the vibration of the water is shifted, they become healing springs.

Any water can heal. It is a matter of the quality of the water and the quality of the vibration in which it is received.

How will we know where they are exactly?

People will find them. People will begin to say, *I have heard...* or, *I have seen...*

So we just keep our eyes and ears open?

Yes.

The healing spring in Tlacote Mexico has been known for quite a while, and I want to know if it still has potency?

Yes it does. These places don't receive the negative influences of so much human traffic. They hold their own intensity, and so there is still intensity in that space.

How did this little unknown spring get that way?

It has always been a healing spring with a certain balance of minerals and a certain energy that flows there, but other people have been there and felt the power. That area has a lot of unspoken, unsung heroes that bring their energy back and forth from there. They would be seen as saints if they were in another part of the world – people would say, *Oh what wonderful people*. So they are giving energy to the spring as well.

It is a small little town, but they still have busloads of people show up there, so does that have an effect on it?

It does in the moment. But if is left to clear itself, it will clear, as long as there are no negative projections and projections of deep dark consciousness. Most of this energy comes from the inside of the earth anyway and it is recreated in every moment. Most of these people are simple people coming for healing, not for exploiting. When these places become exploited [become a “tourist trap”] they lose their power.

Food and health

What is happening with the grains that were part of a crop circle formation and have been processed into the food supply? Is this having an effect on us?

Yes. It's kind of funny. It's not bad at all. It's actually raising the vibration to some degree.

Are microwaved foods harmful to us?

Microwave is a frequency that is not meant to be in the body. It is something that infrequently used, or infrequently exposed to would only damage the

aura slightly. Putting it inside the body is going to accentuate the coagulation factor. It kills a lot of the food. Oh they say it makes the vitamins better, it does this, it does that, but it is a radioactive kind of energy. Therefore, it has a tendency to enhance the frequency of the food in a negative way. We can not explain it any further than that. If you thaw something, let it sit there and allow the rays to dissipate because they still moving, they are still bombarding the food, and if you eat it right away while it is still hot, all those molecules are moving around and the energy waves are still in there. It is inappropriate for the physical body.

What happens to those who eat a lot of microwaved food?

It gets walled-off in their bodies and locked in the liver. The liver is the part of self that clears the toxicity. There is a shut down. This also has to do with the fats, like in potato chips – these kinds of things. The fat has been cooked to the degree where it is so dense in structure that it can not be broken down by any of the enzymes or acids in the body because it has already been overcooked and has solidified. The body does not how to digest that. We want it to go back into pure essence. So that is why it is good to use anything that is natural or organic and has minimal processing with it. This is best for the body. The body likes it.

What about aspartame, trademarked as Nutrasweet?

It's not appropriate for the human to ingest this, because it is a low-vibrational material – and synthetic at that. It's better to avoid this one. If you stick it plain in front of a person they would not choose that.

What would it do to you if used it a lot?

It empties the cell of the sense of self – because it is not natural, you understand? Each cell needs its own nourishment. You put in Nutrasweet and it says, *What is this? What is this? I don't get it. I don't relate to it.* So you take something that is synthetic that is pushed into the body, what happens is that the body does not get nourishment from it and it becomes crystallized in the body. It becomes stuck; becomes debris. There are a lot of things like that, a lot of new products on the market that you call junk food that all make debris in the body, because the body does not know how to properly break it down. It just goes to the side.

Does the body try to flush it out?

It would try to wall it off.

So it gets stuck in your body.

Yes. Impaction.

Can you attribute any specific illness or problem that develops with use of Nutrasweet?

It depends on what is going on with the little one. Usually little ones that cannot use sugar are the ones that have not been able to metabolize the sweetness of life. And it does not help to get rid of diabetes, but to encourage it. Also it weakens the spleen. Emotion is connected to using Nutrasweet because of the feeling that they *can't* have that *other* stuff in their body. So there becomes an isolation and a separation instead of an integration. That's the root of all disease, yes?

What does fluoridation of our water supply do to us?

It makes those little things you wall off in your body, again.

Is the fluoride too much for us to handle?

Well, it depends on where the fluoride came from. There are many different sources. Anything in continuous amounts is not as beneficial. You don't take penicillin for weeks and weeks. You don't take herbs for weeks and weeks. You take them and you let your body have rest, and you let your body assimilate. Repetition year after year, the body becomes accustomed to it, and the assimilation is less, rather than more.

Is this process even necessary for dental care?

It would depend on the density and construction of the teeth. Although the enamel on the teeth look the same, the density and the compaction of the chemistry is different.

What about chlorine in our water?

Well, chlorine is one of those energies that will kill off bacteria, but it also kills off all life. It's another anti-biotic. Therefore, chlorine is not as necessary as the little ones are presenting it into the water source. They could use much less chlorine – you know, like homeopathic remedies.

Is coral calcium as a supplement really as good for us they say it is?

The organic quality of the calcium in coral is very strong and can be very assimilated with water. There are great possibilities, but a clamshell also puts out a great deal of calcium. It has a different color than the clamshell, therefore has a different vibratory rate. It is more porous. It is a strong way to take in the components of the ocean. On the physical level, as far as the bones go, it can be advantageous, but it takes a very strong digestive system. Otherwise it just moves through without assimilation.

Ayurvedic medicine

Where did Ayurvedic medicine come from?

[Ayurveda, which began in India, is essentially a way to heal the body naturally through using food in combination with knowledge about your unique body systems' type of assimilation.] Ayurveda means "science of life." This was information gathered by the Rishis as they did very high meditation over hundreds of years, before the term of Hindu came about. It comes from the complete understanding that each system in the body is not a singular system and that each has a need to be connected to the other systems. Then there are little energetic pipelines or tunnels that run through it all, and that is what the Bija Mantras [chakra toning] address.

And in Ayurveda, vitamins don't come into play unless they are taken in a natural form, right?

No, because vitamins that are taken from the bottles are a chemical. They are not part of the major elements that bring the body into being. Vitamins need to be in a vegetable form, homogeneous with the blood stream upon digestion. The chemical component of vitamins are not compatible with the physical body. They make people feel better and they give them a sense of security, but are not necessarily beneficial.

You had said that Americans could use certain types of herbs from Ayurveda because it would help to ground our hyper energy.

Yes, but this can only be used by people who are calling for that vibratory rate and for a deeper understanding. The consciousness here in your America is one of quick fix, and there is really a lot of fear around imbalances. They don't want imbalances. They want everything to be straight and strong immediately. So there is no concept, for the most part, of working with the symptom, instead of getting rid of the symptom.

Mind-altering substances

Is smoking marijuana harmful?

That depends upon how the little one perceives the use of the marijuana. Anything can be harmful if it is used inappropriately with the wrong attitude for the wrong reason – even water. You can give too much water to a little one that does not need so much water. Marijuana is one of those things that is taken for certain medicinal or healing reasons. It's never just done because it is done. If little one uses this particular compound, this herb, it intensifies what is already going on inside the little one. Peace? More peace. Congestion of consciousness? More congestion in the consciousness.

What about alcohol?

It depends upon the person that is using it, how much is used, the attitude it is used with, how repetitious it is, and the reasoning for the repetition. Some people can have a drink two times a day, all of their life, and it is plain old medicinal. It just moves right through. Other people's constitution, other people's reasoning power combats the chemical.

You said that people who drink alcohol are opened to the fourth dimensional influence?

Yes. But it does not mean that little one can not drink a little bit of alcohol, and not be open to that. It depends upon where the starting point is. Any mind-altering substance opens one up to the fourth dimension because the mind is where the fourth dimension dwells. Alcohol can make you very susceptible to what is in the fourth dimension because there is a part of yourself that leaves the body during the partaking which makes yourself available to higher realms of thought; spacey, so to speak. But nevertheless, there you are in the realm of everything else that is hanging around there at the same time. So it is to use everything in a Divine manner.

AIDS

What are the reasons people contract AIDS?

AIDS is a name given by people. Those people that contract the disease called AIDS probably would not have contracted it were they not so fearful that they did not have enough love. They need a lot of help in this life cycle – aid. And then once they think they have the precursor, the HIV, this is not necessarily going to create AIDS, but if the medical profession says that that is what it is, the belief system goes in there and says [she claps her hands] *That's it! You've had it. You've had it now.* This energy is dangerous. Anyone that projects this and takes away free will choice by saying something like this, that's a lot of karma that doctors make. They should be glad that all they get is sued in the life cycle. There is a lot of catching up to do karmically for all the people that have a problem called AIDS, or even HIV. All those people with a lot of guilt and a lot of past life history around having judged, criticized and condemned other people. They put themselves in the place of humiliation. It's very humiliating to have this kind of pronouncement on the body. It is a complete rejection by others who are frightened of them at the moment that they need help, which means they must go within. And a lot of people have been able to do it.

What is the cure?

There are many ways in the physical reality to cure oneself of AIDS. Number one is to bumper up the immune system, because your immune system knows how to handle everything. Bumpering up the immune system can be a

physical process, as you well know, but mostly a spiritual/mental process. It is unhooking from what has been pre-taught. Unhooking. Very difficult. The only thing that replaces all of that is pure Truth. When the being recognizes pure truth, then they feel stronger.

Heart disease

What about all the heart disease in America? Is that just people eating fatty foods and not exercising?

No, that's about the heart chakra slamming down. The reason why little ones are having heart attacks in this country are many. Number one, most of them are not living up to their potential. They are on the material aspect of life. Therefore they are not on the material aspect of life that nourishes their body, mind and soul. They are feeding and consuming, and these things are usually true for the little ones with heart attacks. They have unthinkingly consumed thoughts and food and energy which are not compatible with the health. What they are having is misuse of their energy, and the misuse of the energy and the guilt will bring violent contractions in the body. Fear brings violent contractions in the colon, gives very quick diarrhea if someone gets very frightened. Anywhere in the body, fear can make a quick contraction, which will have pain. So if someone feels that they are very guilty, this is all self-created. Now in the world of medicine, they are measuring your heart by the note that the heart puts out. If you look at that meter that registers the heart – *boobeep, boobeep* – this is a sick heart. This is not a healthy heart. A healthy heart can do any rhythm in the whole universe. A healthy heart can take a rhythm here, be with it, and then take another rhythm. And that means that the little ones are capable of adapting to many new situations without fear, and having to hold on to regularity, or patterns.

Cancer

Tell me about the disease, cancer.

Cancer is a frequency that is of an old belief system, for the most part. This is from a very old and solid belief system - makes a very solid mass in the body. You realize that cancer has to do with lack of self-respect, which is the gentle way to say it. Self-hate is the best way to express cancer. People don't want to hear that, of course. Cancer is also a belief in victimization. Remember that self-pity and victimhood are also connected to anger, so you have a train of thought here. So most of it has to do with suppressed rage from some point in time. It is also like terrorism - what better way to terrorize yourself than to create cancer? It is terror in the first degree on the internal. Anger is always connected to the fear of loss, or the thought of something having been lost, so people often manifest something in their body to replace it. You know, oral cancer is like replacing that baby problem that

never got solved. Breast cancer would replace the nourishment that never happened, or the inability to nourish or be nourished. It's a creation; it's a story in there. Cancer is one of those things where a lot of people are jumping on the bandwagon with it to try and prove something to themselves – almost like, *will I beat it?* But the essence of how it got there in the first place is about those things that we said.

ADHD

What about kids with Attention Deficit Disorder?

They are those beings of light who feel the pressure of the world more than others. When they are feeling the pressure of the world, what happens is they become very anxious and short of temper. They become desirous of moving into a higher dimension, and they have trouble articulating this in the physical language. They think, *why do you not understand what is the right way to do this thing?* Although they can not communicate what the right way is, because they are young. There is a need to communicate, but not a level to receive. What they are looking for is the higher consciousness, and oftentimes the parent does not have that higher consciousness. So why do they choose parents like that? Because they are confused in their karmic level about what kind of experience they need in the world. Really they are very, very intelligent for the most part, and they have come with a high degree of understanding and a *low* degree of tolerance. And of course, the tolerance decreases as they find that their needs are not getting met. Often these children have a resistance to being hugged, to being loved, to being nourished. The drugs they are being given are slowing down their metabolism to a degree or speeding up their metabolism in other degrees. They are reorienting the body so that it has to put its energy in another direction or it has no energy at all. It works differently on each child.

Acid reflux disease

Is acid reflux a real disease?

No. It has a proportion of disease so that they can name it and classify it, because people want it to fall into a category. This disease has this mystique as though it floats through the air and it comes down and intervenes into your body. But that is not true, and you know that. So it is a labeling, and a way in which people want to fit it into a category so it is solvable. No one wants to do their own work with acid reflux if it means they must stop eating what they favor the most. They just want to take the pill. The acid problems in the stomach are because there is a lot of anger. There is an inability to digest the many situations that come up in the life over and over again. There is a build-up of what comes out of the gall bladder, which is bile, so there is the resentment, and these activities inside the body reflect though every single

cell. So when you get acid reflux, what has happened is, it has burned down and heated up that muscular structure at the top of the stomach and through the diaphragm so that there is a breaking down. The body is digesting itself. It makes it very tender because those acids back up and burn the tissue, and the tissue, rather than being able to recover itself, it relaxes, because it doesn't want that aggravation.

Alzheimer's disease

What's going on with the people who contract Alzheimer's disease?

Energetically, there is a giving up on the level of moving forward in the life cycle. They are tired, can't quite figure it out, and don't really want to deal with it. It is a laziness, so to speak, in the consciousness, and therefore the consciousness continues to get more lazy. It's a little deeper than that, but this is interesting for people to know that they don't have to get and keep an Alzheimer's. What they have to do is take responsibility for those portions of themselves that they have tucked away in the closet about those people that they don't want to deal with, those feelings of discouragement that they have had in the past – that's a big one.

So if they forget, then they don't have to deal with it?

Yes, that's very true. But they *will* have to deal with it and with other parts of their psyche.

Dr. Kevorkian

How does the spirit world view Dr. Kevorkian, a man who has assisted many to suicide, even those who were not terminally ill?

We view him as a being of light that takes embodiment to bring awareness to a certain *issue*, and he does a good job. He is becoming a vehicle for the release of pain and suffering. Is this good? Is this bad? We don't label. It's more than whether a doctor helps one to die. It's more about the role of a true physician. Humanity does not think about him that way. They think about him as the bad guy or the good guy, but they don't think about the whole, and that is what his point is.

So from the spiritual point of view he is only fulfilling his role?

Yes. The system of the law is a system that we can not tell you what to do with, because it is of that part of the human nature that has been taught or schooled, and it is not really the truth of who one is. It is only a way to give power to the external world to solve your problem. The nature of a human is compassion, love, understanding, and may even appear to be slightly naïve – you know, where you forgive and forgive, and forgive and forget, over and

over. But the human of the world as you know it has a sense of righteousness, dignity – these are the aspects of the ego.

What about the people that were not terminal? The earthly law views this as murder.

Spirit world does not take sides on whether the little one stays in the body or does not stay in the body. The little ones, they are all in pain. They are all in suffering, wanting not to be in the body, and they draw to them a physical person that can help them. This is not the right answer, understand? They are seeking and seeking the answers in the material world, when in fact the true answer is in the spiritual world. One that spends the time with meditation and contemplation and prayer lifts oneself from the pain and suffering on the planet and into a greater awareness. What Dr. Kevorkian did was *bring attention* to the issue.

Saddam Hussein and Gulf War Syndrome

Is Saddam Hussein still dangerous? [This question was asked in 2000.]

Saddam Hussein was never as dangerous as he was portrayed to be. He has a lot of a part of himself that is resentful and revengeful just like everyone else. He has a religious background which gives him a different way of looking at the world. But as far as being dangerous, he is but one human being, and he has a cluster of other human beings around him that are in balance with him. A lot of them are good, upright, upstanding men. It has to do with what the lessons are for the rest of the planet, about what is coming out of the Far East, and he happens to be the representative. He's taking on a lot of karma.

So he came to fulfill his role of being a little focal point of negativity?

Yes.

Is there another political leader we should watch out for over there?

It's not about anyone starting things up. It's about political pulls and conflicts that are going on underneath between all the countries that are supporting the dissipation of the stability of the common man. It is only in prayer, right-living and right-thinking that these things can be changed. It is the way it always has been. A lot of it can be changed. In that area of the planet there is a portal of darkness – negative energy. Everything is flat, everything is dry, you understand? There is no feminine aspect.

Was it his forces that used biological warfare in the gulf?

Both.

Why did the United States use it?

Because they are using it for experimentation. They have a place inside their medical testing laboratory where it is they have great plans to use negativity to terrify and to control a lot of humanity.

Is the release of biological toxins the cause of the gulf war syndrome disease?

Yes, we would say that.

Is there a cure for that?

Those that contract that are karmically aware that they need to have that, that they need the pain and suffering and the sense of victimization. Their trust was totally, totally ignored. Totally not cared about. There's a karmic attraction for those beings that would live through this course of deterioration. It is a magnetism.

Gas prices

What is the real reason behind the sudden rise in gas prices last year [2000]?

Greed. There is nothing missing. It is all the same. Just manipulation. It also helps the little ones feel less stable, and helps to get the little ones ready to just be used, in a way, with governmental influence that gets into their life where they must deal with it or tolerate it.

Is this the United States or OPEC?

One is in league with the other.

Politics and George W. Bush

Why all the fanaticism in the last election [2000] on both sides?

It has to do with the absence of love on all levels. The political system is supposed to be the mirror of the energy in the country. So there is a representative of this nation to the rest of the world. What have we got? We've got a resentful civilization that is not loving and not kind for the most part, and one that is out to win.

This is a reflection of what is within us?

It is.

Was the election fixed?

First we must say, there is zero truth going on. We know that. There is zero truth going on anywhere in the whole political arena in this aspect. All right? That's enough.

What is George Bush, Jr. really like [2001]?

Who is George Bush? He's part of a thoughtform projection. [I think she's talking about someone as a representative of the thoughts of a group of people.] He is part of a ritual that is bringing into service and into the world those beings that can not provide help from the outside. They can not help you. They *will* not help you. They don't *want* to help you, and they are also a source of dark energy. [At this point my mouth is hanging open, speechless, as I did not expect this.] We're saying that there is a system of disenchantment on the planet of earth, where it is that the glory of the light and the beauty of the earth has not been held in great respect. And therefore, coming forward is a representation in the political arena of a being that has intelligence that is not of the God view. Understand? *Not* of the God view. We're saying it as gently as possible without saying to you that this one *really* needs to be prayed for, because he is the beginning of the manifestation of some very heavy events on the planet of earth.

Can you give any information about the so-called presidential death cycle that happens to presidents elected in a year ending in a zero?

George Bush, Jr. was elected under this astrological cycle.

This is a very beautiful question because it shows that you have paid attention to what is really happening and how it is that the universe is in a type of order. If a presidential connection or candidate is made at a certain time, then the chances are that they are joining an energy of perpetuation of the past, so they probably are "asleep." If one makes the choice to stay asleep, they will probably fall into the same category as others under this aspect.

So George Bush has a choice. This is a big deal for his soul?

Yes! Personal growth pattern. He always has choices. People can make speculation, but it is a matter of choice. He makes this choice before this life cycle in order to become awakened more deeply in the cycle. Even though he has certain characteristics – the emotional and the ego pattern – he still has the Christ within. And so he may come to a point in time where he can no longer depend upon himself, or realizes that he has a different pattern inside of himself. If you have expectancy about one result in one particular event in the life, then you are making a pathway. But if you have expectancy for unfoldment and the greatest of awareness to become part of the life, then you have a different type of unfoldment.

Are presidents karmically responsible for what they do in office?

They are responsible for every decision made. Every decision. But there is no judgment when you get past this physical plane. It is just a matter of atonement.

Do the Masters intervene by coming to world leaders?

They have in the past come to many of the world leaders in dream, in inspiration, or appear as other beings that the leaders are inspired by, like their own teachers. This does happen. It has an effect to a certain degree, but if the karmic programming is very intense, they may not catch on to what is being shown to them.

Flight 800

What really happened to flight 800 that went down off the coast of Long Island?

This is another significant awareness that people are beginning to wake up to. What happens is, there is something beamed – which is light – and it is of a higher intensity than the vibration of the metal of the airliner – not unlike “Darth Vader” kind of sword. [The light sabers used in *Star Wars*.] But we’re not talking about a missile. So these things are being worked with on the planet of earth. And we say to you that, yes, indeed, it was as you say, foul play.

This was done on purpose?

Yes.

Timothy McVeigh

Did Timothy McVeigh blow up the federal building?

He was coerced. He was also under mind control from a long time ago, since he was a child. He was coerced by those forces that would, in fact, see that there would be mass destruction upon the earth. There were others involved that were given protection. They gave him permission to think he was the mastermind and that way it was that he became the sacrificial lamb, so to speak.

Who are the people that were doing that, who want to see mass destruction? Are they from inside our government or are they from a private organization?

We can say that they are both.

I just don’t understand why any group would do something like that.

This is purely an example of: *Don’t challenge. Don’t think that there is something wrong, because it will make you crazy and you too will do something crazy, and you will be punished.* It’s a subliminal message. All of it. Think of the greater perspective of all the experiences that are conglomerated here in this one particular misuse of energy.

So were they trying to provoke fear in the public or make people think that things are not in control, that they need protecting?

Yes, all of that.

Is Timothy McVeigh held responsible for the things he did, even though he was under mind control?

Yes. Because no one can betray you or trick you unless you give it permission in the soul. So on a soul level he is held responsible. On a soul level they have chosen this experience. When they are no longer in the body, they will be able to view the experience and begin to balance the karma.

That must be hard to view one's actions, especially for him.

A lot of sorrow.

Contrails

What are the contrails in the sky from airplanes that are making people sick?

Inappropriate use of man-made, synthetic chemicals that are not easily digested by the earth planet atmosphere. [There are many reports of planes spewing smoke called contrails, or chemtrails, over populated areas. It falls to earth as a wispy, sticky substance that disappears quickly. People who come into contact with this end up in the hospital with severe respiratory difficulty of an unknown nature.]

Why is this being done?

There are many reasons why this is happening. Greed is one of the largest reasons. Inappropriate dealings, politically – which also stems to greed. On a higher vibration, it is happening to create awareness in the little ones of what is all around them; to take responsibility for self, to respond appropriately to what is violating the human and the natural forces of the planet of earth.

Who is doing this?

Well as you have been told, there are those beings that are not completely of emotional human quality, and therefore they use human nature as an experiment. There are lots of experiments going on. We haven't touched much on that, because Marjorie is not the right channel to do that through – she does not like it. So it is a matter of inhumane experimentation which is going on in a lot of places and which has caused the downfall of the earth community before. It is not extraterrestrials coming in. It is being carried out by people. And yes, there are some extraterrestrial energies available to human form that are intensifying this issue. Your government of United

States of America is giving permission to have these things happen, because there is a lot of money involved in that – a *lot* of money.

The chemical would be valuable?

In the use of the chemical in this way, there can be the sale of this chemical.

9/11 – the World Trade Towers disaster

How did this large event not be foreseen?

It was seen. It is in all the prophecies: the greater prophecies of Nostradamus; the greater prophecies of the Hopi. They saw an event that would turn the world around, that it would be the beginning of a new awakening appearing to be a disaster.

Was the 9/11 disaster truly a terrorist act from outside the country?

No, it's not. You know this about human nature. There is a faction that wants to control. And therefore, *that* is what is in charge, the faction that wants to control. We in Spirit do not go around pointing fingers at someone saying that this person has done something bad. It is always an energetic pattern that is projected on the screen of life. It is not about one person's intention, it is about a movement on the planet.

So there were forces from inside our country which perpetrated that?

Internal and external. It is not just inside government; they are everywhere. And it is not just people – it is energy that manifests that. And you realize that because you create your own reality, you helped create that. A bringing into your awareness a perception of destruction because you believed there was a really a building there?

What was the reason for that?

It is a manifestation of the negativity at this particular time, and the wants and desires of human beings to have greed and control. It has been projected for many centuries that this will be a period of time when everything will go topsy-turvy, upside-down, so to speak. There will be times when the little ones, out of fear, they are going to pass out. You're going to see a lot of people passing out all over the place. You are going to see people dying. You are going to watch the part of self that is in fear and does not know what to think or what to do because they are attached to the physical reality. What's going to push you if you want to change your life, if you have had habit that you have had for a very long period of time? What's going to push you? It has to be crisis. Most people are sitting and they are stewing about what has manifested. When they don't know they have helped manifested it, how are they going to help de-manifest it? It is to be awake and aware that you helped create that manifestation, it did manifest, and now what are you going to do

about it?

You are saying that they are blaming it on an exterior thing?

Because in their minds it is the evil, the dark, the “other” that is doing it.

People in this country are fearing so much that they actually help create a situation like this?

Yes. As long as the fear continues, it will draw to you exactly what you fear. And it is not just from this life cycle; it is from other life cycles. Much major destruction has happened for many, many centuries on the planet of earth. Many people have been responsible for major destruction. Not just because they blow up a building, but because of their negativity. If someone on the other side of the planet is being mean and nasty and full of hatred, the energy pours into the planet of earth and it destroys the vitality of the earth. If little ones do not respect and hold in dignity, hold in the heart, the lives and awakenings of others, they themselves will be the recipient of what it is they have projected out. You must love the neighbor as the self. If you wish the neighbor to have a little trip and fall on the sidewalk, you wish the same for yourself. There is no other way to say it. You can only receive in your life what it is you believe is acceptable. If you believe it is acceptable to project on to another person negativity, fear, hate, loss, anger, then that is what you are going to receive into your own life. The very ground we walk on is a holy, sacred place created by Mother-Father God. Therefore everything that you walk upon needs to be respected, everything you touch, everything you drink. There is a respect that is due every creation in the universe. And as a co-creator in that universe, you are due that respect, too.

What about the souls that passed over during this disaster? How are they doing?

There is still much confusion and there is much holding on. This slows down the transition process. For the most part they have made a second step into their heightened awareness. You realize that souls group together for the unique lessons that they need to go through. Those on the upper levels of the building had their lives in order, had less karma and were able to be freed more gently and more easily. They were living fairly orderly lives and that was a way in which they gave energy to a particular situation that called forth a *lot* of wonderful worldly concern. None of them are having pain or suffering or are grieving because they had their karmic contract to leave at that time. Through the middle and lower parts of the building, those were people who still had karma to work with, so they had sequences of events that took longer for them to pass from this plane, and they have more time to flash between this plane and the other plane. They have a deeper physical experience that was important to their growth – not to anyone else’s growth, but to their own growth.

The Challenger shuttle disaster

What happened with the Columbia space shuttle [2003]?

Anything that is outside the atmosphere of the earth is under the jurisdiction of the Ascended Masters at this time. If anything that is out there does not work with the love of God, these things will also find themselves in deep disruption. The tendency at this time is toward disruption. The people doing the work that they have been sent to do are not disruptive [the astronauts]. By the way, all those beings on the shuttle made an easier transition than most because they were evolved high beings with peace in their hearts and happiness – elation – at the time of transition. It makes a big difference. What the scientists are doing is trying to carry off a plan to be out in space without love. It's just scientific. Love is not the reason for the projection of these instruments into space – it is for control. The planet of earth already knows that you can't have science without love. We are saying that, truth be known, all things are One. When little ones go out into space, it is as though there is a greater force overseeing, ones who are watching out for your whole universe. And it is a message: BRING YOURSELVES HOME. Be good to yourselves at home. Little ones are not looking at their humanity and their responsibility to the rest of humanity.

The Pacific Tsunami

Was the earthquake that preceded the tsunami [2004] one of those pressure-releasing things, like Mt St. Helens?

Yes. This has many factors to it. It is not just about one event going on. It has to do with factors going on through the years, and that the stress points of the earth are not only being worked by the internal meridians of the earth and the alignments of the universe, but are being worked by the consciousness of the people of the world. There is a great split in the consciousness, and your earth is reflecting that. There is one way of releasing pressure and there is another way of alignment. In order for the planetary energies to align within, sometimes there is a breakaway - this is better than saying earthquake, yes? So there is a breakaway at stress points. The earth was ready from the stress and the consciousness makes the crack.

How does the spiritual world handle such a mass influx of souls all at once? Seems like this would put a strain on things.

The spiritual realm is forever with open arms. It is not a closed community. It does not have a limit to what can come and go. It is about a semblance of order. If you think in terms of water in a pitcher and the pitcher is full and you go to pour it, all the water is going to allow itself to go to a thin stream, and that thin stream is going to allow the water to pass into a bigger space, or

vessel. So, likewise, when many souls are departing the planet, it is as though the energy becomes one. It does in fact flow through portals, if you want a physical thought pattern, into the greater dimensions of spirit. So there is no such thing as overflow, it is just a matter of energy moving from a holder into the next holder, from one place to the next place. On the physical realm, however, it appears to have mass. Those caught in the astral plane, because of the numbers, or the event that they have chosen to take part in, they are like peanuts in a whirlpool. They get caught up in the motion of the whirlpool and get brought along home a little faster than if it were a singular event.

Do you suggest that we pray for the Masters intervention and for the beings that have endured and are enduring this?

It is always a wonderful contribution to the work of the Universe. When you give power like that, it is like a little push to help things continue in that direction. But most of all, it's good for you and good for those around you on your level of existence.

This was a huge event. Do people pick up on this and have physical symptoms, such as depression?

Yes, and it still continues. Ultimately, what is happening is that the paradigm for the world is changing. There is the sense of disruption, the sense of the fragility of life and the balance of nature – nature has given a warning here. People to see that they are vulnerable and that if mother nature decides, their life could come to an end very quickly. That fragility extends itself into the psyche of the human and that becomes a lot of fear for their own safety. That fear for each one's safety will reverberate and create a different way of acting in the life for each person. Some people will hold up and never go out again. Some will run out and help every one they know. Other people will research it so they can get more detail. Others will find someone to talk to about it so they can understand it more deeply.

Hurricane Katrina

Tell me about hurricane Katrina [2005]. It was a category one over Florida and then became this killer category five practically overnight.

Hurricane is a great eye-opener. Of course it is the consciousness of the little ones that is calling forth the energy and the wrath which appears to be negative. It is not negative. It is taking back what it is that nature started in the first place. Consciousnesses and fear exacerbated the whole energy, but also there are ways in which there has learned to be manipulation of your weather. That has been going on for a very long time. So you must not fear that, but to really center inside of yourself and say, *well I take my consciousness and I put it elsewhere. I put it in the natural laws.* The little

ones, they do not want to adhere to the natural laws. It is as if your parents want you to adhere to a particular rule and not question so much, but really understand inside of self what you are learning. The little ones have given themselves over to the whole experience of being physical. Now we say, not to worry about being physical. Yes you must take care of the physical body, yes it is best to jump in without emotion – to get into motion without emotion to help others. This is very important. There is a great sequence of events happening now, that on some levels has been predicted, and the fear is escalating it. It's a great call for love. It is a great call for letting self be part of a great sequence of events where all people benefit, rather than a few.

Is there earth energy involved in this, too?

There has been an escalation of energy in the gulf, a stronger vortex of energy. That will whip up the negativity and bring it to the surface so to speak.

What about the people who were living there?

From one angle of the consciousness, it draws all the people together that have the same kind of fear. Ultimately, the little ones that are struggling in their physicality who are not able to move forward succumb to these kinds of planetary disruption. There are those that have left the planet in this particular event that are on schedule, so to speak, having learned what they needed to learn and accomplished many, many parts of their growth, but still there is anger. There is a lot of energy that is stuck in that area of the planet. It has been there a long time. And as you can tell, people build in an area and persist on saying, *I want this, I want this*, without any notice as to how it was created in the beginning. Everyone is needing to go back to the beginning now.

What about the technology you were talking about?

Your technology is very advanced, little one, and there is created the distraction – ways in which the attention of the little ones is pulled away from what is going on. There are those branches of the government – and not just the United States government – people with world investments, to keep the attention away from what is being done in certain areas. The hurricane was creating its own stir, then you add the manmade, because they know what particular qualities they are looking for in order to build on the qualities. So this goes against the law as well, like genetic implant, like transference of energy. There are great and difficult things going on on your planet that have been created by outright decision-making. The little ones need to learn that they *do* have control over it. They have a way in which they can escalate their understanding, bringing the spiritual aspect forward.

PARANORMAL AND EARTH MYSTERIES

Wonders and new perceptions



Extraterrestrials and UFOs

Can you speak about extraterrestrials and UFOs?

There are many things that are flying around in the air, and they are also in different dimensions. All of these different beings have been flying around this planet *forever*. There are those that are the Light Beings that come from behind the sun. But they do not put themselves in a situation where they are caught on the planet of earth and they are maimed. Those are the higher vibrational light beings that are in their own energetic field (some call it the Merkaba) and can enter, re-enter, or exit from your planet's awareness, or the planet's three-dimensional aspect. There are those that are coming from other star systems – not unlike “Star Trek” – that have their ships that are made of other vibrational materials other than metal. They do not de-materialize; they are just immaterial to begin with. Then there are the others that *do* have the, what you would call metal, or dense materials to make up vibratory flying apparatus. Those have shields that are being used so that you can not see them. That is another group that is coming. And these are being imitated by the governments of many countries as well. So there are those ships that are being built on a physical level and also being sent out in flight with shielding of molecular materials that are beyond the understanding for the most part of even normal chemistry. So it is possible to radiate and change shape. Also, it possible to materialize and dematerialize.

What is the nearest planet with physical humanoid life, as we know it?

There is no planet that has physical life the way you know it. You would know that, you would feel that there is a humanoid type of life in there [inside the flying crafts]. Here is humanoid – right here. The heart has the expansion, the sense of connectedness, which is also the part of self that holds your cells together in your love. For the most part you will understand

that being human means attachment to the earth.

Why are these beings so interested in this planet?

They have always been a part of the interdimensional, interplanetary space race, so to speak. Don't kid yourself about "being so interested" in. There is always greed in every dimension that you come to.

Will we meet up with these people openly at some point?

They are *not* people. They are vibratory sequences that have a status or shape to them which signifies whether they are open and loving beings or not. Just because one comes from an outer dimension does not mean that they are smarter or better. Those that are at a vibratory rate where they are not capable of finding compassion and openness and truth and wisdom – this is of a vibratory rate that you wouldn't want to mix with. While there is fear, there is fear of domination, so the interaction would become very one-sided. There would be one on the top, one on the bottom, so to speak. So is not necessary at this point and time to have an intermingling of the two constructs – and it is that they are elemental constructs of mind, of a vibratory rate.

Why is there great UFO activity in certain areas?

The grid of the planet of earth is like a big spider web around the earth with very particular crossing points and there are openings in the grid. The vibration is either very well-charged or empty. The areas that are very well-charged, they will draw in certain activity from beyond the planet. And then there are very well-charged areas that will seal off the earth. An electrical field holds things out and holds things in, yes? This is happening on the matrix of energy around the planet. So the UFO would be repelled, and they would be very interested in what is going on – you know how that looks with a little child. So they come into the vibratory rate and they test it, test it, test it to see what is happening there. And of course, you realize that your nuclear activity is making weaknesses, not power – weaknesses.

So they are more interested in testing, not really interested in us?

Yes. There are also those beings that are on the planet already that are not fully what you call humanoid. This is a very tough area to work with because of the elements and the elementals.

Are any of these extraterrestrial energies considered Ascended Masters?

Yes. Not all Masters have been human. A lot of little ones that are incarnate are not necessarily from the planet of earth originally. So they are here visiting, learning lesson, and they move back into their own area of their own home. They can be Ascended Master on a universal level, to another planet, to another star system, but not attached to the planet of earth, as their work would be in conjunction with the problems of, or the universality of their

own area. It's like coming from Texas and being Senator. Can only be Texas Senator, he can not be Senator from Maryland. Why would you want to be?

What is the Ashtar Command that people talk about in relation to the ET energies?

Ashtar Command is a really mixed bag. It has an intermittent relationship with the earth in the sense of wanting to be involved and control what is going on here. It is an activity that can be participated in by humans who have a resonance with that type of dictative or militaristic way of looking at the Universe. For them it is as though the Universe must come into *order*.

Extraterrestrials in bodies

Did you say that extraterrestrials are not physical?

No, we did not say that. We say they have a choice of what vibration they are going to exist at. They can become like a physical thing, like a person. They have a different choice because they are a higher consciousness, not necessarily a stronger or more *mature* consciousness. You understand the difference? Wisdom is what we're looking for. There can be awareness without wisdom.

So some are walking around. . .

In the bodies that look like physical bodies.

What are they doing here?

It's a dropping in to a reality to experience it, not necessarily to understand it, to change it, to make it better, to make it worse – just to experience it. But don't forget that they also have to change their consciousness. They're not just taking this body and say, *I think I will go down this street and take a right*. No. They drop in. They are drop-ins. And there they are with a lot of confusion. It's like drinking too much. Like they are not in control like they thought they would be.

The ET comes into a person's body?

Usually it works as though one soul moves over and gives permission for one soul to experience life design in the physical body. But they must cut agreement because of the universal agreement.

Does the human soul stay with that body?

No, it leaves.

I would think that those people would not understand what is going on with them when this happens.

A lot of time the problem is that the physical body cannot stand the vibration of what has dropped in. [This could explain some mistaken diagnosis of psychosis that is actually a spiritual and physical problem, and not so much a mental one.]

The Pleadians

We talked about the lower types of ETs, but is there a desire from the higher type of ETs to help us evolve, like the Pleiades?

The Pleiades is a reference point of high spiritual activity within your solar system that has access to other solar systems but, just like everything, there is a mix of positive and negative. In the Pleiades there are those beings that have conflicts of interest, too. But when we are talking about the Pleiades, we are still talking about the third dimension. So you want to get beyond the understanding that the third dimension contains what it is you are looking for. You are really looking for those types of consciousness that are not in the third dimension, which means they don't necessarily even have a body.

They seem to be very attached to the earth history.

Yes, they are guiding stars for the earth, to use that terminology, but they are also connected to other solar systems. It is an interfacing of energy. Now recently, the Pleiades came in to contact your channel (Marjorie) to tell her that there is a stabilization rod in the desert that is holding the planet stabilized right now, and that Mount St. Helens' eruption [for the second time, in October 2004] was part of a release of the destabilize activity in the center of the planet. There will be more releases, too. She contacted this energy because she was driving through this vibratory rate.

Have they ever come to earth and taken on physical appearance or incarnated?

The Pleiades can incarnate, they can take over a body with permission, they can interact with whomever they desire. Many of those who are inhabiting earth who have the Pleiadian frequency have traveled though star systems, and so have you. And they also have had experiences in between incarnation.

If a human soul has spent a lot of time in the energy of the star systems and not so much incarnated on earth, do they have trouble adapting when they incarnate here?

Yes, very much. Oftentimes their bodies don't acclimate very well. They have disease process, fragility, ways in which they can not emotionally connect to what is normal for the human. They tend to be unemotional and not be able to carry out a conversation with a sense of compatibility to the human heart and soul. There is a definite stepping-down process to be into the physical body. It's hard to be in a physical body; it's very limiting.

Are we related physically to some ET energies through a physical mating process?

If you go back into the history and you look at the Sumerian text and some references in the Bible, there were spaceships coming to the planet long ago. A lot of people want to think of it as interbreeding, but we are going to stretch it more into a higher level of consciousness. It is like with the Virgin Mary – it is not about being without having sexual relationships – it has to do with being a being of light that has a consciousness from a higher point of view.

So when the higher ETs come in close contact with humans, they imparted a consciousness to them?

Yes, and it has to do mostly with consciousness.

But if they come into the third dimension, could they assume a physical form and mate with humans?

That happened too. That is why there is so much activity of wanting to see the stars, to connect to the moon. It's a returning to where you come from. We want the human to know that through their consciousness they draw to themselves exactly what it is that they are envisioning in the outer world.

Abduction

What about abductions?

Yes, it's real. But it's not really an abduction. It's a movement into another dimension. Abduction means to pluck. It is the willingness of the mind to move into another dimension. Because of the development of most people, they take their body with them. The mind is taking the body like an afterthought. So when it comes along as an afterthought into the next dimension where there aren't many bodies, there is an experience of the body having to be surrendered to an examination of a kind, or a re-orientation of the body where these frequencies of sexuality and of emotionality are not common. So there is a transformation of the ideas and a sensing as though they are being manipulated. Because they are not in the same dimension that they are used to, it feels as though the body must be surrendered. And the body must be surrendered when you leave the dimension of the third dimension. We also say that they are going to a light dimension where there is a surrendering of the self into feelings of vulnerability and feelings of experimentation, because another dimension *is* an experimentation. And because there has been so much of this going on for so many centuries, they can come back with real physical markings. It's like poltergeist energy can make a physical marking coming through the dimensions and marking into

the physical. There are so many dimensions that we have to tell you that *everything* is a creation of the mind, and that only things happen to people where it is that they are giving permission for these things to happen. There is no vulnerability here that is externally produced. Whether it is given permission in this life cycle or another life cycle, it is an interesting story.

Is this happening mainly because these people's minds are involved in this other dimension?

Yes, because they are weak in this area. This is not interdimensional travel, this is experimentation. It's very hard to explain it, but it is all of the mind. The mind creates whatever it is you are seeing, whether it is a multitude of people creating the same image or one person having the image. It's like another interesting, add-some-spice-to-the-life type of thing. Is not detrimental to the soul.

Even though you are saying that it is their mind, to them it feels like they are being invaded.

These are elemental beings doing this. These are projections of the mind as well. We're not going to give you any physical dimension. We don't give them physical dimension because they are not projecting love into the world. There is a deviation from love and compassion. It is a lot of projection towards pain and suffering. Little ones in the physical body, they go to sleep, go between the worlds, and they can be attracted to a dimension, and that's when they just *go*. It's not like they are being sucked there. They're giving permission, because the soul is very strong and it does not give a movement in a direction where it is that the learning does not happen.

What is happening when women who have been pregnant wake up one morning and the fetus is just gone from inside them?

Well, it is a de-manifestation of a form that can then be yanked back into another reality. There is a raising of consciousness, but it is also black magic. It is actually a place where you don't want to put your feet in there.

Are you saying that it is the fetus in the physical dimension merging with another dimension and not coming back out?

Yes. That's a good explanation. So there is physical mamma with physical baby. Her observation from this area is weak, because consciousness is not so strong. But on the other side of the veil is a stronger consciousness, and the consciousness has been observing this baby stronger. Baby is going to slide through the veil, back through the veil of Maya – boom – it's in another dimension. The reason for this is that, yes, there are higher levels of consciousness that are not people. They are levels of awareness taking a form. They are not so pure on all levels, just like humans are not pure on all levels. They are not so sure about what they are doing. So it is that they

snatch from here and snatch from there. It is a matter of moving from one dimension to the other due to observation, due to the attraction, the affinity to a person's energy.

What about metallic objects that are found in people?

These are projections from another dimension. It is not as though surgery is done and you leave pieces in there. It is as though molecular structure is created by this dimension over here. When the physical body is sliding back and forth, it retains some of the physicality of that dimension. But that dimension is not about human so much as it is about *mental*. The mental is projecting a shape back and forth. The human does not have the ability yet to discover what this is all about. The slant on life through this mental plane is one of creation. Just create, create, create, but not necessarily with feeling, with feeling, with feeling.

So they are not like a tracking device or something like that?

They can be, because they have magnetism to them. But that is not necessarily what is going on. It's like leaving a mark from being in that dimension.

And the so-called "Grays" – more of those thought projections?

Yes, but thought projections that have been weakening tremendously. They are a representation of mental projections on the planet of earth of the *need* to be victimized. Believe it or not, there has been a great need to be victimized to learn lessons on this planet.

Answers for an abductee

There is a man who wants to know how to stop the visitations to him and his family from those lower-type extraterrestrials.

All right. So he must close the doors, always close the doors and not make himself available to those energies that do not give him comfort, do not give him support, because he is frightened. If one is frightened it makes an energy pattern that is not so solid. It's almost like shattered glass. Fear shatters the energy field. The energy in the aura becomes penetrable. When it's penetrable into the aura it is also penetrable into the mental body, emotional body. So he could attract that to himself. Therefore the children or the spouse have a propensity toward this shattered energy that is not bad, not good, but is a *lower* vibration because there is fear mixed in. Always when there is fear, there is lower vibration. Any kind of alcohol will increase it. Any kind of psychedelic drug is going to increase it. Any kind of chemical that alters personality is going to increase the attraction. So therefore he must not be open to energy that is coming in, but to aim higher which is a higher elevation through meditation and through dedication of his life to a higher

purpose. He must just shut the door on it, not just keep paying attention to the fear. He has fear that he is not of the highest of creation. Therefore there is the feeling that he is a victim of this other preying energy that will *use* him, maybe destroy him, maybe destroy others. This is the thought pattern; we're not saying this is the truth.

So it is mainly fear that brings on these visitations?

Yes, and the tendency in this life cycle to be attracted to that vibration. Everyone is here on the planet in the physical body to overcome limitation, and if anything gives you fear or does not feel as though it is important to your higher self or your being, than it is not important to be maintaining this relationship. Same as any relationship. If it does not feel loving, if it does not feel secure, if it does not have a higher vibration, do not pay attention. Do not spend time in it. Close the door on it.

Does he understand how he is doing this?

No.

UFOs in paintings and the Vatican

There are early paintings depicting Jesus and UFOs. Was there involvement with the space brothers back in Jesus' time?

Yes. Jesus was very, very aware of other beings outside of this planet.

Were they attracted to his energy?

Yes. And watching, watching, watching that whole period of time.

They say they have some of this type of art and other controversial things involving Christianity in the Vatican?

They don't have some, they have a *lot*. Especially down below in a chamber in the Vatican.

Why do they lock that away from us?

Because they know that they would not have control of human as being just a little baby "nothing." If the little ones found out that there is a bigger world than what they have been trained into thinking, they would lose control. They [those at the Vatican] do not care. It is as if they are holding on for dear life.

Will this come out eventually?

Yes. About twenty years. It is out already. It is just a matter of being able to get the message to the people that are ready and listening. It is all about the awareness level that people are at and what they want to hear. It's all about freedom, really. Do people want to be free? No, not for the most part. They want to be taken care of.

Time travel

Is it possible to physically time travel, taking the body along?

Oh, yes. It's all right to do that. We can see that it could be done by a very interesting being. Baba Ji, Sai Baba, they can do that. They have physical body, and they can take it and travel.

I've heard that the military has some neat little toys that they have been fooling around with.

Yes.

Is it possible to do it through mechanical means?

Yes, it is possible. Is it desirable? Well, we question that. We don't judge it, but we question that.

The Bermuda Triangle

What is going on in the Bermuda Triangle?

Bermuda Triangle does have magnetic pull. And we say that, yes, there is Atlantean crystal [once a source of power for Atlantis] that moves itself into position deep in the bottom of the ocean.

When the planes go into the Bermuda Triangle, why do the instrument panels go crazy?

There is a lock of electromagnetic activity in that vortex, which is a nice resemblance of the order of what is going to happen on your planet. They get lost in a vortex of non-existence in attraction to the physical plane. And that is happening in the memory body of the human now. The people in the aircraft also get confused because they then do not have any magnetics that keep them in alignment with what keeps them in the third dimension. Bermuda Triangle is also connected to Atlantean thinking, and people are *so* curious now about Atlantis and about what all that was like before the continent went down.

Do people really go into another dimension and get lost?

If you think about taking your body and going to another dimension, we say no. Their body itself will pass away into disintegration and the beings that have contracted to will move on. Not all of them move on. How can we say this? The car goes through the puddle, the tire meets the puddle and it sends the water. So if someone is in the airplane, and the airplane is going about, it hits in such a way so that the water, which is the spirit, shoots out, and it can shoot right into the next dimension if the calibration is correct. Others need to die of the body and then have the energy dissipate, have resting period.

The people, the plane and everything just disintegrates?

Yes.

So there is the crystal down there, too. Is that the main thing that's triggering the effects?

It is actually a cluster and that clustering has a lot of power to it. The crystal is capable of magnifying what electromagnetivity is being emanated. Therefore it is also applicable to think of it as magnifying the *lack* of electromagnetic activity and creating a void. And that void is interdimensional.

Are there certain times when the crystal gets activated or more activated?

It does happen a little more at the solstice and at the equinox, because there is a moon gravitational pull that becomes a type of equilibrium which liberates all tension, and that tension that has been held in place pulls magnetivity in one direction or another, and therefore the crystal itself is like being in a group of people where the attention is being pulled in one direction or another. And then the crystal can have its own magnification, which means that, yes, it is magnifying itself, but it doesn't necessarily affect the human more.

Will this crystal ever be found and studied?

We can see that it will be noticed. They have a lot of equipment now that can penetrate the surface of the earth and go down to find it. It will be detected, but there is going to be too much going on to be able to retrieve it.

Bigfoot and others

What is Bigfoot?

When we look upon that in our vibratory field, we see an equal amount of light and dark. It's also an elemental projection. Is another one of those holograms. There are things in other dimensions that touch down and are not here for a very long time because it is not their frequency. And glory be to heaven, you don't *want* it to be in this frequency! But people keep looking for it, so it touches down to the frequency and appears. Then it has to disappear again because it can not hold in third dimensional reality. Is like dinosaurs – they still exist on some level.

Is this like the Loch Ness monster, it is in and out of dimensions?

Yes. It is psychodynamic energy that gets created by enough will to pull it in.

So our wanting to see these things actually manifests them into being?

Yes. It is drawn in to the third dimension by openings – touchdown openings. More and more it's going to become evident what is going on.

The structures on Mars

What are the structures on Mars that have been photographed? One is like a pyramid and one is like a face.

They are an interdimensional projection that has been projected from beyond your solar system. Here is one more place in the solar system where it is a projection that is almost like an imprint. Very often from beyond this universal aspect that you are aware of, if there is sent a thought, it can leave a print. It is not unlike Bigfoot. Bigfoot leaves prints as a depression, but higher energies leave land raised. It's not like bringing in trucks and moving bricks into place.

This is an energetic occurrence?

Yes.

Why did it manifest?

We say that these energies are drawn to your solar system in order for you to begin to perceive the connectedness of all things. It raises curiosity. Anything that raises curiosity is a good thing. It is not so much an incredibly active planet at this point in time. It's not like there's little beings running around making cities. It's a lot like the earth is going to look in a few thousand years if things don't shift, understand?

What is the energy that sent that thought there to make that physical area rise?

Beyond this universal force that you know as your solar system, there are bigger systems and bigger energies that have ways of projecting themselves to change what is in their world, what is in their awareness, and they might make like building with blocks if they like.

Is this done out of free will and yet always in accordance with God's will?

For the most part, yes. And there are also those that make "wars of the world," those bombardments and comets that go off. It's like throwing thunderbolts across the sky – why not? Everything is in Divine Order unless there's a little chaos. Chaos comes from that aspect of self and that aspect of the Universe that is just playing around. It's not playing with love and compassion.

What is this other structure they just found – the Mars tube?

It is man-made. I'm not saying, man like your next-door neighbor, but there is a creation happening in the universe that has been going on for millions of years. This is not new. It is energy that has been formed, is in repetition and leaves its physical evidence. All things in the universe are created by thought, yes? So someone had the thought – so there it is. It is a matter of catching up with what has gone on in the past on Mars. From the human perspective, it is as though these energies have created something that is manifest. When the human perceives it, it is in their thought pattern, and therefore, yes, they have created it. Takes a little step higher to understand. Humans are making their focus on that place. When you put your energy on something, it becomes *manifest*. If you look over there at the refrigerator, it is manifest only to the degree that you are putting your attention on it, believe it or not. These things that are being put into the manifestation are being focused on. Therefore, there is an energy that is directed in this area to reopen awareness of something that was created long ago.

This is like one of those manifested objects, like the face on Mars?

Oh, yes.

So people have a thought that there was life on Mars, and tapping into that creates this?

Yes. They also have a thought that there *is* Mars. So is it there? You are a creation of yourself. You are God's creation, and you are a projection of God's energy into the universe, and therefore, what you desire and design will become manifest.

Are you saying that it was not noticed before because nobody was focusing on it?

Yes, and it *re-manifests*. But this comes from thought system, thought pattern. And so you are re-entering into *that* thought pattern, in that reality. You are trying to get one thought stream to say, this was made by a man – it's not that way. There are many thought streams that are creating the universe at the same moment. If the focus is put in this area, it's like opening a door. The door will open again with the right energy so you can enter in to the story, this drama.

Was there something like that there before, a long time ago, created by the people who lived there?

Yes, you can not re-manifest something that has not been there. It is time to open the door again.

Mysterious structures

Who carved the giant horse in Silbury Hill, in England?

You must understand that there are certain beings that have learned, through other life cycles, how to manipulate the earth, to use the mind to make and move mountains, but also to move the energy around. These little ones have *no* significance whatsoever as far as being rich or famous or wanting to be remembered. They have a magnificent power to project upon the planet to say that they have been here and that they are awake. So this particular image is in the vibration of the moment in the period of time which was about the Bronze Age. Here at this spot on the planet of earth, there are still manifestations of thoughtforms from this period of time. Then there becomes a person who reincarnates into this place and is able to carry out the magnificence of appearing to carve out a form. Not so much with a chisel, but it is a matter of using the mind.

So it was a person who did this – not a ET or a spirit without a body?

Yes. But in between life cycles everyone becomes a spirit or becomes ET. But for the little ones who you write this for, it is a manifestation of human energy that remembers the ability to perform monumental tasks. And these tasks were also performed in Egypt, performed on Mars, and in other areas.

And the reason for the giant horse?

The giant horse comes to the planet of earth at this particular time because it manifests to bring forth the knowing that all Ages are connected – all Ages – not just the Bronze Age. They are bringing it forward because there are parts of every human being that remember in the past how it was to be open, to be clear, to be thinking for the first time, how to create. This particular object is a manifestation – for the first time and only time – to open the mind.

So this is a symbol to say to others that they can create like this; to open the mind and think of the possibilities?

Yes.

What is Stonehenge for?

Stonehenge was built before the time that this place was settled by English people. And it is a period of time when there are many, many beings that are of like-mind and great will. They come from behind the sun, which would make them Great Beings. They do come into human form as physical beings, manifesting from the fourth dimension to the third dimension in order to bring knowledge. Then they come and they bring more, and they settle in this area. So you can say that they came through the Celtic culture, and they bring with them a nomadic type of lifestyle; to move about, to be connected to the inner soul and bring a sense of Spirit to self. They wanted to place upon the planet of earth a movement of stones – because there *is* movement in these stones although it looks solid to the little ones – that send back energy to the

sun. There are many devices all around the planet of earth that will take the sun's energy at a particular time of year, spiral it so that it is intensified and then make a connection back to the sun. It also spirals into the earth too, not quite to the core, focuses, and then comes back up again. It is not about what is going on here on this planet. It is about the connection between the sun and the solar system.

And this was one of the reasons that they came, to create Stonehenge?

The only reason.

I don't understand why they would go through all the effort to create this structure.

Just an ongoing connection for solar interaction. Where does the sun get its light from? It is a matter of energy transference. Each person that comes must give back. Those beings that make sure the structure is complete are giving back, because they understand about this interaction.

This was a way to give back energy to the sun which is giving to us?

Yes. Because the sun is the parent, the parent of all creation on this planet of earth. It is not the parent of the parent. It is a messenger of God that brings the light to the planet of earth, and therefore it is reciprocal. *Everything* is reciprocal. Every relationship needs to be reciprocal in the second and third dimension.

There are similar structures on Malta, the island off of Sicily in Italy.

Same thing. Malta has a smaller distance between the stones, and it is intense. It is very intense. They are collection bowls. You have one here in New Hampshire.

Mystery Hill?

Yes. It's a collection bowl. [This is in New Hampshire, just over the border of Massachusetts. It is also called America's Stonehenge. There are stone cells and standing stones over a two-acre site. It's awesome. The Native Americans told the settlers that it was there when they got there.]

Who built that place?

The string of Celtic people that have come to this area of the world.

Could people go up there at different points in the year and feel that energetic between the stones and the sun?

Absolutely. It is just the awareness to set the intention and set the reception.

Why were these sites built on these particular places?

It does not have anything to do with the center of the earth, but it does have to do with the alignment with the planetary forces. It has to do with the stars and the planets, and even those outside of the solar system. It is like a “bead” on the planet of earth so the little ones can pay attention.

So these were not set up so much in conjunction with the earth grid as they were set to align with the planets and the stars?

Yes.

What about the gigantic stone heads on Easter Island?

These are very beautiful, and they carry lots of good ancient energy. They also carry extraterrestrial energy, because *these* beings come to Easter Island and they manifest themselves again – they are not born into a body. They do it because it is isolated and they don’t have to interact with a whole bunch of other people. There again is another focal point or another beacon of light for navigation, and saying, “This is what we look like.”

Did they look like that?

Some of them had that same kind of energy, yes. Very huge; fourteen, fifteen feet.

Did they use a vehicle to get here?

They use a vehicle that becomes light and becomes ball. [Evidently a high form of manifestation.] And yet, they did not really need it, either.

On the western edge of Cuba, they discovered the remnants of a city under the water. What are these ruins?

These are part of the Atlantean experience. It’s coming up that you will see more and more, as Edgar Cayce said, that there will be evidence of pre-existing cultures and continents.

The pyramids

What are the pyramids for?

Pyramids are for a collection of energy. They are brought into place in order to create power points on the earth for those particular beings in order to still be connected to other power points on the planet. Stonehenge and Malta, they are meant to traverse energy back and forth. Pyramids are about energy to bring *power* to the planet and power from other areas. It has more to do with the design and desire of something more close to the physical mind than it has to do with energy of the Universe. With these structures there is the alignment with the star systems, and there are other pyramids on other

planets that are aligned with other star systems. For the most part, the Pleiades is in charge of that.

How did they build them?

They were not built by slaves, and they are not built by Great Ones in physical armor. From the physical appearance, it is separate blocks. But where did it come from? The blocks came from deep inside the earth from an area not too far north of where they are from very large quarries.

A physical quarry?

No. Have to have a different kind of intelligence to understand this, yes?

Extracted from the interior of the earth and manifested on the ground above?

Yes.

How did they move the blocks to the pyramids?

There is an ability of levitation where there is, in the developed human, the ability within the eye to move energy by using the sun a lot of the time – the moon is also possible – and to use that energy taken in. And you use it as the lever and then project the energy out.

It would only take one person could do it?

One person. There is no need to push it along. One developed being can use this to move it, and then the rest are there to create a flow, moving the energy down.

In our world today this knowledge is lost, it seems. People don't think that this could be possible.

Yes. It is a slavery type of aspect of self. There is a gap in mental understanding and absorption of concepts that are beyond the physical at this particular point in time. We can say to you that there is such a thing as a mental construct to the degree where little one looks at a stone in a quarry and is able to dematerialize it along the way so it will rematerialize where it is wanted.

Tell me more about those who built these pyramids?

It was in the period of time of Atlantis. There were beings on the planet of earth that were capable of manipulating energy. We are talking about those that were inhabiting the planet of earth that you would not call earthlings, so to speak. There was also Mu. They take on human body, but they are universal beings. You are a universal being, too. *No one* is an earthling. You've got to know that. Everyone is a universal being.

Tell me about the Great Pyramid.

It is a power point that is connected to other places in the universe, and it is to communicate power *around* the planet for particular purposes *on* the planet, unlike the Stonehenge. Stonehenge is connection to the sun with a transference of energy back and forth. Pyramid has a manipulatory energy. Through the different centers, it can change energy around the earth by whoever is in the power point inside the pyramid, through whatever thoughts are going on in the power point. So it's important to get the good thoughts going. It is not just one person that can send the energy. It is the concept of the person that has enough information and enough wisdom, has enough esoteric training – and that's important – to understand the concepts of ritualization and time-space communication, and to be able to project these thoughts. The pyramid *makes* more power. It makes more energy through the thoughts. It was to help the people that wanted to create power. Not necessarily good, not necessarily bad. Power. Because when you are in the third dimension, there is separation.

Was the Great Pyramid the first one to be built in Egypt, and how old is it?

It was the first one to be built on the planet. On your planet they want to go back to only about 15,000 years, but it was built further back than that, closer to 30,000 years.

It can be used in a negative way, then.

Yes. But it is not.

Was the cap part of the power of it?

Yes.

Which was built first, the Sphinx or the Great Pyramid?

We say the pyramids come first. The Sphinx is old, though.

What was the purpose of building the Sphinx?

The conceptualization of man and beast. It is spiritual. It's not anything else but the message of the power of the beast in the man.

Did they have spiritual initiations in the Sphinx?

Yes.

They say that in a tunnel or a chamber by the Sphinx there are the records of those who built these things. Will these be discovered soon?

Some of it has already been unearthed and it is not being shared. The Egyptian government has known for a long time that they are in possession of some very high material. It's like the Dead Sea Scrolls. After they were

discovered, it was a year or two before they were publicized, and then they needed to be deciphered. And all of this needs to be deciphered too, because it is an activity and a creation of many, many cycles of beingness – some human beings were involved in this of course. Some of it is going to be revealed very soon, but just very little.

What was in there?

There are some higher-vibratory messages that go on and on, using the sense of connectedness to Mars, and to Venus as well. A lot of it has to do with equations and frequencies – very simple on one level, but very complex on other levels – to make alterations in the time-space continuum to be able to allow one to – here is the mind-blower – bring a planet close so that here can be communication, what we could call *commerce* between two planets. That is a very high way of looking at this universe, because everything is created in the mind. And it has to do with how the mind is willing to open to these pieces of information or this activity, and we are not easy with words with this, because there are no real words in your language to help you to understand. But it would be as if you could draw to yourself, say, Mars, and look at it in your heart and in your soul and in your mind. And then you equate with the beingness of it, and the beings that are also doing the same thing. You can do that with a person. You can draw a person close to you in your heart and mind by just saying you really want to see that person. So you make a telephone call and you see them. You pull that person close to you and you communicate and you share what is alike and what is not alike, and it is a beingness, it is a God-centered beingness. The planets are just another form of God in creation.

Is there still a type of energy in the pyramids that can be of use?

Yes. The energy in the pyramids is one that helps the little ones go into the unconscious mind and connect with all there is. There is also a vibrational pattern under the earth, under the pyramids where it is that it becomes a collective at certain points in the different chambers when there are different angulations at a different times of the year, different times of the day – you know, the solstice, those type of things. And so this works with the consciousness.

So they knew about that back then?

Oh yes, but it is not earthling history. It's involved with history from other planets that are more evolved.

Can this energy be used for spiritual growth?

Yes. In the right frame of mind, when you are in these chambers, you would be in the currents or frequencies that align your consciousness with the past and the deep knowing of the Universe.

What about the tourists that go through there, do they ever catch any of that?

Of course they do. Some people feel as though they are altered forever, that their lives change once they go through a pyramid. We say that there is lots of activity and there's lots of spiritual energy that hangs around there. It is on many levels, and it is not necessarily a great and wonderful experience. It does drag up the old resonances of old incarnations in that place. It also helps to kick over the consciousness if the person is in the right frame of mind and into a higher way of thinking.

The Nasca Plain

Who made the lines on the Nasca Plain in Peru, and how was it done?

[These are pictograms of what appears to be extremely huge animals and insects, whose form is only visible from the air.] This is extraterrestrial. And it has to do with moving through the universe with markers so that you know where you are going and where you are landing. It is a matter of attraction to a particular spot of high energy. Very simple. They did it with a kind of laser activity. There are many things in the sky that move about that are able to come in at an angle so that you can not see them. We call them starships, because that's a good name for them. They came in ahead of the population that was scanning the possible planet of earth. There are some of them here now connected to the Mayan people. They came in and they take over this particular spot because it has a magnetic pull. And we can say that there were some Pleiadians, we can say that there were some Sirians. Beyond this planet there is another bunch of stars – *other worlds* – just coming in and meeting.

Is it still a high energy area?

Yes. It is the opposite of what is happening energetically in the Israeli area.

Crop circles

Who or what is making the crop circles?

[Crop circles are those intricate designs carved into a standing crop of wheat or some other grain, that mysteriously appear overnight, mostly in England, but have been sighted all over the world. There seems to be some sort of radiation applied to them, but only at a node on the stem of the sheaf where it is bent into position.] This is a combination of the vibration of the connection to the center of this earth planet that you live on and the beings that are on the planet. So we say that the radiations of energy that you classify as outer space are now becoming inner space, and it intensifies into a gravitational pull in certain areas. Everything has a magnetism to it, and crop circles are a laying-over of the crop that has grown; it is not cut off, but it is laying it over.

So it is a matter of a greater gravitational pull and working with the exterior energy.

So you are saying that there are no “entities” making these circles?

No, it's a vibrational overlay. There is a transference of energy that is running back and forth between the center of the earth and out. It's not unlike speaking to each other. There is a transference of energy, a thought pattern, that precedes the word. It's for understanding the whole as an expression of the Universe. So, when we speak to you, you are an expression of the Universe. Crop circles are an expression of the Universe. Thoughts are intelligence, especially when there is a community of thoughts and a projection – not just of the thoughts of everyone on this planet, but from another dimension. Everything is connected. What is happening with the crop circles is that there is a full blown set of choices being made in the unconscious mind in a lot of beings on the planet of earth that they desire to awaken to a new reality. So it is like a mystery unfolding. It is time to have these messages.

What are the orbs of light that are seen actually making the crop circles?

Remember that we, too, are of a material reality when we communicate with you. Remember that. So that when there is an orb and there is a presence that is being magnetized to the planet of earth, the planet of earth has to have 50% of the responsibility for magnetizing that. So in the form of light – because light is the vibration of creativity as it is known on earth – these orbs are in fact moving and revolving energy that are thought patterns of a collective consciousness. But they are also thought patterns that are of... we can say, beyond the Masters, or beyond the planet of earth. However the human, being so much a creative power, but not knowing how much a creative power, it is through them, *through the human* that this becomes possible, because the receptors are in the *human*. Without the human receptors there would be no such activity. The thought process of the human in looking and searching for the possibility of what is creating that is still looking outside of self. Because a little one that is realized knows that all things that are created are really created inside of self and projected out there like movie picture.

So actually, as we project a thought, all things come in to alignment to produce that, and whatever energy that is around that participates in creating it.

Yes. This is a very important point. In this relationship, there is a projection to the earth: *you are not alone...you are not alone*. But then they are afraid of the form that they are receiving this message. Something new always makes fear. There is the need for the little ones on the planet of earth to find out that they are not stuck here alone, and to be willing to grow and to accept new

ideas. But are they really ready to grow? So some will get it and some will not.

Many magnetic and paranormal anomalies exist in authentic circles. Can this energy be used to heal?

It depends. People that are fearful or have rage are going to have a psychosomatic imbalance. The energy in the circles is more an intensity of a frequency that would intensify what is there already. For most people, it is not a healing type of energy. It is just like you have cellular phones and all kind of energy that is moving about – it is a constant bombardment, but it is not necessarily negative. It's part of an evolutionary pattern, to teach that all things can be overcome with the right amount of focus. This leaves it in the lap of the little human being, because the little human being is not so little after all. It has a lot more of itself to discover. That's the secret.

Are there particular messages encoded in the circles?

Yes, there is always this. It has to do with angulation, numerology and the relation between the point in the center of the earth to a point in the universe.

What would be one of the messages, for example?

The ancient ones used to make little pictures on the walls. So this is just the bigger aspect of these pictures within the planetary interaction. The messages have to do with the connectedness of all things, but it also has to do with vibrational pulling patterns. If the co-ordinates were discernable to the average human being, they would be realizing that they are about at the point of their life where they must collect their thoughts. They must collect the parts of self that are scattered and bring them home. Because home is where the heart is, yes, but home is also the place where everyone is heading.

The Crystal Skulls

There are many mysterious crystal skulls that are in the possession of some people. Who made them and what is their purpose?

They are a manifestation of the energy of man as a universal instrument of God, created by very, very wise beings. Because God is manifesting self through man and through the way that man uses himself in the world, and that's the representation of a crystal skull. God is the Creator and man is here to manifest through how it is they use their own free will and their thinking patterns, working on themselves as universal beings. It's also representative of the artistic part of manifestation. They are ancient. Some of them are not, because they are manufactured. But the very beginnings of that are very old. Each of the twelve skulls has a slightly different activity with it, because there are twelve different aspects of the zodiac. The energy patterns are different. The materials are different that are used to create each of them.

Is it beneficial to have them in your presence?

Some people can not deal with that because it makes too much static in the aura; it is just too strong. And others who are very grounded, need to be very grounded in holding it or being in the presence of it, but can reap great benefits. They can be a generator for awareness. Each person brings in a different kind of energy when they hold the skull. They don't get the same message and don't bring in the same message, so the skull is an amplifier. When they hold the skull, it brings back memory patterns that are always present, but not quite able to be grasped. So skulls don't just emanate and generate, they magnetize what the little one needs in the moment.

The Shroud of Turin

Is the shroud of Turin actually the burial cloth of Jesus?

No, we don't see that. So when it comes to the shroud of Turin, is a very nice story, is a very convincing story. It is also an imprint of a vibratory...[she chooses her words] wanting of the whole world to become *sure* of the presence of Jesus. There are vibratory patterns on the planet of earth that are created for all kinds of reasons to give more mystery to your planetary stories. So here we have a combined elemental that has created what you see there. There can be testing done on it forever and ever. In itself it may be a miracle, but is *not* the burial shroud of Jesus. Remember, Jesus was a man, and he was of a higher awareness, but he was not sending into the world frequencies that charge pieces of material. He was a being of light, just like anyone else. There is *so* much on the planet that needs to feel that Jesus was there, but now it has become a political manipulative instrument as well, yes? So anything that is on the earth that appears to have been a shroud or a cloak becomes incredibly coveted. And these things Jesus would *not* have left you.

Was it someone else's burial cloth?

It was not a burial cloth. It was a piece of beautifully manifest material. When they look at where the material has come from, they say the material has come from the Middle East, but it is *not* created there. It is brought from the Middle East into another area. It has many, many stories to it, and it has a great impression of elemental projection from those beings.

Mary sightings and miracle cures

When the Virgin Mary appears, is this really her spirit form?

This is a form that is created by those that are in observance. Existing in the solar system are refractions of light that are very powerful, and in that, there also becomes manifest an appearance of a Mary, or an appearance of whomever is being called upon. Right now, it's Mary. It could have

manifested as Jesus. It could have manifested as Buddha. It's Mary because of the dominance of Catholic people; Christian people that are needing some energy to say to them that there is hope, there is creativity, there is love.

So it is the people who create this because of the power of their wanting or needing to see this?

Yes.

Her energy is still there, but they create the physical manifestation? Even a speaking form?

Oh, yes! And there are many, many life cycles where the little ones have done this over and over again, so there is a greater tendency to be able to magnify that energy.

Why does Mary appear at these specific places to begin with?

Many of these places already have a vortex of energy that has been sacred, so to speak, from other civilizations underneath of them. So there can be mounds and also certain water areas. All water is sacred.

What about the prophecies that have been given?

They are the truth. There is an awareness on an intuitive level inside of every being that this is the truth. There is energetic awareness of a vibration of motherly divine love that is created and creating at all times an awareness of love, an awareness of growth, an awareness of forgiveness.

Wherever Mary appears, there seems that there are miraculous cures.

It is due to the ability of the human to reconstruct their belief system in a split second, or less than a split second, if the timing is right, which sounds trite. We're talking astrologically, if all things are in Divine Right Order at that moment for massive change to happen, it will happen. The disease process is a belief system. It is a creation.

What about the stigmata, the bleeding of the hands and feet?

Good question. This is a *large* manifestation of the energy of suffering – the really deep belief in suffering – and a deep belief in Jesus, a belief that people *need* to be reawakened, made aware again of the suffering, and that there was such a thing as a Jesus the Christ that suffered. Now, we're not so sure that this is something that would be very fruitful for a lot of people to be carrying around with them because it's debilitating. It's a form of suffering. Jesus was *not* about suffering. He was about peace. Man made Jesus into an image of suffering.

Speaking of miraculous healings, there is a man who does psychic surgery in trance. Is this real?

Oh yes. These people have come to the level where it is that they can manipulate the reality and affect other people's consciousness. We believe you are talking about John of God. John of God is an emissary of light. His whole life has been surrendered to God, at this particular point in time, and he has chosen to participate in the activity of the forthcoming miracles that will be seen on the planet. He is a being that through pain and suffering in his own levels of learning, has come to a high degree of compassion that can be established on the planet of earth. He is doing selfless service. He is in an altered reality most of the time, and therefore he is not affected by the altered reality and thought patterns because he is a lot of the times in high vibratory ecstasy. It is a way in which he is experiencing wholeness. There is no challenge to it, he just does it. He enters into the auric field, and he enters into the reality of other people.

Maitreya

What do you know about Maitreya?

The Maitreya energy is a re-emergence of an energy that will help to produce security in the self, security in the emotional body, yes, but also in the scientific body, that is, the mental body. Maitreya is a Christed energy, materializing energy on the human plane that becomes manifest in order to create a brotherhood; in order to bring the minds of men together. At this point in time on the planet of earth, there is energy beginning to manifest through love to create the reoccurrence of bliss and joy in the life of the human. But bliss and joy can only be experienced when there is the absence of fear.

There is a group saying that Maitreya is here walking on earth as an embodiment of the Christ.

We say, so much the little ones are looking for an explanation. The Lord Maitreya was in fact an image projected upon the planet of earth which had the Christ Consciousness and still carries with it the awareness of a Christ Consciousness. At this time, it is energy that has taken a physical form. He created a form for himself, and it is Christed energy. It comes from the purest form of creative, loving energy. But we do not see that there needs to be a lot of attention paid in this direction. We can talk about Sai Baba. Sai Baba is a projection of the Christ. He's coming in three times, and it's all laid out in black and white about how it will be. What he is doing is, he's building the confidence within the people of India and those around the world that there is such a thing as God. He's working in building their energy. Therefore, it is a projection of that energy working, and it was never a person that projected all this. You will only find the Christ in the heart. Don't look for it in the television and newspaper. It can be the gas station attendant, yes?

THE COMING EARTH SHIFT

The turning point



You had said that things are speeding up energetically with the earth changes and the weather [2005].

Yes. Because it has gotten everyone's attention now, people are taking a look at this. There is a type of momentum you can see with your government where people are having to get more responsible, that there has to be more interaction between people and more conversation. So soon the human forgets. So they solve a problem and then go back to the same old way. But if the problems are ongoing, then there can be no returning to the pleasure-seeking activities.

You had said something about watching for the strong winds to show up to signal the changes increasing, and we definitely have felt a lot of hurricane activity this year [2005].

Yes, we tell Marjorie that back in 1998. Spirit is speaking. The consciousness is moving and time is speeding up, so along with that is the activity of the air element, because air is mobility, air is movement. And you stir the consciousness when you stir the air. People will either contract, react, or stay where they are.

I hear that the climate will shift. What will happen to the climate here in the Northeast?

Climate is going to shift and become more mellow. But in the shifting toward that, there are those intense fluctuations in weather, like a pendulum going back and forth and back and forth. And there are some vortexes of energy that have not been released yet inside the planet of earth. There are going to be more and more vortexes releasing inside the earth, which will in fact affect the wind and the currents that are coming. So when we see what comes down over Canada toward the Northeast, we see that the currents from the equator are going to shift that. It's not going to be right now, but it's

happening. As you see the satellites tracking the movement of the air and the currents, you see some unanticipated activities happening.

Edgar Cayce predicted that Atlantis would rise during these changes. Do you still see that there would be the rising of the land in the Atlantic?

Of course, but we are not going to say that you are going to necessarily see it rise above the surface. It may be visible at some time, just not in your life cycle, but it is rising all the time. As it rises, what is happening is that the tide is getting higher and higher on your planet. Each beach is having more erosion. There is lots of fluctuation going on in the bottom of the Atlantic and around Hawaii, around Tokyo and the Indian Ocean. Not so much at the poles, but near the equator there is that.

People are getting worried about possible earth changes and such. Can we relieve the pressure on the earth in some way?

No. It is not about relieving pressure on the earth. It is about what must be. You know how it is in Egypt when the Nile overflows? They get used to it, and they get out of the way. The earth will do the same thing. She will move into the perspective of herself, moving into the fullness and wholeness of herself at the moment that is necessary. The earth changes are necessary because the vibratory pattern has done what it needs to do. During the last two thousand-or-so years, the vibration has become more dense, and so there needs to be a shake up. Some little ones shaking themselves up *now* will choose to leave the planet before the disruption happens. Others will choose to be present for the disruption. Others will not experience the disruption, because they will have elevated their consciousness to the degree where it is as though they are looking at a movie; they will be moving into another reality at that point in time. These are all possible scenarios.

So the shift of the earth on its axis is definitely going to happen?

Oh yes.

Will there be a walk-in president that comes in before or during the shift to help the United States?

[A walk-in is a high soul that has earned the right to exchange with someone who desires to leave their body, so that they don't have to wait through an entire earthly birth and maturation process. This is done only by agreement between the two souls.] We see that we need a lot of help and that there are already councils happening upon the hierarchy – the brotherhood level – to counsel one who will be able to guide a lot of people. We say, from our perspective, that we are not absolutely sure that that is going to be the president. We are going to say that it will be a prominent person. But Saint Germain is a great teacher. And now the Maitreya is in the human body, so to speak, at this time – the one that represents the Maitreya energy. And so is

Sai Baba. And Baba Ji is in the Himalayas. And so here are three, but there are many, many more realized souls on the planet of earth at this time.

There are people preparing for survival from a catastrophic event. Does this then trigger negative events to happen because they are waiting for them, anticipating that they will happen?

It will lead them into a vibratory pattern that will draw them into that situation. Survival situation has happened all over the planet of earth forever, but not everyone is in that particular disaster spot at that time. The awakening of the awareness – the knowing of God within – that is the deliverer. Spending time so much with survival and universal disaster, this is not the consciousness level that draws one to the omnipresence and the Christ within. It draws one into the third-dimensional fear-based reality. There are many people that are making decisions now as to whether they will follow the Christ within or they will follow their fear-based personality responses.

Has any potential devastation been lessened due to the raising of consciousness?

Oh yes. Raising of consciousness will help the little ones to be awake and aware. There are still those that are in negative space – but let's use the words, plus or minus. In the minus space, there are those that cannot perceive that such a thing could possibly happen, because they believe they are in control of this life cycle – and they are not.

How much disruption will happen?

We always pray for moderation. What is the sense of giving a great amount of impact when the little ones have struggled so long and so hard to have a body; why have such major destruction? The disruption on the earth in various areas will be of a hardcore nature, but not necessarily for the whole planet of earth. Using your sense of insight – that is, meditation – you will be guided, not to save the physical form, but in saving *the light* of the energetic body that is within the physical.

Do you see that there might be some sort of evacuation help from extraterrestrials if needed?

There is that ability. But it is not to see it as though it is going to happen by magic – spaceships coming in to lift people off and all that. It is not what it is about. It is that each one is taking responsibility for their life and for their consciousness. Meditate. Lift your consciousness, lift your eyes, keep your awareness in God, and then you will understand the strength and the love which you have brought to the planet to share. Fortunately, there are still a few years to go before the shift, yes? Communities are going to start to form in the next years. There will be these people that will come to peace with the

situation so that it won't matter to them whether they will be picked up by ET or just come to grips with what is.

Can you give me an idea of when you see this happening as it stands now [2001], or is this subject to change?

Well, everything is subject to change. We say that when we look about 2010, 2012, things will be very different. They will have a higher vibration to them immediately – *immediately*. And therefore, little ones that are able to tune into the higher vibration will be having one experience, little ones that are not capable of tuning in will be having another experience. The vibrational shift isn't going to be for everyone. Everyone has their own level of shifting and each human being must lift their own consciousness. Therefore those that are vibratorily awake and aware are going to be moving into the realm of light. If the vibratory rate of the being shifts, goes higher, then the vibratory rate will not be connected to the lower vibratory patterns of those things produced in the manner of the human. The perceptions become very refined and the needs will become less in the physical reality. They will not be so concerned with those things in the physical reality, although they will also have to function in both places for a period of time. We want everyone to understand that nothing will happen *to* them – they will create it. It's not going to happen externally. There is nothing outside. It is all inside. You are the creator. It is not being created for you.

Was 2012 about the time when the energetics around us would push us to make a choice about what we were going to do [2005]?

Yes. And now it is going to be even closer than 2012 because there is a vibratory shuddering through the universe, a wake-up call that is happening. Everything is lagging behind so to speak, so 2012 was the very last date that anyone could figure in the prophecy where it is that it would be all done. So now we look and we see in the next two or three years [2007 to 2008] you are going to really get people shifting in one direction or another – they are going to polarize. They are going to get frantic and crazy, and maybe not fun. But as long as you polarize in the direction of the highest Ascended Master consciousness, that is all that matters. Because you are in charge of you, and that's all. You just take your very beautiful vibration wherever you want to go and share it.

In 2012, what type of energies will be more available?

Trust, love and harmony. This energy makes a spiral, and you rise above whatever is in the way. If you are buoyant enough, you can go with the flow. Make this your password – buoyant. *I allow myself to move with the universal current of love.* It is like throwing the trust on the Christ within.

FROM KWAN YIN

To you, the reader

It is easy to speak to that part of self that contains the design and desire of God to finish off the work that you started in other times, other life cycles. For there is the part of self that is unfolding and is winding to a close the learning process on the planet of earth. It is winding to a close that part of self that must learn through suffering and a sense of separation.

Remember that the part of self that is always harmonizing with the soul is the part that has faith in the world and faith in Spirit. It is the part of self that knows how to meditate and that knows how to be at peace with the world. This is the part of self that will give space to God, as God likes to permeate all things. This part is already whole, is already able to cope with those situations that come up; whether it be an illness, or it be a psychological overwhelm, or it be someone else's problem. The part of self that is whole is coming from the Soul. As one penetrates the part of themselves that is in a quest for wholeness or holiness, they will also become holy. Be determined to be aware of your wholeness – not to become whole – but to be aware of your wholeness.

The world you see and the world you live in is the world you have created, they are one in the same. At this time, it is part of your work to relax about what it is you are creating. You do not have a deadline to complete anything, but to feel the urgency is also important. Now, relax about it and feel the urgency – how can you do that? It is just a matter of unfoldment. If one is just going along unfolding and they are not paying attention, this is a single unfoldment. If they give themselves permission to be aware of their unfoldment, ah yes, then there is *double* unfoldment.

There is a part of self that has come to this life cycle that feels the connection to all other things; feels the responsibility of self for self, but also for others. This is important. It is not for you to take care of the others, but it is to feel that you are connected. It is to come to the point where it is that you have something that can raise the vibration or increase the happiness, or take away some of the pain of the parts of the self that are locked in desperation in old programming and old habitual behavior. In bringing this forward there is a sharing. And when you share, it is acknowledging that the Christ within is part of the Christ within all beings on the planet of earth. Even the little dog or the little cat has some share of God's consciousness, the Christed Consciousness, and has a share of light moving through.

There can be repercussions if one does not learn their lesson and is not willing to let go of old-fashioned thought or an old part of self that is no longer serving self. And every little step along the way, you may trip, but you pick yourself back up. You may fall down, but someone else will come along and pick you up.

We, as the Masters, have come, one more time, into the reality that you have chosen to be part of in this life cycle in order to help you. We come in order to make you feel as if you are one with all; to help you feel as if the little part of self – the human part – is being cradled. We come to give you permission to dream, to move on, to open your consciousness to greater and different possibilities for yourself. At some point in their lives of planetary living, each one that has the soul was capable of connecting to higher energies. They have just forgotten.

The world is changing a *great* deal at this time and the realities are splitting. Some little ones are quivering and fearing, and realizing that they have a lot of pain, suffering and fear that keeps them locked in this reality of the third dimension. Then there are the other ones that are moving on up. It's like taking elevator. You decide to get on the elevator and go up. Whatever floor you decide to push button on, that's where you are. So push button for seven, and we help you a lot. Do not forget to come to talk to us all of the time.

This book is for the good of many. This is for humanity to expand consciousness. Those things that are detrimental to the little one as they progress along the path are mostly concerned with ignorance, so anything anyone does to dispel ignorance is a work of God. We say that we are grateful to Craig and Marjorie, that they could be so loving as to take a lot of time and a lot of energy to help to inspire people. And they are doing a wonderful job. It is a lot of work, and there will be more work to do.

Life is a trek across a pattern in the sky. Let it be a happy one.

I Am, Kwan Yin

ABOUT THE CREATORS OF THIS WORK

MARJORIE MUSACCHIO

In 1990, Marjorie became aware that she could channel for the Archangels and Ascended Masters, as well as other energies such as St. John, Jesus, and the Blessed Mother Mary.

She loves to help people to total health by channeling Kwan Yin and through practicing spiritual healing in conjunction with body therapies such as Polarity and Psychosomato-emotional release.

She is a practicing Ayurvedic Counselor, having graduated from the Ayurvedic Institute in Albuquerque, New Mexico, and studied under its founder, Dr. Vasanti Ladd.

Before Marjorie started channeling, she was a wife and mother, and worked as a dental hygienist for many years. She married twice, has three children and is stepmother of three more. She now has four wonderful grandchildren. She enjoys organic gardening, cooking for healing, playing with her grandchildren and playing with her friends, the dolphins.



CRAIG ROBERT HOWELL

Craig Howell is a musician, composer, astrologer, writer and published poet. He is the webmaster of *The Eyes of Kwan Yin* website, which keeps Marjorie's Kwan Yin channelings archived and freely available to all, and, along with Marjorie, is the co-founder of *Sun Sprite Publishing*. Craig created and ran his own metaphysical and holistic publication, *The Wheel*, from 1993 to 1995 in Rhode Island.

A three-time cancer survivor, he almost exited this life in 1990, until he happened upon the teachings of the Ascended Masters. He credits his daily use of these teachings to his recovery, and for centering and balance while living on this earth.

He lives in Rhode Island with his wife, Karen.

